

# CONCEPTS & SUMMARIES

PART 1: UNDERSTANDING WHAT WAS SAID

Advanced Training Course Class #2

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### concepts & summaries

session 1: building blocks bias-free understanding of people

recognize a concept

introducing summaries

session 2: it's complicated write a clear, concise summary

concepts get repeated

session 3: but not impossible clarify the summary

recasting & traps to avoid

tangled concepts & implied concepts

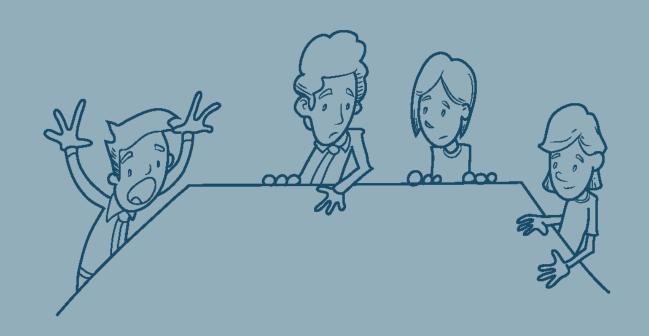
session 4: some logistics merging, splitting, pruning

team work

lightning-quick and from-memory

# warmup exercise

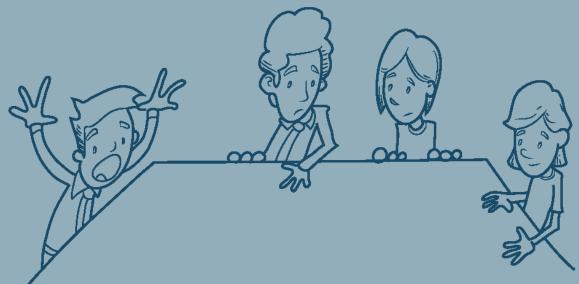
### some of the things we're up against when analyzing research transcripts?



### some of the things we're up against when analyzing research transcripts?

cognitive bias top-down analysis

exhaustion post-interviews the pressure of speed



- 1. insights that stood out
- 2. lens of the solution
- 3. coding the transcript

what does "a person's purpose" refer to?

### what does "a person's purpose" refer to?

purpose: a person's aim, intent, objective, what a person wants to accomplish, achieve, plan, put off, or make progress on

what went through their mind about this purpose?

→ across problem space & solution space

what types of concepts are we looking for?

# typical conversation

#### surface

explanation
opinion
preference
statement of fact
scene setting
generalization
conjecture

### depth

inner thinking emotional reactions guiding principles

cognitive empathy

# listening deeply to understand someone

surface vs depth is the important part

which type of surface or depth is less important

if it's depth, and you label it as inner thinking but it's really a guiding principle, or an emotional reaction, it doesn't matter ... the concept will get put into a pattern with similar concepts no matter what its type

# homework review

# homework for each quote: decide type & list some verbs (1 hour)



- Read the first 1–7 pages of the DDS06 transcript or listen to around 15-20 minutes of the recording.
- 2. On the first 7 pages of the transcript, highlight or underline the inner thinking, emotional reactions & guiding principles.
- Decide the type of the quotes & brainstorm verbs. On the sheet (Excel or Google) there are already 15 quotes.
  - Write in "Type" column what the quote represents: inner thinking, reaction, or guiding principle.
  - Brainstorm 2-5 verbs representing the concept. (If it is an emotional reaction, the verb is usually "feel," so brainstorm some emotions.)
  - NOTE: You are not yet writing summaries.

Optional: There is an exercise on the platform plus other extra material, including a sneak-peek of Indi combing and summarizing one of the transcripts in this study.

bring up your homework sheet, since we will use it later in this class for an exercise

- 1. did you notice how the Speaker was a generalizer?
- all of the quotes were at depth
- only choose one Type for each concept
- you brainstorm verbs for inner thinking & GP's, but you brainstorm emotions for reactions and put the verb "feel" in front
- present tense, not past tense
- putting "ing" at the end of your verb turns it into a noun
- only verbs in Verbs Brainstorming, not notes
- 8. "make sure there's outdoor seating" can be an emerging GP for use during pandemics
- 9. "this hyped restaurant Bad Saint ... two hour wait" can be emotional reaction (curious) or inner thinking (don't quit the line or I'll never see what the hype is about)
- 10. "at least it was enough to fill me up ... Purple Patch" can be emotion or thinking, but it's not "compare." That comparing was done purely for the Speaker to explain it to the Listener. If you put yourself in the Speaker's shoes at that meal at Purple Patch, it's more emotional.

