

CONCEPTS & SUMMARIES

PART 1: UNDERSTANDING WHAT WAS SAID

Advanced Training Course Class #4
@indiyoung

concepts & summaries

session 1: building blocks bias-free understanding of people

recognize a concept

introducing summaries

session 2: it's complicated write a clear, concise summary

concepts get repeated

session 3: but not impossible clarify the summary

recasting & traps to avoid

tangled concepts & implied concepts

session 4: some logistics merging, splitting, pruning

team work

lightning-quick and from-memory

session 4. some logistics

warmup exercise

what are the ways that concepts tend to appear in a transcript?

concept	a single topic (usually at depth) stated in contiguous sentences and phrases
repeated concept	another sentence or phrase that appears later in the transcript which belongs with an earlier concept
tangled concept	a concept that is closely intertwined with another, making it easily missed
implied concept	a concept that is not stated outright by the speaker; sometimes worth pulling out—but other times not; might be clarified later in the transcript



think of myself as that person speak as if I am that person

also speak as that person when applying the data

homework review

two leading questions about the homework

did anyone have trouble forming cognitive empathy with that speaker?

did anyone recite your homework summaries out loud?

homework find concepts and create summaries (1-2 hours)



- 1. Read the first half of the transcript to see what the story is in full. Check out Indi's comments along the way. (The recording got lost.)
- 2. On the first 5 pages of the transcript, highlight or underline the inner thinking, emotional reactions & guiding principles.
- 3. On the sheet there are already a few quotes. These quotes are all at Depth. Fill in types, verbs, summaries as usual.
 - a) Pick a verb and write your key topic. (follow the formulas)
 - b) Add some supporting detail. (think about comic panels).
 - c) Underline the words the Speaker said which you chose to include in your summary.
- 4. Pull more quotes from the transcript and summarize them in the list. You can use Indi's comments as a guide.
 - a) Do steps a, b, c, d from number 3 above for each.

[Indi shows homework #3 cheat sheet as we discuss feedback

- avoid any vocabulary that is not in the transcript! e.g. she never uses the word "extensive" in the transcript, so you cannot use it in the summary
- try not to distill it. Just make a smaller more perfect version of the quote/concept
- not enough personalization, memorable phrases
- I am this person at this moment in this place. I am thinking/feeling ______
- merged the "right direction" back in with row above, as memorable detail
- lots of people thought the guiding principle about sitting on the aisle was so that she
 wouldn't inconvenience anyone, but that's an assumption. What she said was that she
 didn't want to hop over anyone.
- still some folks writing two sentences. Use the prepositional phrases on slide #14 below to hook on the memorable details so that you have one sentence.
- remember to balance strong vs. weak and your confidence in this
- When I find myself writing "trying to" I always take a second to see if it could be inner thinking "try to" or if I could simplify and get rid of the "trying to" part.
- When I find myself writing "verb x to verb y" it's a point at which I consider simplifying to one verb ... "Leave early to give ourselves time"

first formula is for reasoning and guiding principles:

verb + key point + supporting detail(s)

second formula is for emotional reactions: feel emotion + key point + supporting detail(s)

CREATED BY: INDI YOUNG

hook the supporting detail on with these words

about	from
at	since
because	that
by	when
despite	whereas
even though	while

use any preposition or conjunction, but don't make it a separate/compound sentence

did we come up with the same concepts?

some logistics

merging, splitting & pruning

for when a summary is giving you trouble

recast the type if it's giving you trouble

if it's giving you trouble ...

Summary	ID	Quote	Туре	Brainstrm
	001 UD	it's really strange because when I go to a hospital if I had to have a procedure done or anything, I'd say, "I have mastocytosis," and they'd all go, "What?" So it was before the internet days; they would have to go get a medical book and look it up. Then you're like, "Well why am I here if you don't even know what it is?"	reaction	feel amazed, annoyed, confused, ignored?
Wonder why I'm here for a procedure when I tell a doctor I have mastocytosis and they have to go look it up	001 UD	it's really strange because when I go to a hospital if I had to have a procedure done or anything, I'd say, "I have mastocytosis," and they'd all go, "What?" So it was before the internet days; they would have to go get a medical book and look it up. Then you're like, "Well why am I here if you don't even know what it is?"	inner thinking	wonder, question, suspect, hesitate

for when a summary is giving you trouble

- recast the type if it's giving you trouble
- is it a tangled concept—does it need splitting?

if it's giving you trouble ...

TANGLED SUMMARY	ID	QUOTE	TYPE
Feel furious there's no curb cuts and I could have gotten killed trying to get my wheelchair down a driveway into traffic because I expect more from our community	104	There was no curb cut. I was furious. Like there's no curb cuts in any of the four corners of either intersection. I have to take my wheelchair down a driveway into traffic to cross the street. We're in the 21st century! I could have gotten killed doing that! I just get riled up about it because I just expect more from our community. It's a public transit bus. How are you supposed to get to a bus?	emotional reaction
CLEAR SUMMARIES	ID	QUOTE	TYPE
Feel <u>furious</u> that I have to risk getting <u>killed</u> in <u>my</u> wheelchair because there is no curb cut and I have to go down a driveway into traffic	104	There was no curb cut. I was furious. Like there's no curb cuts in any of the four corners of either intersection. I have to take my wheelchair down a driveway into traffic to cross the street I could have gotten killed doing that!	emotional reaction
Feel <u>riled up</u> that the <u>community</u> has not provided curb cuts at the <u>public transit</u> bus, even in the 21 st century	104	We're in the 21st century! I just get riled up about it because I just expect more from our community. It's a public transit bus. How are you supposed to get to a cc by-NC 4.0 INDI YOUNG	emotional reaction

for when a summary is giving you trouble

- recast if it's giving you trouble
- is it a tangled concept—does it need splitting?
- is it too weak by itself—should it merge with something else?

if it's giving you trouble ...

Summary	ID	Quote	Туре	Brainstrm
Feel reassured when the shuttle comes and we were are on our way to the airport	808	"I'm glad that the shuttle came," and, "Okay, now we're on our way to the airport I felt like a sense of relief, kind of, that – you know, 'cause you get nervous sometimes wondering – okay, is the shuttle gonna show up? So, yeah, I was very satisfied and just felt relieved.	reaction	feel relieved, nervous, reassured
<not enough="" strong=""></not>	808	Do we know we're in the right direction?"	inner thinking	wonder, worry
Feel relieved that our park-and-ride shuttle shows up and I don't have to wonder when it will come or think about which is the right direction to go	808	"I'm glad that the shuttle came," and, "Okay, now we're on our way to the airport. Do we know we're in the right direction?" I felt like a sense of relief, kind of, that – you know, 'cause you get nervous sometimes wondering – okay, is the shuttle gonna show up? So, yeah, I was very satisfied and just felt relieved.	reaction	

analogy of pruning

when you prune a fruit tree, you try to prune out the old stuff & only leave the most productive/budding twigs behind



remove words that are not part of this concept or memorable detail ... helps simplify the meaning in your mind ... so that the shape of the concept is clear

really look at the quote you grabbed prune it back to its essence ... it should only have one meaning (bonsai, garden) pruning down a quote helps you see it more clearly (when it's giving you trouble)

Summary	ID	Quote	Type
	808	it was a self-check-in kiosk it was called, so I've never used that before, so I was getting frustratedWhen I was trying to check-in and get my boarding passes. So, 'cause it was asking me to scan my passports, and I didn't know how to scan it in which directionI guess this is a new way to do thingsBut between me and my husband, we figured it out. I asked the woman at the desk if she could help me, and her response was, "It's a self-check-in kiosk." The woman just like stood there, and there was other people that just like – I don't understand – I still don't understand why she couldn't help me. The boarding passes printed, we figured out how to scan our passports, and then she took the baggage from us. That seems to be all she did was take the baggage. So, that was frustrating, 'cause I feel like you're getting paid to do a job. Why are you just standing there?When someone's actually asking for help, and their response is, "No, this is a self-check-in counter," that, to me, is – you know – not acceptable.	reaction

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Feel frustrated at the self-check-in kiosk because I have never used one and have to figure out which direction to scan our passports	808	it was a self-check-in kiosk I've never used that before, so I was getting frustratedWhen I was trying to check-in and get my boarding passes it was asking me to scan my passports, and I didn't know how to scan it in which direction I guess this is a new way to do things But between me and my husband, we figured it out how to scan our passports	reaction	feel frustrated, helpless, confused

ID

Summary

Quote

Type

Brainstrm

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Feel incensed by the unacceptable attitude of the woman at the baggage kiosk because she refused to help me when I asked and only stands there repeating "this is a self-check-in kiosk"	808	I asked the woman at the desk if she could help me, and her response was, "It's a self-check-in kiosk." The woman just like stood there I still don't understand why she couldn't help me. The boarding passes printed then she took the baggage from us. That seems to be all she did was take the baggage frustrating you're getting paid to do a job. Why are you just standing there?When someone's actually asking for help that is not acceptable.	reaction

	pe
I can't pay, because I'm not workingAnd there's not a whole lot, there's not a whole lot of grants out there from what I've been told if you are married, you know what I'm saying? There's a lot more if you're a single mom or whatever. But not as many if you're marrieddifferent friends of mine that are in college. And like the ones that are single with no kids versus the ones that are single with kids or married with kids. And the, you know, the kind of grants versus scholarships that they gotAnd like my sister went to college, my cousin went to college. They're single parents. Single moms. And they got everything paid forBoth of them were in Michigan. So I don't know if it's a little bit, you know, different. But they just went to the different colleges and went to the financial advisor, I guessAnd they helped them with itI haven't heard a whole lot more about it. I know, like I said, I know you know, what we were able to get and not get with my husband.	action

Summary	ID	Quote			Type	
	103	a whole lo you know whatever. are in coll that are si of grants college, m And they know if it' colleges a with it	ot of good what a But of the series of the s	pecause I'm not workingAnd there's not a whole lot, there's not of grants out there from what I've been told-if you are married, that I'm saying? There's a lot more if you're a single mom of out not as many if you're marrieddifferent friends of mine that we. And like the ones that are single with no kids versus the ones gle with kids or married with kids. And the, you know, the kind resus scholarships that they gotAnd like my sister went to cousin went to college. They're single parents. Single-moms. It everything paid forBoth of them were in Michigan. So I don't a little bit, you know, different. But they just went to the different I went to the financial advisor, I guessAnd they helped them wen't heard a whole lot more about it. I know, like I said, I know what we were able to get and not get with my husband.		
Feel discrimination as a married property looking for grammy sister and single moms a everything pair Michigan	erson ants b cousir and go	while ecause a are ot	103	I can't pay, because I'm not working there's not a whole lot of grants out there if you are married There's a lot more if you're a single mom different friends of mine that are in college my sister went to college, my cousin went to college. They're single moms. And they got everything paid for Both of them were in Michigan they just went to the financial advisor And they helped them with it I	reaction	

know ... what we were able to ... not get with my husband.

example of team discussing pruning

Feel confident about the doctor	001-CC	The way he was talking to me, I understood everything he was saying. Like I said,	reaction	lame, I know.
doing a severe operation because		he made me feel very comfortable about the surgery and about him, too he had		
of how well he explained it to me		a way of talking to you and talking to my daughter, me and my daughter. It put me		
and my daughter		at ease. I wasn't uncomfortable thinking about him doing the operation and all, you		
		know. Like you said, some doctors make you feel so uncomfortable, they talk at		
		you rather than to you. You don't know if you really should go through with that or		
		not. Or make you feel like you're not doing what you're supposed to be doing But		
		he had told me the operation would be kind of severe he did mention collapsing		
		my lungs and I said if you collapse my lung, I'm dead, basically, ain't I? He was		
		saying that they would have had to, I think, break some of my ribs he had to take		
		out three of my vertebra, and then he put two metal plates in. He screwed them in		
		with screws What he said the other doctors would have to do, it sounds so much		
		more complicated than what he did. What he did was complicated, but it sounded		
		like they would have had to do even more.		

