Feel terrified because the cellophane wrapped my car completely so I can't see anything, and I are noting down
Figure out if this is a dangerous situation Look in her ear with a flashlight to decide if my daughter is hurt badly enough we need to take her to a doctor
Feel calm and empty so that I would not be stupid about getting over in time Feel calm as I try to get the car back in control as it slid downhill on the ice Inject my son with epinephrine immediately without panicking Make sure I don't skid so that I can stop in time Feel surpis the beature adrenaline Feel panicked about what I should do after the because it was an unfamiliar situation Make sure I don't skid so that I can stop in time Feel surpis that I want because I could get hit on the side of the road, and there is a ravine I could tumble into, and I can't see Leave my tall office building nearby in New Jersey in case they're flying planes into all buildings and riving planes into all buildings Speed up to get away from the guy following me when I was lost of the isn't armed Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I don't skid so that I can stop in time Make sure I safe about getting from the isn't armed Make sure I safe about getting from the isn't armed
Reach out mentally to others for help to get out of the situation Get people in the train car to look up by making a crinkling sound on my water botte, to be aware of the big, muscly dude before he tries anything ne ess Walk normally, even though I'm late, so if the guy decides to try something, people on the sidewalk will side with me Walk normally, even though I'm late, so if the guy decides to try something, people on the sidewalk will side with me
Feel relieved I was / others were not hurt Feel lucky not to have swerved because the deer that came out of the middle of the road would have hit my windshield Feel grateful I wasn't hurt, physically, because it could have been much worse Feel relieved that my son seems fine and is wiggling on my lap Feel thankful no one got hurt and there was no damage Feel lucky that my husband was there to catch our daughter as I fell down the last four steps windshield Feel lucky I saw the stopped car in my lane early enough to hardly hit him fire bounced entirely over my car, since it is a small Mini Cooper Feel relieved that my son seems fine and is wiggling on my lap Feel thankful no one got hurt and there was no damage Feel lucky that my daughter had stopped crying because it means she isn't hurt that bad
Worry I might have hurt someone Feel scared I'm in trouble because I hurt my sister with the stick by accident Feel worried about the possibility the person I rearporded in some here. Reassure my wife that I'm okay, not hurt by the planes Reassure my brother that he
behind semi, gripping the wheel, for the rest of the trip because that was my one free shot to avoid an accident Shake with adrenaline for a while after I stopped at the bottom of the hill and pulled off to the side Breathe deeply for a while in the parking lot to calm down
sounded confident but needed to know how she did guy stee on Realize that my husband's absorption in driving is what saved us from getting hit by that black car all those years ago Feel grateful the semi-truck
Feel surprised I reacted this way Realize my message to my wife was not clear, because she knows I often work in the Tower and I might have been in it when I called, before it collapsed I may bag lesse less ded, wider ewalks Thankful to the street cognized in the last ting I had it building Feel surprised I my wife and parents Feel amazed how much the shock and daze slowed down my thinking and communication s to my wife and parents Feel surprised I m not taking his rage personally perhaps because it was luck of the draw
Feel angry at the person who could have avoided causing this Feel angry that the big guy with the plastic hand paddles willfully endangered me by splitting my lane without letting me know Feel annoyed the driver forced me out of the crosswalk, even though I had the walk signal Feel angry while thinking of all sorts of things to say to him about the possible consequences Feel angry at the person who could have said something to prevent or help the situation Feel annoyed at their neglect has put me out in a big way, with my car undrivable and a \$500 repair Feel annoyed at my team for putting me in the position of making up ground with the client
Confront the other person (or not) so he knows he put me out Hope I can yell at them because I need to direct my aggression at someone and they should know better I should remain my non-confrontational self, or go up there and tell him what he almost did Try to enlist the help of an official looking car to flag down the work truck, since they may not pay attention to me Make the life guards feel remorse for not paying attention Make the life guards feel remorse for not paying attention Decide to drive home because there was nothing I could do
Decide it is my public service to go up there and tell the young man what he did so he doesn't do it again over the next five months of working here Remind awful drivers that we pedestrians exist so they will driver safer Make sure Decide it is my public service to go up the public service to go up the public service to go up the service to
Try to defuse the tension between me and the other person involved Avoid adding tension to the situation by not accusing him of being over the yellow line Keep the situation from escalating by using a calm tone of voice and getting out of there Show the guards I could see their point of view, as a sort of apology and the see their point of the see their point of the see their point of view, as a sort of apology and the see their point of view, as a sort of apology and the see their point of view, as a sort of apology and the see their point of view, as a sort of apology and the see their point of view, as a sort of apology the see thei
Wonder what the other person involve was thinking Realize based on her story, the guard was paying attention but made an assumption Wonder what drives the kind of anger that causes a person to strike out violently at a stranger Attempt to see things from his point of view, as someone who does not do flip turns Assume the guy who jumped in the deep end could swim, because an adult would be smarter than that
Feel upset that the person who did the probably wasn't paying attention, does care Feel frustrated that the driver and occupants of the work vehicle appear to have no idea the damage they caused me Imagine the young guy was not paying attention because he was listening to music as he drove his truck fast Feel astounded the life guards were chatting, not paying attention to the situation Feel upset that the person who did the probably wasn't paying attention, does care Feel angry replaying the lane on my back, clearly unaware of him Doubt the guy cares about what others think about his lack of safety etiquette Feel astounded the life guards were chatting, not paying attention to the situation Feel upset again replaying the scenario and words in my head