#### in real life

if there is one shining verb (or emotion) already in the quote, then you don't have to do the brainstorming-of-verbs exercise

### news

#### The New York Times <nytdirect@nytimes.com>

The Privacy Project: All this dystopia, and for what?



By Charlie Warzel
Opinion writer at large

In the year I've been writing this column, and voraciously reading articles about digital privacy, an unsettling theme has emerged

Then, upon further examination, the claims regarding the technology break down. That groundbreaking piece of technology, it turns out, is deeply flawed. Instead of a perfect panopticon, you have a surveillance-state equivalent of a lemon, or worse yet, total snake oil.

The examples are everywhere. Software intended to scan social media posts of job candidates for background checks sounds like a creepy way to judge candidates — but, as examples show, the software seems unable to recognize and appropriately categorize common human traits like sarcasm or humor, rendering the software mostly useless.

# it's complicated

# what is a concept?

### concept: a topic going through somebody's mind

- a different subject being considered
- emotional reaction, mild or strong
- a memory flickering through
- a judgment or an opinion (surface)
- an observation that sets off some thinking or an emotion

shared vocab: could use "idea" instead of "concept"

### two separate concepts:

"I was trying to figure out how to explain what a concept was. I was surprised I didn't think of a way to say it in the shower because usually if I'm simmering something, it will pop up in the shower."

figure out how to explain (inner thinking) feel surprised no idea popped up (emotional reaction)

the layers double-check: there are two layers of conversation twining through a transcript:

- 1. the Speaker setting the scene, explaining, opining, etc., to the Listener in the current context of this session/interview, or ...
- 2. the Speaker unfolding their inner landscape about this purpose ... (pinned to a past or present place & time)

both can have surface or depth (#2 is stronger)

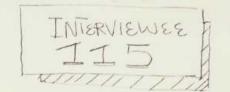
how can you tell #1 or #2? ... put yourself in the Speakers' head:

- 1. are they focused on the Listener? (the context of the listening session/interview)
- 2. are they focused on the purpose?

red flag: "compare," "complain," and "criticize" as summary verbs imply this act of the Speaker explaining something to the Listener during the session

→ unless I'm there (in the Speakers' head) back at that time when I am comparing or criticizing something (to myself or someone who is also there in the moment)

### fun: a context timeline (no concepts)







NOT COMPELING UNLESS AS A "NEW"/
"FIRST TIME EXPERIENCE \_ MORE A
REASON NOT TO GO TO A PERFORMANCE

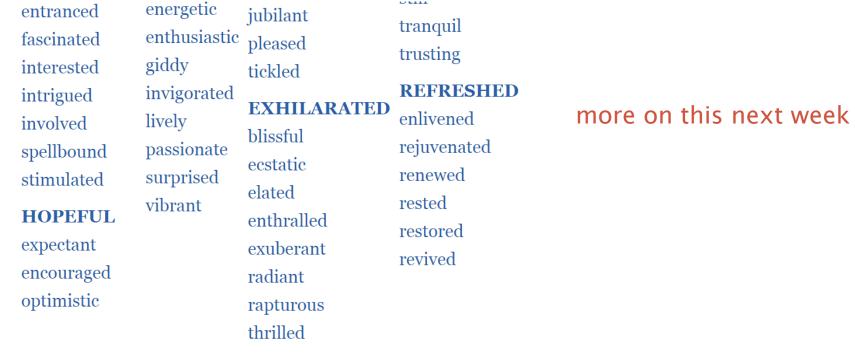


RARE OPPORTUNITIES WHEN BOTH OF US WANT TO GO TO THE SAME CONCERT - WE PLAN AHEAD



ENGAGING; FUIL INCLUSIVE
BODY EXPERIENCE; IMMERSIVE;
SILLY; PERSONABLE; NEW; DIFF;