Feel comfortable about the severe 001CCoperation because the doctor is talking to me instead of at me and I understand everything he was saying

BOS

It was like he was talking to me and some doctors seem to talk at you. He just made me feel so comfortable....The way he was talking to me, I understood everything he was saying. Like I said, he made me feel very comfortable about the surgery and about him, too ... he had a way of talking to you and talking to my daughter, me and my daughter. It put me at ease. I wasn't uncomfortable thinking about him doing the operation and all, you know. Like you said, some doctors make you feel so uncomfortable, they talk at you rather than to you. You don't know if you really should go through with that or not. Or make you feel like you're not doing what you're supposed to be doing... But he had told me the operation would be kind of severe. ... he did mention collapsing my lungs and I said if you collapse my lung, I'm dead, basically, ain't I? He was saying that they would have had to, I think, break some of my ribs... he had to take out three of my vertebra, and then he put two metal plates in. He screwed them in with screws.... What he said the other doctors would have to do, it sounds so much more complicated than what he did. What he did was complicated, but it sounded like they would have had to do even more.

reaction lame, I know.

CB: Nah. :) I think all the gruesome surgery details make it a little overwhelming to sort out. I tuned them out and then it made more sense to me, so I rephrased to focus on him talking to rather than at, and also grabbed one more sentence from the transcript about that

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It was like he was talking to me and some doctors seem to talk at you. He just made me feel so comfortable....The way he was talking to me, I understood everything he was saying. ... he made me feel very comfortable about the surgery and about him, too ... he had a way of talking to ... me and my daughter. It put me at ease. I wasn't uncomfortable thinking about him doing the operation and all ... some doctors make you feel so uncomfortable, they talk at you rather than to you. You don't know if you really should go through with that or not. Or make you feel like you're not doing what you're supposed to be doing.

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IY: I pruned it even more, but kept the beautiful summary.

comparison: user interview transcript

(let's look at a user interview transcript for surface vs. depth)

participant ID's

in a study, tag each participant with a unique identification

then tag every quote & summary with the participant ID it came from

sequential numbers; number sets for each project client or project initials year or month

1 2		Α	В	С	E	F	G
	1	Mental	Task Tower	Task	Atomic Task	ID#	Quote
	270	Figure (Out What Is Wrong				
	271		Worry If It Is Seriou	ıs			
	300		Find a Doctor				
+	347		Schedule appointme	ent			
+	356		Go See Doctor				
₽	436		Describe Problem t	o Doctor			
•	437			Tell Doc About the Problem			
•	438				Tell doc how lon	MM3	Tell them why I've gone to see them how long I've had the problem and I tell the
•	439				Explain to my do	MM16	I go in there and I explain to him what's going on.
•	440						
•	441			Ask Doc About Problem			
•	442				develop a partne	MM23	If I'm uncertain about something I'll just ask him (doctor) then and there
	443				ask my doctor q		·
	444				_		I forget to ask him sometimes. That's the problem. Some things I want to ask him
	445				_		I went to the hand surgery clinic here and she brought it to my attention, too, and
	446						If I see something on my chart I ask him, what is that? How can I not look at wha
	447				ask for visit info	MM11	And the doctor make a lot of notes. I say, "Can you put that in writing so we can
•	448						
	449			Describe Symptoms to Doc			
	450						You give your information to doctor so they based on their experience to tell you t
	451				-		I went to him anyway and I told him about my feet hurting
	452						I said well I don't know what's causing this lower pain on my right side
	453				Explain my symt	MM16	I went to the doctor, of course, and I was explaining to my doctor
	454						
	455			Complain About Pain			
•	456				Complain about	HW01	I was complaining about a lot of pain
•	457						
	458			Ask Doc About What I Read / Sa			
	459				take research to	MM29	So then I basically printed out everything and went to my doctor and I said, well, y

	1	Men Tower	Box	Summary	ID	Quote
-	2	Decide to G	et Something to Eat			
	3	Decide	to Eat Now in Preparation			
	4		Eat Lunch Early bc Small Breakfast	Eat Lunch Early Because Small Breakfast	105	I don't think I ate much for breakfast t
	5		Grab Something Before So not Hungry Later	grab fast food before meeting so I'm not	106	In between meetings, you can grab sor
	6			Grab Breakfast Quickly On The Way to Fo	105	we wanted to get some breakfast real
	7		Fuel Up Before Arriving	Fuel Up Before Arriving	135	I was on my way up to the resort so I fi
•	8	Eat Out	to Avoid Chore of Cooking			
•	9		Feel Planning/Cooking at Home is Hard	Eat out because its hard to plan and cool	106	it's hard for me to sometimes come ho
•	10		Eat Out To Avoid Cooking Full Meal In Evening	Eat Out At 3 To Avoid Cooking Full Meal I	131	So if they're hungry and they want to
•	11			Wonder If I Should Cook	126	I didn't know whether I should cook so
	12		Feel Like Eating Out When Get Home Late	Eat Out Because Got Home Late/Don't W	105	I got home late and I didn't wanna coo
•	13		Eat Out When I'm Feeling Lazy	Get Fast Food When Feeling Lazy	126	Just pure laziness, I guess Pure lazine
•	14	Grab So	omething When Nothing At Home/Work			
•	15		Grab Something When Nothing At Home	Grab Something When Nothing At Home	105	I'm going home. I know there's nothing
•	16		Go Out bc Nothing I Have at Work Appealing	Go Out Because Nothing I Have at Work	124	I didn't want any of the, like, fast what
•	17		Worry Stopping for Food Makes Me Late to Work	Worry Stopping for Food Makes Me Late t	126	I didn't have to worry if I was going to
•	18	Eat Out	When Pressed for Time			
•	19		Eat Out When In a Pressed for Time/Tired	Chose Fast Food Place Because We Were	131	we were kind of in a rush and I decided
_	20			Choose To Eat Out When I'm In A Hurry	111	typically, when I'm going out and eatir
	21			Go to Coffee Shop bc No Time At Home	114	I usually make a cup of coffee. That w
•	22		Grab Something to Eat Really Fast	Grab Food To Eat Really Fast When Busy a	102	if it's a busy time of our month it's
_	23		Feel Guilty Because I Didn't Have Time to Cook	Feel Guilty Because I Didn't Have Time to	118	I was in a rush because we had just lef
•	24	Grab So	omething to Eat on the Way			
•	25		Grab Something to Eat on the Way	grab it to go so I can eat on the way to m	106	In between meetings, you can grab sor
•	26			Decide to Stop in Drive-Thru for Snack o	116	I was a little hungry about 11:30 or 11:
•	27	Believe	Nobody Cooks in Busy Society			
	28		Believe Busy Society Means Eating On The Go	Believe Busy Society Means Eating On The	103	And we're just a busy society. It's alw
	29		Believe Nobody Wants to Cook	Think people eat fast-food because nobo	135	Nobody wants to cook.

	А	В	С	D	Е	F
1	Summary =	ID 😑	Quote =	Type −	Reviewer Comments =	Original Summa
	Learn through trial and error how to balance chores between overdoing it, where I'm out of commission for days, and underdoing my movement which makes the artritis worse	008CC -BOS	mobility issues I have diabetes for one and then I'm starting to get neuropathy in my feet and my legs, so I have severe arthritis in my spine I try to not do anything that's going to really aggravate it. It's kind of a balancing act, actually. I can't overdo it, but I can't under-do it, 'cause if I underdo it I'm, I can't move. If I overdo it I'm out of commission for days. So it's been a battle for me trying to find where is the medium for me Well you know it kind of came through trial and error because I feel fine mentally as far as, okay, I wanna do these things, but I learned the hard way once I got into it or I would go and do something and I would pay.	reasoning	IY: Whut? Not making sense.	Battle with balance not underdoing it then I can't move, overdoing it when do these things, b then I'm out of con for days.
	Fear being in severe pain when I get ready to wash dishes, because I don't know how much is too much		So I have this fear now of when I get ready to do something, just afraid that I'm gonna be in severe pain afterwards. So that's been keeping me – I kinda look at something and say, oh, I don't know, is this something I can really do? Just something as simple as washing dishes, standing too long before I wouldn't know how to stop. I would think, okay, I can just go on, but then I realized I can't do this because later I paid. I paid for it because now I'm out of commission and can't move for days.	reaction		Fear being in severafterwards when I to wash dishes, be overdo it I'll be our commission and of for days
	Let pain be my guide and immediately stop whatever activity I'm doing, whether I finished it or not, when I start feeling pain	008CC -BOS	So I just basically I think, I let the pain be my guide it was a trial and error process and now I kinda get this, I don't know, I guess my signal is for pain I start feeling pain, I immediately stop whatever activity it is I'm doing, whether I finished it or I didn't, because I just don't wanna have to go through just being laid up for a couple of days and not being able to move,	reasoning		
	Feel frustrated that pain dictates when I can go out and what I can do		It's frustrating mentally. Some days it's harder than others I'm constantly in pain all the time and I can't really go out and do a lot of shopping it's been starting to interfere with a lot of social events.	reaction		

for longitudinal studies over several months or years, use the same ID for the same participant throughout

... so you can decorate the towers to indicate thinking styles or attributes within the towers of the mental model diagram

Doing It My Way Respected Expert Team & Crowd Player Blend

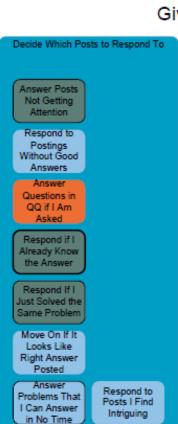
Give Back to Community Who Helped Me

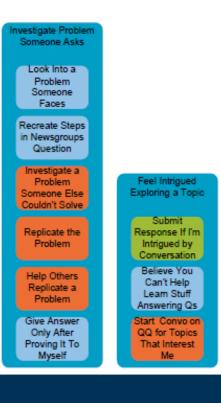


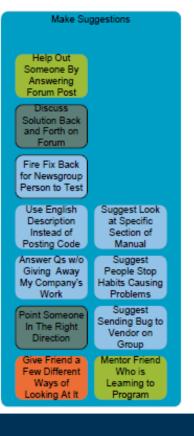
Too Much

Hide My

Am Busy







Upload Solutions to the Group Pass Explanation of Code to Others at Company De-Prioritize Case with Vendor If I Solve It Avoid Repeating Same Prob by Sharing Sol Wish Company Does Better Job Promoting Forum