Feel upset with myself about my (being partially to I being partially to I learners of the partial learne
Feel em Wo swor mi whe sw time em the em the swort ime em the swort ime em the swort ime the swort ime wo fi wo the swort ime wo fi the swort ime wo fi wo the swort wo fi wo the swort wo fi wo the swort wo fi wo wo wo wo fi wo wo wo wo wo wo wo wo fi wo wo wo wo wo wo wo wo wo w
mbarrassed at my reaction, lack of skill onder why I bre at such a infor thing, en I've only worn three es in my life Feel mbarrassed that my sband heard say a swear ord for the first time Feel mbarrassed t I could not not the carring the slide Feel mbarrassed to immediately flip the fancy kayak this woman let me try out
Get back home Revireas Decide to walk to a friend's house in New Jersey rather than take the train home because the transfer station is probably damaged Make the car safe enough to drive home by getting the door open and struggling to push the stuff Revireas shoul riding after being car, s dedii happy fel triatt itriatt gym because the transfer station is probably damaged Feel m can't g gym because the triatt itriatt itri
with what I doing ew the sons I Id keep Ia bike, In early In the to back si In saw in In rearview In the to to the In now In ause I Id on the In and In the to the In aux In the In and In the to the In aux In the
because involving laywers for this little accident pee little accident little accident pee little accident
Feel confused as to what happened as to what happened as I came over this knoll and apparently clipped mirrors with this guy going the other way who was slightly over the yellow line Piece together how a mirror comes flying through the air, realizing it was clipped by a lady driving past a truck Realize all those cars pulled over had broken windshields from the bouncing tire Assume the report I heard of a plane flying into Tower 1 was about a small plane, like because of fog
Imagine what would have happened if I had turned into the crosswalk immediately or been five steps ahead of myself Try to process the experience by thinking and writing about it Imagine what would have happened if the truck driver hadn't been paying attention Imagine that if Feel terrified when I imagine that freeway driver not paying attention for a second or two, and causing an injury accident myself crazy thinking of sarry scenarios like these where I have no control over damage or injury Feel chilled when I imagine that freeway driver not paying attention to the crosswalk immediately or been five steps and causing an injury accident myself crazy thinking of sarry scenarios like these where I have no control over damage or injury Feel terrified when I imagine that freeway driver not paying attention to the crosswalk immediately or been five steps and causing an injury accident myself crazy thinking of was in injury accident myself crazy thinking of sarry scenarios like these where I have no control over damage or injury Feel terrified when I imagine that freeway driver not paying attention for a second or two attention
ded one ded ille I such a minor thing caused such big repercussions ck Feel amazed that the cellophane is wrapped so tightly I can't roll the window down and stick my head out to see, and have to cut it off when I get home
Feel grateful for emotional support from people after the incident Find out if others who saw the incident thought it was as bad as I did Feel relieved he is not angry about me rearending his car Feel grateful for all the verbal support that calmed me down Feel grateful that friends have written me notes of concern Feel grateful that friends have written me notes of concern
Figure the accident could have been worse Figure that the accident could have been much worse, so even though there was damage, it was a near-miss in terms of injury Figure the accident could have been much, much worse, so it's a near-miss Figure that the accident was minor, so it's kind of a near-miss
Let the police know the license plate of the idiot who almost hit me, since I had the license number Decide to report the incident to the pool supervisor, so she knows about the
Convince someone in charge to do something to prevent this from happening again Hope that filling out a form to report a nearmiss will encourage them to put out some warnings, like when this happens at work Encourage the life guards to use their authority to teach the guy not to split lanes until the swimmer acknowledges him Hope she can think of a way to prevent future injuries Convince someone in charge to do someone will get hurt worse from the from the from the from happening again Resolve not to mention my own solutions, since I know the pool supervisor prefers to think of her own Share a grin with the guards over their lack of real authority, so they know I understand their position Yell at my husband that he must hurry to put up the stair railing, or someone will get hurt worse
Change my actions so this doesn't happen again Change my actions so this doesn't happen again Decide I should give up driving and commute by train to work, even though it takes longer and my workday is shorter, because all those incidents in the car seemed to be a message from the universe Devise a plan to keep myself safe in crosswalks by counting to 10 after the light changes Try to come up with a better plan for getting the boulders off the truck safely Resolve never to drive again with little sleep Resolve never to drive again with little sleep Resolve never to drive again with little sleep Change my actions so this doesn't happen again Decide I should give up driving and commute by train to work, even though it takes longer and my workday is shorter, because all those incidents in the car seemed to be a message from the universe Change my actions so this doesn't happen again Change my travel routine because of nearly hitting that woman, doing yoga before bed, homeopathic sleepting pills. or flying in early on the day of the presentation Try to come up with a better plan for getting the boulders off the truck safely with little sleep
Prevent an accident by following safe habits Scan the sides of the road constantly for deer in the dark as I drive slowly with my high beams on in the area with lots of wildlife Drive as carefully and thoughtfully so I don't endanger other people's lives with my car Drive more slowly because my reaction times are slowing down as I age Watch the wides of the served when I was a large was a lifeguard Valent the sides of the served when I was a lifeguard Follow the peanuts in it at restaurants or potlucks so I can skip it, since I'm allergic (son's point of view) Feel impressed with the painted warnings at the crosswalks in London to "Look Right!" Feel pleased to have saved 10 lives during my time as a lifeguard Stick to roads where slow driving doesn't anger other drivers