# more nuance to emotional reactions



#### Feelings when your needs are not satisfied

AFRAID	CONFUSED	<b>EMBARRASSED</b>	TENSE
apprehensive	ambivalent	ashamed	anxious
dread	baffled	chagrined	cranky
foreboding	bewildered	flustered	distressed
frightened	dazed	guilty	distraught
mistrustful	hesitant	mortified	edgy
panicked	lost	self-conscious	fidgety
petrified	mystified	FATIGUE	frazzled
scared	perplexed	beat	irritable
suspicious	puzzled	burnt out	jittery

http://www.cnvc.org/Training/feelings-inventory

at CNVC (Center fro Non-Violent Communication) they distinguish between two types of emotion:

- 1. describing an actual emotion we are having "I feel relieved that it was actually a problem with the city infrastructure, not my fault" "I feel depressed by this weather."
- 2. describing how we think of ourselves "I feel responsible for what happened" (I am responsible) "I feel lazy this morning" (I am lazy)

you are allowed to include both of these types as emotional reactions, because they are difficult to discern

#### there is a third situation:

- 3. describing how we perceive others' behavior "I feel unheard when I'm speaking with my boss" (my boss is not acknowledging my ideas) "I feel ignored by my teenage offspring" (my teenager is ignoring my friendly questions about their day)
- #2 and #3 are not truly emotions ... the Listener might notice this during the session and ask for more depth ... although often we don't know how else to express the actual emotion beneath:
  - "I feel upset that my boss does not acknowledge my ideas" "I feel amused that my needy child can now ignore me"

don't obsess over these; you are allowed to skip, guess the implied emotion (based on the rest of the transcript), or recast as inner thinking

# summaries: add the key point to the verb

## how to write a summary

- 1. start with the verb
- 2. follow the verb with the key point
- 3. hook some memorable phrases to the end
- 4. use a few of their words, if appropriate
- 5. < later >
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# follow the verb with the key point

later when you're looking for affinities between summaries, you get the gist of the concept without having to read the whole summary

you can understand the point quickly

first formula is for inner thinking and guiding principles:

verb + key point

second formula is for emotional reactions: feel emotion + key point

# the key point answers

"what am I <verb>-ing?"

figure out how to explain ("what am I figuring out?")

feel surprised no idea popped up ("what am I feeling surprised about?")

# example

Summary	Quote	Туре	Brainstorming
	I was just about to use the crosswalk, and this pickup whizzed by and blasted up the hill, going about 30-35 miles per hour. Suddenly there was a lot of adrenaline in my system.	emotion al reaction	feel alarmed, scared, surprised, taken aback
	What if he didn't see me?! He could have run over me, or run over my dog! If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me!	inner thinking	realize, reel, exclaim, panic
	Should I run up there and tell him what just happened? Or should I just keep walking and try to ignore it? And this is so not like my normal, non-confrontational self I remember this one quite clearly because there was real internal tension deciding whether I should go up there and tell him, or just keep going and ignore it.	inner thinking	wonder, contemplate, consider, deliberate, try, struggle
	It's a guy working on a house up there I walked two or three more steps, turned, and went up there to tell him what he did He's going to be working up there another 5 months. I should go up there and say something It was my public service.	inner thinking	decide, figure, choose, spread

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Feel alarmed by the pickup that whizzed by me	I was just about to use the crosswalk, and this pickup whizzed by and blasted up the hill, going about 30-35 miles per hour. Suddenly there was a lot of adrenaline in my system.	emotion al reaction	feel alarmed, scared, surprised, taken aback
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Struggle to decide whether I should remain my non-confrontational self	Should I run up there and tell him what just happened? Or should I just keep walking and try to ignore it? And this is so not like my normal, non-confrontational self I remember this one quite clearly because there was real internal tension deciding whether I should go up there and tell him, or just keep going and ignore it.	inner thinking	wonder, contemplate, consider, deliberate, try, struggle
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Decide to give him an in- person public service announcement	It's a guy working on a house up there I walked two or three more steps, turned, and went up there to tell him what he did He's going to be working up there another 5 months. I should go up there and say something It was my public service.	inner thinking	decide, figure, choose, spread