Send Solution to Interested People (external & internal) Post Obscure Issue I Just Solved So Others Know Correct Mistakes I See in Posted Answers Correct Mistakes I See in Forums Correct the Mistakes in the Sample Code Worry Posted Code Can Be Misinterpreted Avoid Giving Corrections bo Would Piss Off Poster

Support My

Community Better

Build Forum for

My Community

Feel Surprised

So Many

Others Using

Our Answers

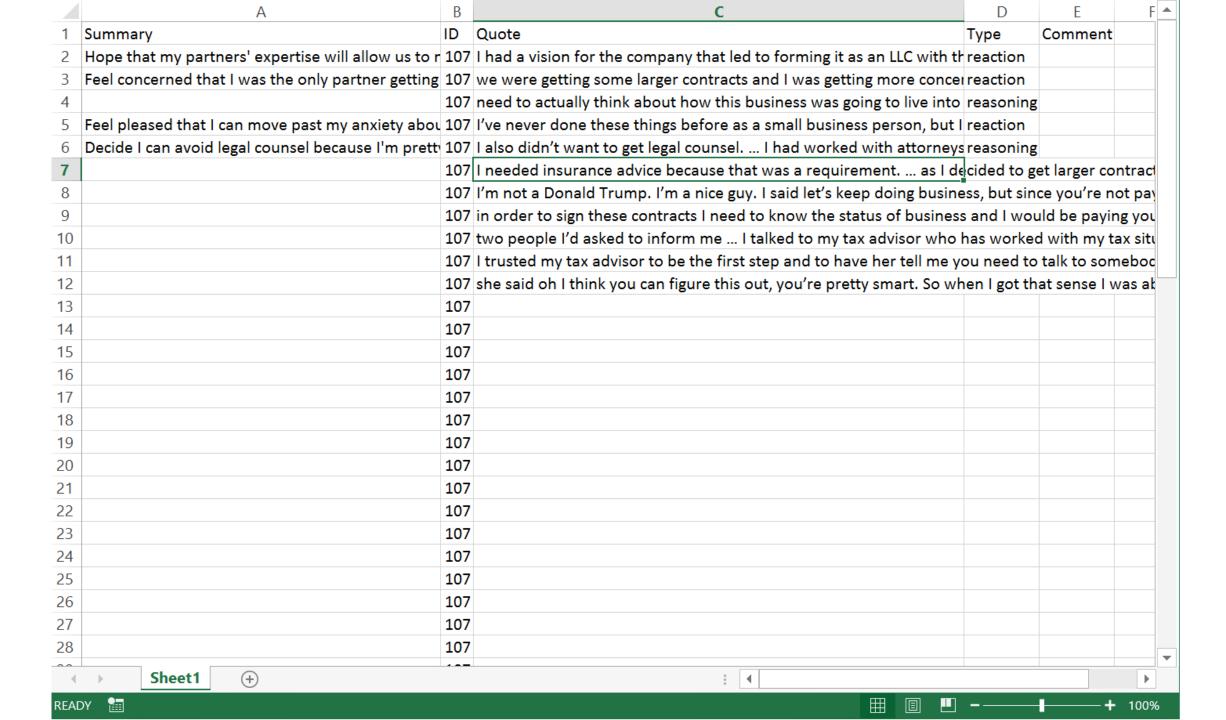
pace of combing

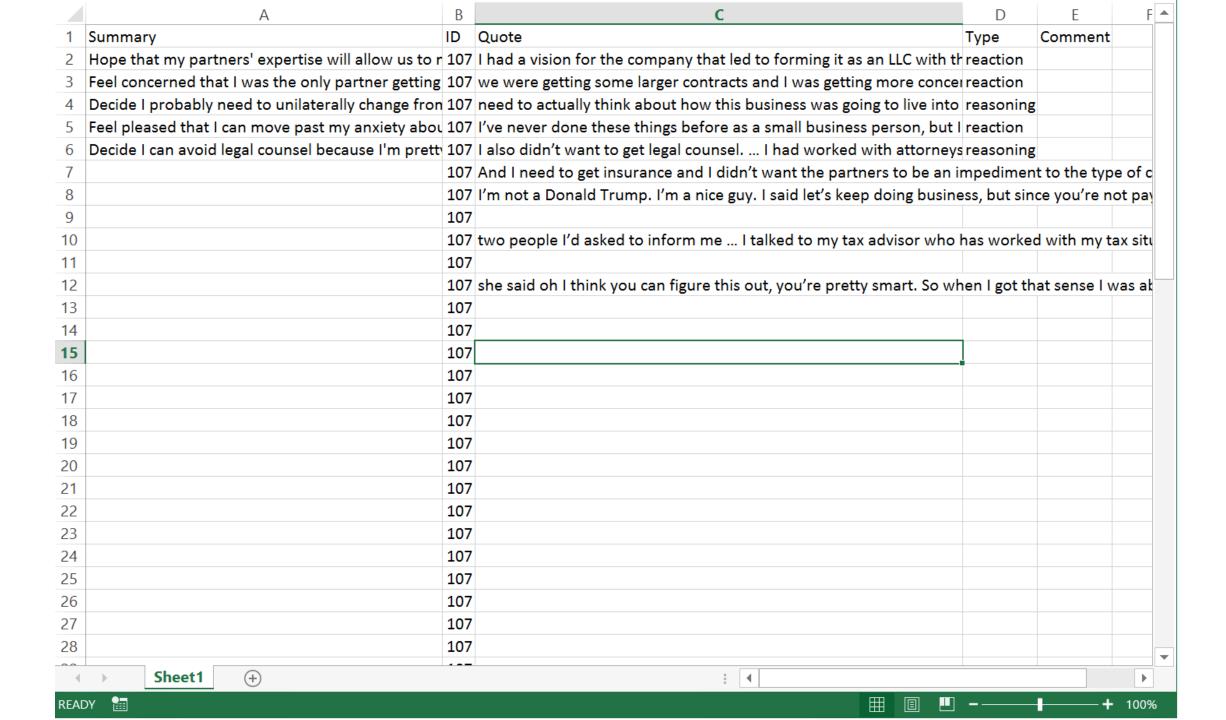
whole bunch of ways to approach combing & summaries

plop in a bunch of quotes/paragraphs & prune later or do pruning as you go, revising summary a little

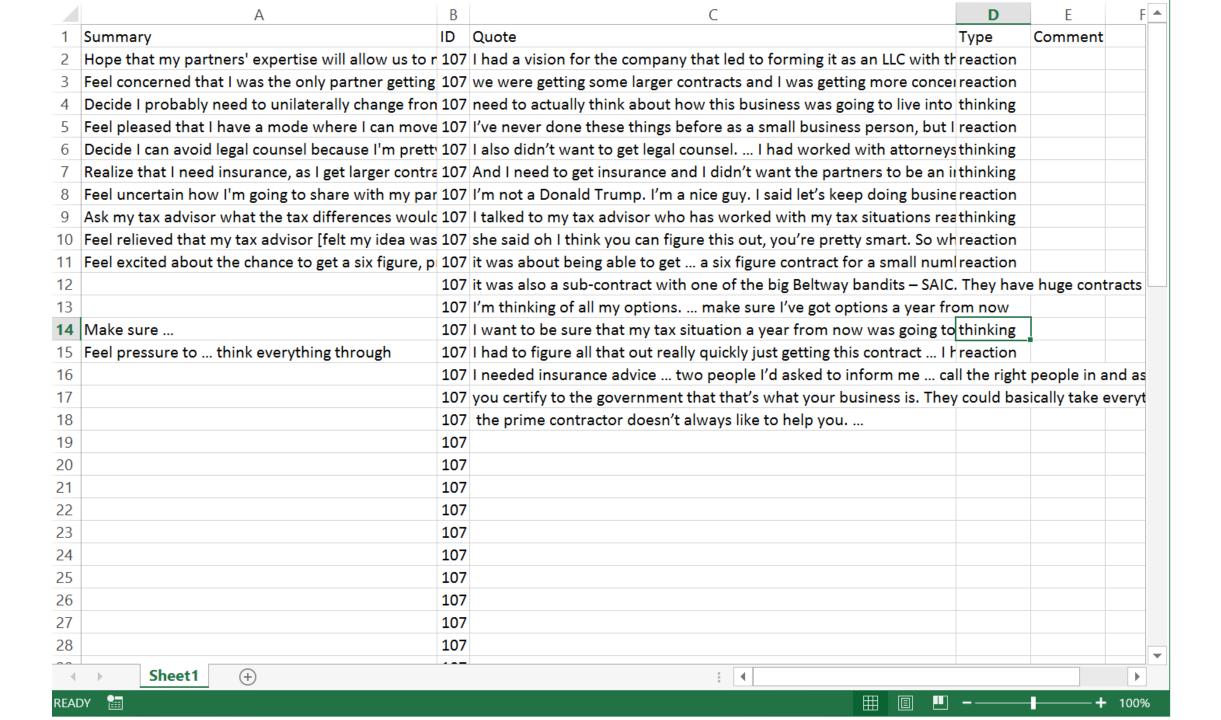
because concepts repeat and are tangled or implied

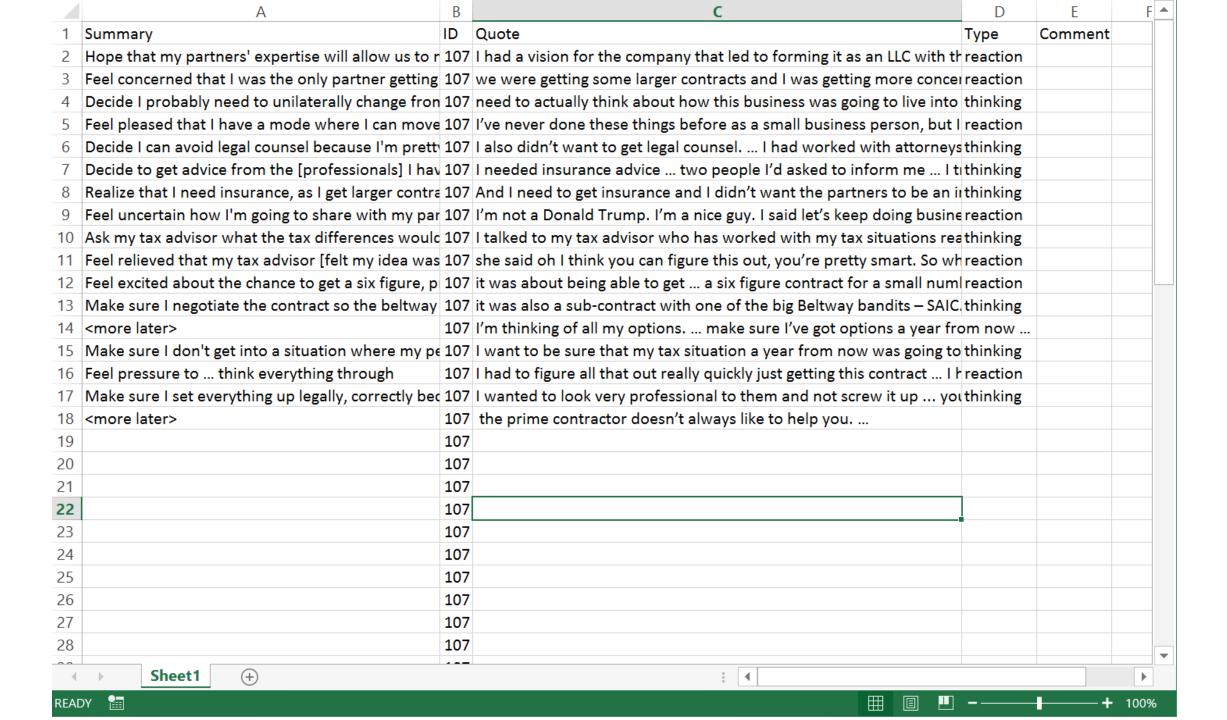
make summaries later, to focus on concepts
or
make summaries as you go, to help understand concept





	A	В	С	D	Е	F	F 📤
1	Summary	ID	Quote	Туре	Comment		
2	Hope that my partners' expertise will allow us to r	107	I had a vision for the company that led to forming it as an LLC with the	reaction			
3	Feel concerned that I was the only partner getting	107	we were getting some larger contracts and I was getting more conce	reaction			
4	Decide I probably need to unilaterally change from	107	need to actually think about how this business was going to live into	thinking			
5	Feel pleased that I can move past my anxiety abou	107	I've never done these things before as a small business person, but I	reaction			
6	Decide I can avoid legal counsel because I'm pretty	107	I also didn't want to get legal counsel I had worked with attorneys	thinking			
7	Realize that I need insurance and advice, as I get la	107	And I need to get insurance and I didn't want the partners to be an i	thinking			
8	Feel uncertain how I'm going to share with my par	107	I'm not a Donald Trump. I'm a nice guy. I said let's keep doing busine	reaction			
9	Ask my tax advisor what the tax differences would	107	I talked to my tax advisor who has worked with my tax situations rea	thinking			
10		107	she said oh I think you can figure this out, you're pretty smart. So wh	reaction			
11		107	it was about being able to get a six figure contract for a small num	ber of peo	ple so it wa	s real	I
12		107	it was also a sub-contract with one of the big Beltway bandits — SAIC	. They have	e huge cont	tracts	
13		107	I'm thinking of all my options make sure I've got options a year fr	om now			
14		107	I want to be sure that my tax situation a year from now was going to	be compr	ehensive a	nd po):
15		107	I had to figure all that out really quickly just getting this contract				
16		107	call the right people in and ask them each what [they] thought they	ould help	me with.		
17		107					
18		107					
19		107					
20		107					
21		107					
22		107					
23		107					
24		107					
25		107					
26		107					
27		107					
28		107					-
4	Sheet1 +		: [4]	<u> </u>			
REAL	Y 🔚					1009	
KLAL						1007	70





team work: assignments & status

example: 4 team members, 10 hours a week

- assign each person a set of transcripts to comb & summarize
 - depends on their availability (average 7.5 hours/week or about two transcripts a week)
 - assign their own listening sessions or make recording & listener available
 - comb into separate list for each transcript
- track who is doing what, progress, when help is needed
- 30 minutes/day reviewing each other's combing (2.5 hrs/week)
- make sure each combing sheet gets reviewed

example: 1 sheet = 1 participant = 1 team member

Name	\uparrow	Owner
	101 - Just Be Prepared 🚢	Jennifer Rodgers
围	102 - In a Few Months I Will Be Happy 🚢	Lacey Gerard
Ħ	103 - Do Something about Being Accommodated 🚢	Lacey Gerard
围	104 - Lead the Charge and Challenge People 🚢	Kunyi Mangalam
围	105 - You're Not Untouchable 🚢	me
围	106 - Stronger, Tougher, Kinder 🚢	Lad Decker
围	107 - Think of a Black Octopus 🚢	Lad Decker
围	108 - You Teach What You Need to Learn 🚢	Lad Decker
田	109 - Idea Factory 🚢	Kunyi Mangalam
围	110- I wanna fight 🚢	Jennifer Rodgers

alternative: 1 tab = 1 participant = 1 team member

А	В		С			D	Е			F
Summary =	ID =	Quote			=	Type =	Reviewer Commen	ts =	Ye Olde S	ummary
Feel relieved to find the best psychiatrist who finally used the right prescriptions so I don't feel like I'm going to die or throw up every morning	007UD -BOS	for the past five or six years have actually used the right medication doctor even said I never should h in shock about I've woken up lik almost my whole life until he got r	Cause people were putting ave been put on Like never te I'm going to physically ac	ng me on things that er. Like stuff that he v tually die and thrown	my was like	reaction				
Feel overwhelmed when I have to fill out a form, to the point that I'm sick with my head on the counter, reaching for a Xanax or a Valium	007UD -BOS	I have issues with forms Like I h was completely sick over it. I mea reaching for Xanax or a Valium. A make me like so sick. And my do it's gotta be done. Why can't, you Have somebody help you. And I w questions I have to answer on my	in like sick with my head down of feeling like I was gonna ofter, that was another thing know you just do a page at was like, nobody can help m	wn, head on the cour die filling out form he said. He was like, a time. A little bit at a	nter, ns can well, a time.	reaction	CB: rearranged sligh	ntly	my head o	whelmed and sick with on the counter, reaching x or a valium when I out forms
Feel frustrated with my irrational mental issues, like when changing a bookcase ends up with me crawling and puking into a basket because I don't know how to make it look the way I want it	007UD -BOS	I have a lot of mental issues. Like and even though you could put st change it around, I was crawling a do it with it looking the way I want	uff on a bookcase like a nor and puking into a basket be	mal person, not like i	it and	reaction	CB: added a few mo	re words to	mental iss	ated with my irrational ues when changing a ends up me crawling g in a basket over how I how I like
Feel confident my surgeon is the best because even doctors around here know who he is	007UD -BOS	I did get the best surgeon people was.	e everywhere, even doctors	s around here, knew	who he	reasoning	IY: "Know" is a vagu what's the thought p reaction here? (Prob reaction)	rocess or the	because e	surgeon is the best ven doctors around who he is
Feel distressed to be in pain every day from my arms, my hands, my feet, my knees	007UD -BOS	I'm in pain every day I do have to and like finger and thumb. My mid and also some kinda arthritis that my left foot. Which I'm not diabeti have tendonitis on the side of the which is ridiculous. I'm just in pair	Idle finger. And I have bad was I don't remember the name c so that's weird. And I have other foot and I have like	wear and tear on my of I have neuropat e plantar fasciitis. The tennis elbow or some	knees thy in en I	reaction				
Avoid tests for fibromyalgia because the tests for it are such a pain, it takes so long to diagnose, and some doctors don't even believe in it	007UD -BOS	Three doctors have said they beli the family. Which my sister has it. pain and they take so long to diag	I just haven't done all the to	ests for it because it's	s such a	reasoning				
Feel relieved to get my \$200 prescription for \$1.20 and not pay anything for doctor visits now that I have Medicare	007UD -BOS	I just had HealthPlan. And then like 80 percent and HealthPlan pa visits wise. Even x-rays, ultrasour 3.65 for a prescription I just pick and now I pay \$1.20 for it	ays 20 percent I don't pay nds. Anything. And the most	for anything. Like do t that they could char	ctor ge me is	reaction				
+ ≣ tatus ▼ 001 ▼ 003 ▼	00	04 - 006 - 007 -	008 + 009 +	010 🕶 012	2 🔻	013 🕶 0	14 🔻 015 🔻	018 🔻	019 🔻	4 →

highlight cells as we complete

							1						
	Nickname	Listener	Session Length	Gift Card	Recordir g	Transcript	Li ten to Recording	Partic pant Descript on	Concepts & Summaries*	Combing Reviewed**	# Cultivate Rows	Patterns	Thinking Style Preparation
101	Creative Buzz	Indi - complete	1:48	arrived - Amazon eg	i with tran criber	received	Lacey - complete	Indi - complete	Lacey - in progress				
102	Pattern Matcher	Rainy - complete	1:16	arrived - Visa egift	with transcriber	received	Elizabeth - assigned	Rainey - complete	Elizabeth - assigned				
103	Well-Prepared Steps	Indi - complete	2:04	arrived - Amazon eg	i complete	received	Francesca - assigned	Indi - complete	Francesca - assigned				
104	Keep My Eyes Open	Rainey - complete	1:25	arrived - Amazon eg	i complete	received	Lacey - complete	Rainey - complete	Lacey - complete	Eunju - complete			
105	Scientist at Heart	Sara, completed	1:53	arrived - Amazon eg	i with transcriber	received	Gosia - assigned	Sara, complete	Gosia - assigned				
106	Freeze After 5	Indi - completed	1:27	arrived - Amazon eg	i with transcriber	received							
107	The Secret	Rainey - Complete	1:34	arrived - Amazon eg	i with transcriber	received	Bibiana - Complete	Rainey - Complete	Bibiana - Complete				
108	Determined Systematic Exp	Sara, completed	1:45	arrived - Amazon eg	i complete	received	Francesca-complete	Sara, complete	Francesca - complete	Lacey - in progress			
109	<nickname></nickname>	Indi - rescheduled											
110	Connect The Dots	Andrea - complet	1:59	arrived - Amazon eg	i with transcriber	received	Bibiana - Complete		Bibiana - Complete	Eunju - complete			
111	Clean Answer	Andrea - complet	1:58	arrived - donation to	with transcriber	received	Andrea - assigned		Andrea - assigned				
112	<nickname></nickname>	Bibiana - postpon											
113	<nickname></nickname>	Sara, completed	2:36	arrived - Amazon eg	i with transcriber			Sara, complete					
114	<nickname></nickname>	Bibiana- schedule											
115	<nickname></nickname>	Tafida - complete	1:54	arrived - Amazon eg	i with transcriber			Tafida - complete					
116													
117	,												
118													
119	Losing the Game	Indi - completed	1:42	sent - Kiva egift	with transcriber	received							
120													
	Status Values: (you can improve these)	scheduling, scheduled, rescheduled, complete	1:47	ready, issues, sent, arrived	issues, downloaded, with transcriber, archived	in process, received, assigned	in progress, done	in progress, complete	assigned, in progress, in review, complete	assigned, in progress, complete	assigned, progress, complete	, р	assigned, in progress, ready
	green the cell background t	to signal Complete											

(later we marked these with thinking-style segment colors)

highlight cells as we complete

	А	В		С	D	E	F	G	Н	ı	J		L	М	N
1		Nickname		Listener	Gift Card	Ry cording	Transcript	Listen to Recording or Session	Proof Read Transcript*	Write Participant Description	Combing & Summaries	Combing Reviewed**	# Rows	Pattern Grouping	
2	101	Just Be Prepared	1	Indi	(recruiter sends)	uploaded to transcriber	received	Jenn - complete	(as you listen)	Jenn - complete	Jenn - complete	Indi & Lacey - comple	€67	Indi - complete	
3	102	In a Few Months I'll Be I	Нарру	Indi	(recruiter sends)	uploaded to transcriber	received	Lacey - complete	(as you listen)	Lacey - complete	Lacey - complete	Indi & Lad - complete	€63	Lad - complete	
4	103	Do Something About Be	eing Accom	r Indi	(recruiter sends)	uploaded to transcriber	received	Lacey - complete	(as you listen)	Lacey - complete	Lacey - complete	Indi - complete	63	Indi - complete	
5	104	Lead the Charge and Ch	nallenge Ped	o Indi	(recruiter sends)	uploaded to transcriber	received	Kunyi - complete	(as you listen)	Kunyi - complete	Kunyi - complete	Indi - complete	47	Indi - complete	
6	105	You're Not Untouchable	e (It Can Ha	r Indi	(recruiter sends)	uploaded to transcriber	received	Kunyi - complete	(as you listen)	Kunyi - complete	Kunyi - complete	Indi, Lacey, Lad - con	40	Lad - complete	
7	106	Stronger, Tougher, Kinde	er	Indi	(recruiter sends)	uploaded to transciber	received	Lad - complete	(as you listen)	Lad - complete	Lad - complete	Indi - partial	29	Kunyi-complete	
8	107	Think of a Black Octopu	IS	Indi	(recruiter sends)	uploaded to transciber	received	Lad - complete	(as you listen)	Lad - complete	Lad - complete	Indi - partial	41	Kunyi-complete	
9	108	You Teach What You Ne	ed to Learn	Indi	(recruiter sends)	uploaded to transcriber	received	Lad - complete	(as you listen)	Lad - complete	Lad - complete	Indi, Lad - complete	42	Lad - complete	
10	109	Idea Factory		Indi	Jenn sent	uploaded to transcriber	received	Kunyi - complete	(as you listen)	Kunyi - complete	Kunyi - complete	Indi, Lad - in progres	58	Lad - complete	
11	110	I Wanna Fight		Indi	Indi sent	uploaded to transcriber	received	Jenn - complete	(as you listen)	Jenn-complete	Jenn - complete	Lacey & Lad - comple	47	Lad - complete	
12					Status Values:	uploaded to transcriber	submitted , received, uploaded				assigned, in progress, in review, complete	assigned, in progress, first pass complete, complete		assigned, in progress, complete	
13						_ _	een the cell	background to sign:	al Complete						
14		Pattern Grouping Colors Spreadsheet	s for			Turn the cell color above green when each step is complete.				to be perfect. Just necessarily be able		gs. w, since they will get r	reviewe	ed by the grouping	
15			Indi		green	1. make a copy of the ma	aster spreads	sheet prior to worki	ng on it.						
16			Lad		blue	2. when you add a row to	o the master	, in the combing she	eet, turn the res	t of the row your pe	ersonal cell color.				
17			Kunyi		dark magenta	3. in the Excel master gro	ouping sprea	dsheet, turn the for	nt of the rows yo	u add your person	al font color.				
18			Lacey		purple	4. make sure you paste i	n the right co	olumn of the maste	r						
19			Jenn			If you review anyone's co	ombing and	want to turn the sui	nmary cell a col	or to say you appro	ve, use your signat	ture color to the left.			

you can use any format, any tool

4	Transcript	Interviewer	Sketch	Transcript	Comber	Reviewer(Grouper(s)	#Rows	Notes	Vacation, Conference	e, out of office:			
5	001UD-BOS	Ellen	Chris	Received	Chris	Rose	Rose, Chris	22		CB: 9/9-9/14 (NYC wo	orkshop & make-u	ps for weekend da	ays	
6	003UD-BOS	Chad	Chris	Received	Chris	Indi - laven	Indi - complete	22						
7	004UD-BOS	Ellen	Rose	Received	Rose	Chris	Indi - complete	43						
8	006UD-BOS	Ellen	Rose	Received	Rose	Chris	Indi - complete	39						
9	007UD-BOS	Ellen	Rose	Received	Rose	Indi - laven	Chris, Rose	40						
10	008UD-NAT	Jason	Jason	Received	Jason	Indi - laven	Indi - complete	32						
11	009UD-NAT	Christine	Chris	Received	Chris	Indi - laven	Indi - complete	32						
12	010UD-NAT	Christine	Rose	Received	Rose	Chris	Chris	23						
13	012UD-NAT	Bec	Bec	Received	Rose	Chris	Chris	36	CB: This transcript has several references to a state a	nd state health plan. I	removed them from	m quotes here and	d in grouping sprea	adsheet
14	013UD-NAT	Bec	Bec	Received	Chris	Rose	Chris							
15	014UD-NAT	Bec	Bec	Received	Rose	Chris	Chris							
16	015UD-NAT	Christine	Chris	Received	Chris	Indi	Chris	20						
17	018UD-NAT	Bec	Bec	Received	Rose		Rose		IY: I believe Rose finished combing & grouping on Fri	09-Sep. Congrats, if so	! :)			
18	019UD-NAT	Jason	Jason	Received	Jason	Rose	Chris	32						
19														
20				needs atter	ntion									
21				in progress	1									
22				complete, r	eady for n	ext step								
23														

combing your own listening sessions:

- you understand the tone of voice of what was said because you were there
- you are blind to the assumptions you made

if a team member combs your listening sessions:

 add the tone of voice to the transcript for them, ask them to listen to the recording first, and be available for questions

here's an alternative method:

- gather concepts from your own transcript (where you were the Listener)
- ask a team member to write the summaries
- review their summaries

team work: review summaries

how to review summaries:

review the concepts first if your team is new at this!

1. check the summary:

- a) does the summary make sense at first glance, without any background or context?
- b) does the summary follow the rules? (first person, present tense throughout, clear, concise, follows the formula)
- c) is the summary already represented in another row; should this be merged there?
- d) is the summary a hodge-podge? split the concept? (see below)
- 2. check the concept: (this is low priority if you're in a hurry, assuming your team is skilled at finding concepts)
 - a) is it actually a couple of different concepts; should it be split into separate rows?
 - b) does it contain something that actually belongs with a quote on another row?
 - c) if it's a mess, can it be pruned back to reveal its clear meaning?

individuals work on their own, plus 30 min per person review

... splitting, merging, pruning

... tweaking the summary

chatting about the meaning spoken written comic panels





asynchronous comments need to be clear (for example ...)

	A	В	С	D		E
1	Summary	ID	Quote		Comments	
22	Construe my choice of a Starbucks located near to NYPD headquarters as a sign that I should join the police		And the funny thing was was that the Starbucks that I would walk to, I didn't even realize was right next to the NYPD headquarters. So, that was like kind of like a sign for me too. Because it was the nicest Starbucks that you could literally sit down and relax in. I didn't realize until the second day. I was like, why are there so many cop cars around. And I'm like, oh that's why.	Reasoning	LOL! LG: What ab pleased" or ' KM: Is there "construe" somethinga	! How did you find that verb?! out "feel satisfied" or "feel "feel amused" something wrong with . it's like when someone takes as a sign they construe it as erpret" better for you guys?
			_			
	Feel relieved to finally find a doctor who can give me an answer, and tells me, "You have this with this, and this is how we're going to treat it"	te "	was looking up symptoms online, and I found my specialist doctorshe did all ests, and other hospitals had done tests before but they couldn't find anything. Oh yeah, absolutely." She was like, "You have this with this, and this is how we treat it."	She went,	eaction	RD: enough to infer relief? CB: Yeah, that sounds right

it helps to keep the old summary

	А	В	С	D	F	G
1	Summary	ID	Quote	Туре	Comments	Ye Olde Summary
	Feel grateful to my mentor for pointing out volunteer opportunities and coaching me how to move along the pathway I want	103	a lot of them also kind of mentored me and let me know what I should be doing and seeing volunteer opportunitiesSo, she mentored me. She took me on to allow me to volunteer and kind of coached me as to what I should be doing to get to the pathway that I wanted to.	reaction	IY: Um isn't this about feeling grateful to a mentor? Maybe??	Seek out volunteer opportunities after being coached to do so because, according to my mentors, it will help me get on the path I want to be on
	Feel grateful for our small community because I already had built connections with the director of the Disability Center, where I applied for a job	103	I knew them because I used to attend those colleges and kind of connected with them for different reasons. It's sort of such a small community. The Director of the Disability Center at College of San Mateo actually used to work at the career center and I used to use the career center to reach out to them to post jobs for caregiving for myself. So, she actually ended up being in the disability center and so I knew her and that's how I kind of had that connection.	reaction	IY: Explanation.	
	Feel insecure about interviewers not giving me equal job opportunity, as if I have to prove 110% that my disability will not hinder my ability to be a good employee	103	I often feel like I have to give 110%. I always feel like I want to show in interviews that my disability does not in any way hinder my ability to succeed and be a good employee. Of course, we have equal opportunity employment, but I tried it for 3 months. It was a good fit and then I became the manager for 4 years. It just shows like all the struggles I've faced just to get where I want to be or need to be, and I have to prove myself.	reaction		Give 110% because I want to show my disability does not in any way hinder my ability to succeed
	Feel insecure and discouraged when I don't get the job after the second interview	103		reaction	IY: Same as the one above. Moved the quote up there.	
23	Internalize the idea that I've been discriminated against because of my disability, becoming passive agressive, because I can't prove otherwise	103	you can never prove it's discrimination So, I think part of it is I start to internalize that and think it's because of my disabilitySo, when I didn't get it then I was like oh, it's probably because of my disability you know I was in my 20s. I took things personal I was maybe a little passive aggressive. Like I'd say okay, but then just get really upset about it and talk crap.	reasoning	IY: Wonder is a good verb for the quote two rows down. Here I'll change the verb.	Wonder if I am rejected by jobs because I have a disability
	Feel excited when I get called back for a second interview because it means they want me	103	So, when I get second interviews I become hopeful andI was just like excited. I was like, oh wow. For me to get called back for a second interview, that like means they want meI was excited all the time when I got it,	reaction		
25	Wonder if they have called me back for a second interview so they can reach their quota of people needed for a second round of interviews	103	maybe that they call me back because they have to have a certain quota of second interviews and I'm one of them.	reasoning		

ye olde summary

	А	В	С	D	E	F
1	Summary		Quote	Туре	Comments	Ye Olde Summary
28	Feel pressured to commit to class project because dropping out will disappoint my team, even though I won't be able to travel to present it as I have kids	109	I said, "Well, I'm not interested because I have children and I won't ever be able to travel around and do this." They said, "Okay, well, that's disappointing because we really want to do this." I felt bad for them. So, I said, "Okay, well I'll still help you."Yeah, it was me feeling guilty about not – stopping other people.	Reaction	LD: she didn't want to stop the other people from succeeding; feel pressured to commit to class project LD: she recognized that this ended up being a good thing even though she did it because of guilt pressure	Decide to stay in a class project because dropping out will disappoint my team, even though I won't be able to travel to present it as I have kids
29	Feel gratified that our class project offers a great combination of both business goals and people needs	109	But our solution was pretty – I felt like it was quite interesting because my team was very – I had some very business-minded people on the team and I am a highly empathic, probably overwhelming human centered person who cares very much about the humans, especially children, because I have children. So, it was a great combination because we kind of felt like we met the need between business and humans and caring.	Reaction	LD: she appreciates her opportunity	
30	Bet on impossible things working out yet again when agreeing to support team's choice to compete in Shanghai even though I don't own a passport and never travel	109	But they had all been all over the place and led kind of cosmopolitan lives. They said, "Well, I've never been to Shanghai. Let's apply for Shanghai." At that point, I had already gone along enough times with what was existing and seen it be successful that I said, "Okay, sure," thinking, "I literally do not own a passport and never have had one, I've never traveled anywhere other than to Western New York as a traveler, and I have no idea how I'm going to afford to do that." So, okay. Right?But I've done that twice already and I've made it. So, let's figure it outI think that the sense that I am with people who understand that there are ways that we can make this work and who know that they can travel, and the travel will be fine and I'm – I mean I guess I could succeed in going to China. It seemed so impossible, at that time, that I just was like, "Sure, okay."	Reasoning	LD: bet on things working out again	Support my team's choice to compete in Shanghai even though I don't own a passport and never travel, since I feel like I've agreed to the impossible twice before and it worked out
31	Believe I should have faith that other people can help me find solutions to my problem if I don't have one, like when my friend described that a university will pay students to do their doctorate		it's just having faith that there are answers that I don't have. There are — other people do this, and I don't. So, I'm with a group of people who know more about travel than I do, who know more about competing for educational things than I do. One of my teammates had a master's degree that she got in Berlin that was completely paid for. I said, "I had no idea that that even existed. I didn't know that you got paid to go to school." I had no clue. I just assumed that anyone that went on for post-grad — or like post —well, for graduate studies, was rich. I didn't know that a PhD student is essentially paid to be one.	Guiding principle	KM: I can't get a handle on this one. Help! LD: I think it's a GP. updating	Have faith that other people can help find solutions to my problem if I don't have one, like when my friend described that a university will pay students to do their doctorate
	Agree to travel to China because it seems so	109		Reasoning	LD: Combined with row 30	

highlight calls attention to comments

	A	В	С	D	Е	F
1	Summary =	ID =	Quote =	Type =	Reviewer Comments =	Ye Olde Summary
9	Decide not to shop in stores without electric carts because it's difficult to manage a carriage and a walker at the same time	BOS	when I'm going to any of the stores that don't have the electric carts, I have to use my walker I can go in the stores that have electric carts. I can grocery shop Stores like the department stores like Macy's, they don't have anything like that. I just don't shop in those stores I could go in with the walker, but it's just difficult to manage that and a carriage at the same time.	reasoning	CB: tweaked a little to emphasize that he's avoiding situations that don't work for him	Decide to shop where they have electric carts because it's difficult to manage a carriage and a walker
10	Keep a walker that has a seat on it in the car for when I go out so I don't bring germs in the house, and so I can sit if I get tired	BOS	I have a walker that I leave in my car I just don't want to bring germs in the house So I have one that I leave in the back seat of my car that I have with me all the time for when I go out, I bought one that has the seat on it, so if I get tired, I can sit.	reasoning	IY: Untangled it.	Keep a second walker in the car for when I go out so I don't bring germs in the house
	Put felt on a second walker that I keep in the house so it doesn't scratch the floors	BOS	and then I have a walker in the house I got a second one and put felt on it, so it doesn't scratch the rugs and the floors and everything The doctor gave me the one that I use in the house	reasoning		Choose the walker with a seat on it for when I go out, so I can sit if I get tired
12	Work hard to exercise even though it's a nightmare with all my injuries, because without that activity my weight loss stops	BOS	sometimes I'm just in bed for several days to a week. So that makes it difficult. When I'm not able to get the exercise, of course the weight loss either stops or I go up a pound or two, because I've been laying in bed for a week. But it's just kind of cutting down on carbs and trying to get to do the exercises, because that's the only thing that's going to take it off for me is reducing the food intake and increasing activity It's hard work, especially being a larger person. It's very difficult exercising with all my injuries and it's just a nightmare sometimes. Most of the time.	reasoning		
13	Shop on days my son is home from work so he can take the stuff up the stairs for me		when I get home, my son, usually, I make sure I shop the days he's home from work. And he'll take the stuff up the stairs for me.	reasoning		
		BOS	I want to be able to feel like I can do something. I don't want to just sit in my house the rest of my life. So I try to get out and do the normal things and just have to have a little bit of extra help some days I don't want to be one of those people that ends up on my 600-pound life and the haven't gone out of the house in 10 years.	reaction	CB: Tried to keep same idea while adding details from quote IY: "Want" is not a verb you can use.	Feel capable by going out and doing normal things like grocery shopping Want to feel capable so I try to get out and do the normal things with a little bit of extra help, because I don't want to just sit in my houe the rest of my life
	Think ahead about how I will carry purchases with my walker or whether one of the people from the store can put it in my car so my son	BOS	if I buy something thatI can't sit in my lapor sit on the walker and bring it out to the car, if it's bigger than that, I can't do it unless I can have one of the people from the store put it in my car and then my son will get	reasoning	CB: Added details to make it clearer what the obstacles are	Think ahead about how I will carry purchases and where I'll need help to get them home

decision not to split out a concept

		gosh, it's real. It could actually happen.		
11	Worry that my surgery will not happen on schedule because I missed an appointment	But you need the months consecutively and I missed an appointment. So, I had to go to another appointment and then that set aside my requirementsI got a call saying I was approved for surgery, maybe at the end of May. They extended it because I did miss an appointment. So, at the end of May they told me I was approved and I really could have surgery as early as like June or July.		But feel grateful that my surgery was approved despite the fact that I missed an appointment IY: I like having the worry there. Do you think it's strong enough to split out the "feel grateful" to another row? LG: Nah, she doesn't go too much into that, so I'll leave it be. LD: She's feeling anxiety about her commitment, worried that it won't happen afterall because of her possible mistakes still before full commitment and change; worry that I'll sabotage myself
12	Hurry to lose weight so that I meet the pre-surgery qualifications because I was not convinced I would get approved and I didn't want to do all that work only to be denied	I hadn't met my weight. Honestly, I hadn't done anything because I wasn't convinced. And once they told me, okay it's approved, they gave me a date of June 22nd. That was my preop appointment. At my preop appointment I needed to lose weight. I was 322 pounds and I needed to beI had literally one month to lose the weight I needed to lose in order to have surgery		IY: Nice! This is really the reaoning! Good one. LD:Get my ass in gear, Get to the next step, Convince myself to keep going, Fear wasting all my efforts,
	Follow all the directions the doctor gives me to lose weight so that they see Lam trying and Lam committed	I just went crazy. I started following all of their directions. I did everything. And actually when you're so overweight you do lose weight pretty	_	LD: Show my commitment, Follow the path, Show others I'm committed

discussion to help fathom the meaning

	A	В	С	D	E	F
1	Summary	ID	Quote	Туре	Comments	Ye Olde Summary
29	Anticipate learning about myself by climbing the blessed mountain Taishen, since there must be something to doing what Chinese people have done for thousands of years	104	this is the experience. This is where we're going to learn about ourselves. This is where we're going to learn about ourselves in this context. And if they've been doing it for thousands of years can't hurt us. We can probably get something out of this!	Reasoning	IY: Reasonable. ;) It's so hard to know what she really thinks under that tough-girl exterior.	
30	Feel awe at the pure translational moment of generosity when a Chinese man used Google translate to help us find food and shelter and was so friendly	104	We were using Google Translate in 2011 on a Blackberry to ask where can we sleep? What food? Things like that. And it was like one of those really pure translational moments of just people helping people who like literally have no idea what's happening. This man got our email address and took photos of us. He was like typing in some Google Translate on my phone and then we realized we can't talk back really. It's a one way thing, but it was helpful. It just was one of those moments I'm never going to forget where it was like oh, we are doing the Asian thing. We are doing the Chinese thing right now.	Reaction	KM: unsure about including the word "translational" I think it means a moment of connection, but she didn't say that IY: Dunno either, don't remember it, but it works here. Google translate. Am adding that detail and taking away the "no idea what was happening" because it makes no sense when read from the outside, not knowing context. You don't have to use more than three or four of her words. :)	Feel awe at the pure translational moment that Chinese people helped us find food and shelter when they saw we had no idea what was happening

humor is helpful

	A	В	С	D	Е	F
1	Summary	ID	Quote	Туре	Comments	Ye Olde Summary
33	Share my experiences discovering my cultural identity with my Grandmother, who encouraged me to ride the train with the chickens, do the flavorful cultural things not just the five star hotels she was forced to stay in	104	But I was writing her. I was like, here's what we're doing and then I would tell her about these experiences. (sorry, little emotional. I was afraid for that to happen.) She was like I'm so glad you get to go back and see because I really wasn't able to in the way that you are. She would go with my grandfather and go visit, but they were very well off and she always wanted one of these adventures and never got to do it because she was forced to stay in the 5-star hotels. But her spirit wanted to go out. She always said, "do the train ride with the chickens once, just so you get the flavor of it." "Do this once, to get the flavor." So, we're telling her about all these flavors we're experiencing and again, this like cultural identity process, and she was like "just prove them wrong."	Reasoning	IY: Tweaked it a bit. Chickens, you know. Heh.	Share all my experiences of discovering my cultural identity with my Grandmother, because though she travelled, she was never able to have adventures the way I am

a project timeline

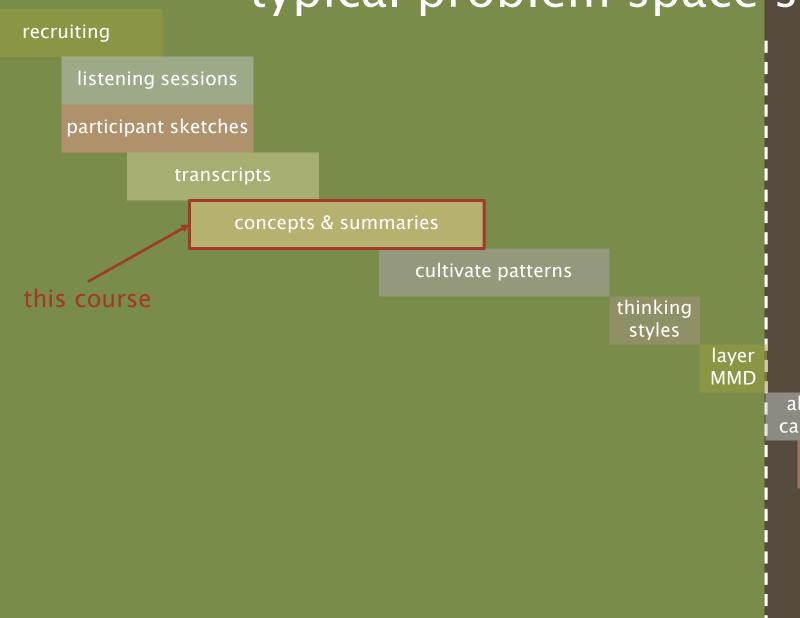
depending on the richness & length of the transcript ...

- it takes 3-6 hours to comb each transcript (depending on richness and length)
 - 8–10 hours for combing + cultivating patterns
- yields 40–60 concepts on average
 - 60–100 for transcripts rich with concepts
 - transcripts without a lot of depth or which don't explore a person's purpose yield 4-16 concepts
 - (possibly depends on language & cultural habits)

frame study

typical problem space study timeline

Source: Indi Young



align capab.

gap analysis

priorities strategy

job stories

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purpose metrics

frame study recruiting listening sessions weeks participant sketches transcripts concepts & summaries cultivate patterns thinking weeks styles layer **MMD** 4-7 weeks weeks week once a year or so: study is 10-18 weeks total

typical problem space study timeline

align capab. gap analysis priorities strategy iob stories purpose metrics

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pace: 10 hours/week per team member (4 people on team) for a study covering 2 thinking styles, 10-12 participants total

Source: Indi Young

lightning-quick and from-memory

- 1. complete-combing
- 2. lightning-quick
- 3. from-memory

- 1. complete-combing
- 2. lightning-quick
- 3. from-memory

what we have covered in this course

what we have covered in this course

for each speaker's transcript, you

make a list of

pull quotes to make a list of

concepts and then write a summary

for each of them

- 1. complete-combing
- 2. lightning-quick
- 3. from-memory

2. lightning-quick

same as what we have covered in this course requires:

a synchronous team intensive collaboration

skills: concept-finding, summary-writing

- 1. designate roles:
 - a) TR: a transcript-reader who is skilled at finding concepts
 - b) S1, S2, S3: designate a few people who are skilled at summaries
- 2. TR reads silently until a concept pings their radar:
 - a) TR reads aloud the quote containing a concept, and says the type (optional)
 - b) \$1 accepts this concept:
 - i. writes the type & brainstorms some verbs or emotions
 - ii. writes a summary, following the formula
- 3. TR does not pause reading:
 - a) TR reads aloud the next quote containing a concept, and says the type (optional)
 - b) S2 accepts this concept:
 - i. writes the type & brainstorms some verbs or emotions
 - ii. writes a summary, following the formula

4. TR does not pause reading:

- a) TR reads aloud the next quote containing a concept, and says the type (optional)
- b) S3 accepts this concept:
 - i. writes the type & brainstorms some verbs or emotions
 - ii. writes a summary, following the formula

5. TR does not pause reading:

- a) TR reads aloud the next quote containing a concept, and says the type (optional)
- b) S1 accepts this concept:
 - i. writes the type & brainstorms some verbs or emotions
 - ii. writes a summary, following the formula

```
... and so on ...
```

(TR) will encounter repeated, implied, and tangled concepts, which requires a bit of instruction to the S# who recorded the summary:

repeated: "this one goes with [such-and-such description] ... [might give supporting detail]"

tangled: "I think this is [number of] concepts [*list of the separate verbs or feel+emotions*]"

implied: "mark this as implied; I think it's [verb or feel+emotion]"

for the next transcript, change roles so the TR gets a rest if they want

1. designate roles: ...

. . .

Feel uncomfortable because the air temperature on my flight goes back and forth from hot to cold and have to keep taking my jacket on and off Suspect the flight attendant is too lazy to ask the pilot to change the air temperature when I ask if there's something she can do Feel frantic about my son, who is crying hysterically in pain with the pressure on his ears during the landing, because sipping water isn't relieving it, and he is too young to understand me teling him to swallow Feel aggravated that none of the flight attendants offer any help to make my son more comfortable, who is screaming in pain Feel aggravated that none of the flight attendants offer any help to make my son more comfortable, who is screaming in pain Feel aggravated that none of the flight attendants offer any help to make my son more comfortable, who is screaming in pain Feel aggravated that none of the flight attendants offer any help to make my son more comfortable, who is screaming in pain	Summary	ID	Туре	
Feel uncomfortable because the air temperature on my flight goes back and forth from hot to cold and have to keep taking my jacket on and off Suspect the flight attendant is too lazy to ask the pilot to change the air temperature when I ask if there's something she can do Feel frantic about my son, who is crying hysterically in pain with the pressure on his ears during the landing, because sipping water isn't relieving it, and he is too young to understand me teling him to swallow Feel aggravated that none of the flight attendants offer any help 808 emotiona I reaction	read that only three movies are available a mile off shore, and the flight attendant tells me to call DIRECTV when I have	808		
goes back and forth from hot to cold and have to keep taking my jacket on and off Suspect the flight attendant is too lazy to ask the pilot to change the air temperature when I ask if there's something she can do Feel frantic about my son, who is crying hysterically in pain with the pressure on his ears during the landing, because sipping water isn't relieving it, and he is too young to understand me teling him to swallow Feel aggravated that none of the flight attendants offer any help 808 emotiona I reaction 808 emotiona I reaction		808		
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	the pressure on his ears during the landing, because sipping water isn't relieving it, and he is too young to understand me	808		
TO HIGHE HE SUITHULE CONTINUEDIC. WHO IS SUITEDINED IN DOMEST. IT TO THE PROBLEM		808		

yes, do this digitally instead of sticky notes, for efficiency



one person is reader, who reads aloud concepts

one team member scribbles down summary while reader continues to next concept

(second stage) group the sticky note summaries as you go



- takes 3-10 days together (about half the amount of time as complete-combing)
- can be done remotely; time zones may interfere with # hours together per day
- very intensive—bring lots of sustenance
- you might get tired of each other
- might need a break to take care of other work

drawbacks:

- captures ~50–75% of the concepts
- not perfect about tangled concepts
- single/temporary use—can't add on to it easily without the quotes associated with the summaries
- for ideation & strategy, not metrics

- 1. complete-combing
- 2. lightning-quick
- 3. from-memory

3. from-memory

subject to bias!

requires:

awareness & discipline to capture concepts that are outside of your own thinking does not require transcripts

from-memory combing

immediately after the listening session:

- write as many summaries as you can think of for concepts you can remember (bias here!)
- make yourself do this for minimum 15 minutes
- if you have a team, compare and combine your summaries

or while listening to the recording:

 stop the recording to write summaries as concepts come up

from-memory combing

source:

live or recorded listening session

(no written record)

shaves off a couple of weeks

ID	Nickname	Reasoning/Thinking	Reactions	Guiding Principles
103	The Whole Kitchen Sink Thrown at Me	Reach out to state representative and governor about changing the VA grants deadline Figure out which degree might cost me less because of my EMT background Contemplate whether to reinstate my EMT registry so I can get an xray tech job, but it's too much physical Work on controlling my pain levels without meds because I'm allergic to pain meds Avoid making the mistake my husband made getting a degree in something that won't make enough money for us	degree at 40 and became a nurse, while raising six kids Feel surprised to see myself in a photo from the past two years and not even remember being there Hope that there is a path to working at home, even though I haven't found it yet Feel disappointed that two women in my life who were given jobs to work from home are monitored the whole time and that means I wouldn't be able to get up and walk around from my pain Hope there's a job I can do maybe from sitting on my heated mattress pad Feel disappointed that the small business loans are only given for certain types of businesses now	Trust in God about what will happen to me; it's the only way I get through this Make sure it's affordable Show my sons that it's never too late to go to school Distrust statistics because it doesn't show the whole person, all the things combined Fight to stay alive rather than actually live these past two years
404	Hunting Fish with a Bow	Help others understand their disease better so they	Feel terrified at the thought of brother going to	Better the lives of people struggling (with diabetes)
104	nunung rish with a bow	can have a healthier life.		Measure my sugar level constantly

	Α	В	С	D	Е
1	ID	Nickname	Reasoning	Emotions	Guiding Principles
8	412	Chihuahua lady	- Choose United to maximize miles - Choose based on schedule rather than worry about price - Look for last minute flights on other sites but usually book with United - Use trip advisor reviews for arranging hotels when traveling internationally and Expedia star rating for domestic - Avoid flying on Polish airlines because of rude flight attendants - Help family all get back to Europe for annual trip by using my miles - Avoid changing a flight on a vacation because fees are too expense	- Feel frustrated by instances of poor customer service, longer Elite lines and lack of Economy Plus on subCO planes - Feel pleased with extra information provided on onboard videos - Feel annoyed by extra questions about children traveling with me that take more time while checking into Continental flights - Distrust star ratings for hotels in Europe because quality is measured differently	- Go with what is happening because I usually don't like to complain - Always provide extra information to help people - Avoid fees; pay as little as possible
9	413	Lucky Irish Lady	 Check and compare flights on Kayak then books on the airline Call to get First Class when web site didn't work Travel to Ireland frequently Book with money one way and with miles on the return Book seperate tickets on seperate airlines Fly on United, Continental and Delta Book way ahead for definite vacations Get to airport 2 hours early Bring a carry on in the case of multiple connections Book nonstops when possible Go somewhere very unusual on my vacations 	- Feel unruffled when things go wrong - Feel surprised to get benefits even when things go wrong - Enjoy traveling alone especially when its to special destinations - Feel happy I make the flight anyway	- Roll with the flow because "that's just part and parcel of traveling. I'm happy that I make the flight anyway" - Avoid connections to ensure baggage stays with you
	414	I love exotic vacations	- Call to book flights on united after viewing on Continental.com - Pay close attention to the reviews for places I plan to visit - Validate the claims from reviews I have read	- Feel proud by saving money on trips to exotic locations; Save money on the location of my trip ??? - Feel excited to see exotic locations - Enjoy researching my trips because I like envisioning myself there	- Trust my friends' advice and experience



from-memory combing

drawbacks:

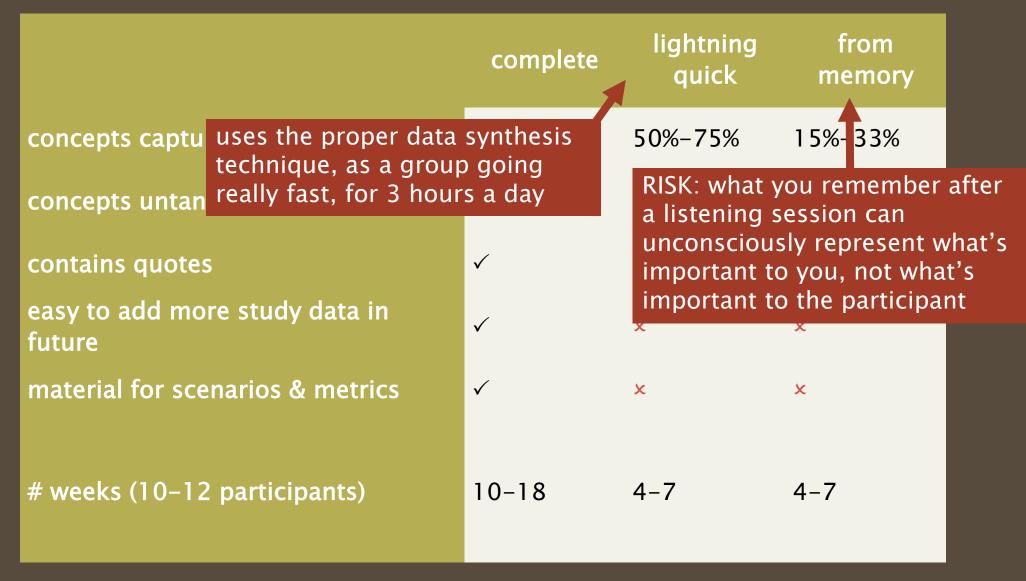
- captures ~15-33% of the concepts
- not perfect about tangled concepts
- not perfect about implied concepts
- single/temporary use—can't add on to it easily without the quotes associated with the summaries
- for ideation & strategy, not metrics

summary

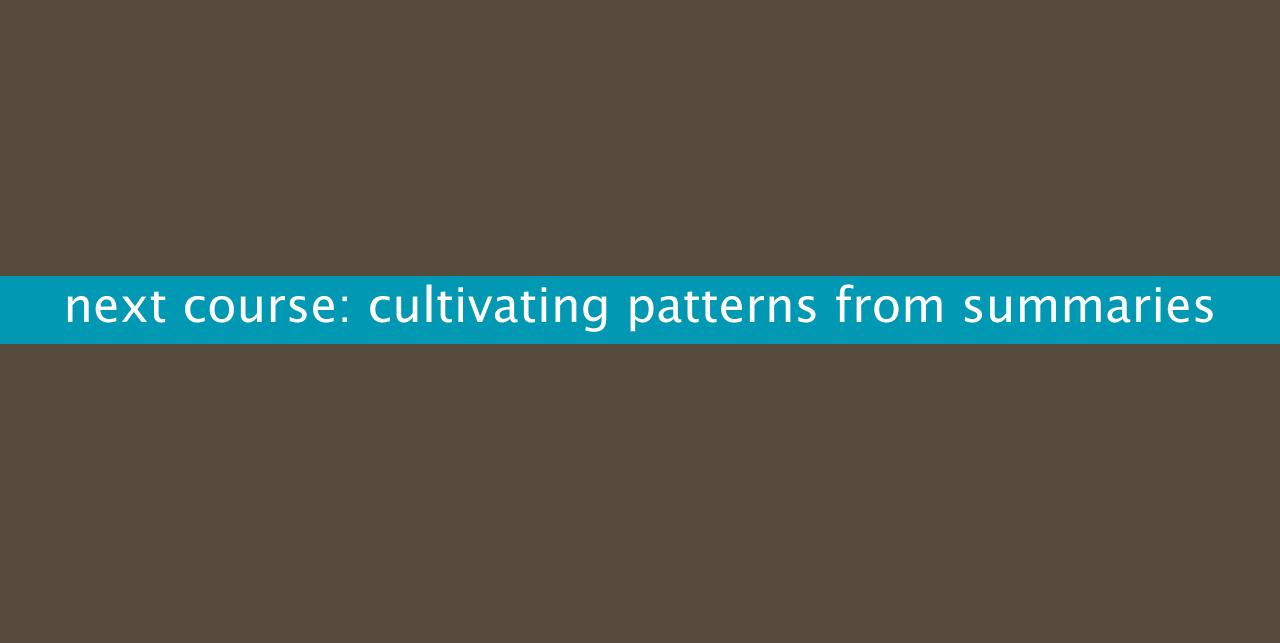
	complete	lightning quick	from memory
concepts captured (novice-expert)	90%-98%	50%-75%	15%-33%
concepts untangled	complete	partial	partial
contains quotes	✓	×	×
easy to add more study data in future	✓	×	×
material for scenarios & metrics	\checkmark	×	×
# weeks (10-12 participants)	10-18	4-7	4-7

based on listening sessions & rich transcripts

summary



based on listening sessions & rich transcripts



		1	Mental Space	Tower	Summary	ID	Quote
+		2	Consider the idea of goi	ng to college			
_		13	Feel determined to be tl	here for (support) my far	nily		
	_	14		Feel determined to do n	ny share and support my family		
		15			Feel determined to support my husband thro	103	And so he came out of the military with PTSD.
		16			Feel determined to push my way through hard	103	I'm pretty strong, so I push my way a lot of tim
		17			Feel blessed by God that I have a very good hi	103	He is very, very, very good. God has really, trul
	_	18		Give my kid a better edu	ucation than I got		
		19			Feel determined to give my kid a better educa	101	I mean and they just, they always seemed to h
		20			Idolize my aunt for giving her kids lots of one	101	My aunt. She home schooled all three of her k
		21			Feel amazed by the ease with which my cousi	101	they just seemed to know everything that Mir
		22			Consider starting a daycare in order to home s	101	I thought about running my own daycare from
	-	23			Believe that my young children come first and	103	As well as with the children and them being so
	_	24		Feel disappointed that I	can't support my family as I intended		
		25			Feel disappointed that I can't take care of mys	101	I've got one kid but I've got two girls that I wer
		26			Feel grateful that my family lets me live here r	101	I lostMy apartment in the divorce, so. God [l
	_	27		Feel motivated to get th	e ball rolling because of my age, health		
		28			Feel motivated to get the ball rolling with sch	103	Well, I finally got all of them in school. So, my
		29			Decide to go back to school because it hit me	107	that was a big, kind of a big year. The year tha
	_	30		Resolve to make my kids	s proud of me		
		31			Yearn for my kids to be proud of me like I am	103	to be able to provide some more income again
		32			Resolve not to be like my mom who never rec	101	It comes from my childhood. When my parent
		33			Feel perterbed that my daughter sounds like of	106	Yeah, when she had me talking aboutMomn
	-	34		Feel determined to keep	o my job and income while going to classes so	l can s	support my family
		35			Make sure I can still provide for myself and m	105	it was like more convenient with me with wor
		36			Look into programs where I can continue to w	106	I can't take time off work to, you know, go to s
		37			Feel serious about being financially responsib	107	I rely on, I rely on my family, ah, and I, I feel lik
	_	38		Budget closely so I know	where I can move money around when I nee	d it	
		39			Justify counting pennies for my budgets becau	107	I plan, I try to plan my financial, my money, m

recap

Indi Young ~



- Threads
- All DMs
- Mentions & reactions
- □ Saved items
- More
- Channels
 - 1-listen-deeply
 - 2-summarize-concepts
 - 3-cultivate-patterns
 - 4-thinking-styles
 - 5-mmd-oppmap-usage
 - 6-frame-your-study
 - chat-and-intros
 - indi-announcements
 - language-culture-differences

#2-summarize-concepts \(\triangle \)

Add a topic









Hi, @Cindy Merrill! Glad to





3 replies Last reply 1 day ago

Saturday, February 6th >



indiyoung 10:18 AM

Hi everyone, and welcome!! I would love to know more about where you're coming from, with respect to qual data analysis. What's your context? Vote for as many emoticons as you like, and add comments in this thread.

- 🧐 My org doesn't trust/do much qual research
- I've been doing qual research for 10+ years
- And I find myself still having to explain its value
- And I've empowered a team/stakeholder or two with qual data insights
- And I'm in need of a better way to explain it
- 🔀 And I'm frustrated by how "random" the affinities/insights feel
- And I'm leading a team
- And I'm good at this!













14 replies Last reply today at 4:57 PM

in this course, what we will learn is how to comb all the concepts out of a transcript, then summarize each concept

- we carefully pick which concepts to summarize: inner-thinking, reaction, or guiding principle
- concepts are the person's inner landscape, not outcomes nor insights (avoid bias)
- the summary is verb-forward & spoken like the participant

why comb all the concepts out of a transcript?

so that we can separate the steps of analysis:

- 1. separate the list of concepts from the rest of the transcript
- 2. understand someone deeply
- 3. find patterns across different people's lists of concepts
- 4. find insights in the patterns (with much less bias)

feedback for Indi:

https://goo.gl/forms/6CvKjFk9VZjuRK5I1



- Archived courses
- Coaching (individual or team)
- **Empathy Among Team Members** (workshop)
- Persuading Stakeholders (medium.com/inclusive-software)



news

The New York Times <nytdirect@nytimes.com>

The Privacy Project: All this dystopia, and for what?



By Charlie Warzel
Opinion writer at large

In the year I've been writing this column, and voraciously reading articles about digital privacy, an unsettling theme has emerged

Then, upon further examination, the claims regarding the technology break down. That groundbreaking piece of technology, it turns out, is deeply flawed. Instead of a perfect panopticon, you have a surveillance-state equivalent of a lemon, or worse yet, total snake oil.

The examples are everywhere. Software intended to scan social media posts of job candidates for background checks sounds like a creepy way to judge candidates — but, as examples show, the software seems unable to recognize and appropriately categorize common human traits like sarcasm or humor, rendering the software mostly useless.

"But while supervised Deep Learning [for algorithms] excels at perceptual tasks, there are two major challenges to the next quantum leap in AI: (1) getting DL systems to learn tasks without requiring large amounts of human-labeled data; (2) getting them to learn to reason and to act."

Yann LeCun, VP & Chief AI Scientist at Facebook, Turing Laureate, 11-July 2019 ACM Tech Talk description

bright applications

- medical image reading
- information filtering & ranking
- assisted + networked driving
- system modeling in physics, astrophysics, biology

emphasis on algorithms, dearth of research on supporting what people are trying to accomplish

dark consequences

- social media hate speech propagation
- video suggestions unwanted by viewer
- facial recognition failure for people not young, light, male, unmasked

tendency to avoid doing the laborious work that actually helps people understand people

"There are AI products that are used to mine through conversations, looking for patterns. For now, this is mainly being applied to Sales with fantastic results.

Listening Sessions: I think it wouldn't take much effort to see if the 8-10 hours of data analysis per 1 hour of conversation could be massively streamlined."

shortcutting the actual goodness of developing empathy

... like having someone else eat your food for you