Summary	Quote	Туре	Brainstorming
your turn	"You should be more careful. You almost just ran me over!" My mind kept thinking of things I should tell him. Like, "How would you like to take a dead dog to your kids and tell them what happened?" You think of all sorts of things you could say	inner thinking	make, inform, clarify, draw, emphasize, figure out, de-liberate, teach, list, scold, explain, inform, imagine, agonize

Summary	Quote	Туре	Brainstorming
Figure out how to make him be more careful -or- Scold the driver so he will be more careful	"You should be more careful. You almost just ran me over!" My mind kept thinking of things I should tell him. Like, "How would you like to take a dead dog to your kids and tell them what happened?" You think of all sorts of things you could say	inner thinking	make, inform, clarify, draw, emphasize, figure out, de-liberate, teach, list, scold, explain, inform, imagine, agonize

#### make it like a real sentence!

for grammar fans: subject + verb + clause

"I feel grateful that the tempered glass windshield saved me and my daughter"

#### Exercise: 5 minutes, then discussion

- 1. Go to the homework Google Sheet.
- 2. On your own tab, add a Summary column to the left of the quotes.
- 3. Choose a few rows that you like.
- 4. In the new Summary column, choose one of the verbs you

already came up with during homework #1, and try creating a key point.

verb + key point
feel emotion + key point



(Indi shows the cheat sheet Excel file)

#### add supporting details to summary

#### how to write a summary

- 1. start with the verb
- 2. follow the verb with the key point
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- 5. < later >
- 6. < later >
- 7. < later >

#### hook some memorable phrases to the end

add detail of their context

... so you remember the context

first formula is for reasoning and guiding principles:

verb + key point + supporting detail(s)

second formula is for emotional reactions: feel emotion + key point + supporting detail(s)

## represent the voice of the speaker in the summary

#### include only what makes it memorable

"Feel frustrated when the doctor's office cancels my appointment again, meaning I have to reschedule with both the office and my ride service."

"Rid our house of chemicals, including scented shampoos and deodorants, after realizing those were some of the main causes of my episodes."

#### hook the detail on with these words

about	from
at	since
because	that
by	when
despite	whereas
even though	while

(use any preposition or conjunction)

#### how to write a summary

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- 2. follow the verb with the key point
- 3. hook some memorable phrases to the end
- 4. use a few of their words, if appropriate
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- 7. <later>

#### use a few of their words, if appropriate

the speaker's voice makes it individual, flavorful

... avoid being too generic, general, academic

#### here the speakers' words are underlined:

"Feel <u>frustrated</u> when the doctor's <u>office</u> <u>cancels</u> <u>my appointment</u> <u>again</u>, meaning I have to <u>reschedule</u> with both <u>the office</u> and <u>my ride</u> <u>service</u>."

"Rid our house of <u>chemicals</u>, including <u>scented shampoos and</u> <u>deodorants</u>, after realizing those were <u>some of the main causes of my episodes</u>."

# remember: this is the speaker's voice, not the research analyst's voice

Bleh: Implement instructional strategy

Better: Teach the class the way I planned so I can stay on track

"I was able to pitch a bunch of students that wanted to help out ... really talented students ... in the same mindset as me where they weren't really super hungry for money... I made it clear you're not going to be getting lattes, you're actually going to be essential in building this business and be the manpower behind it... I was able to get roughly 12 people on with me part-time, working basically for free... we did issue stock options because people obviously can't work for nothing... Some people got class credit as well. That was another way where I was able to kind of build out this whole team ... that was really helpful on the budget side."

Bleh: Entice fellow <u>students</u> to join my company by promising them a compelling experience being on the ground floor of a startup

Better: Pitch a bunch of talented students to be the essential manpower building this business, since they will work for stock options and class credit, which is helpful for my budget

#### why use their voice?

so you can develop & apply cognitive empathy, to get more perspectives than your own

Summary	ID	Quote	Туре
Decide never to see another concert in this venue because the vibration is horrible and the bass makes me cough	114	I kind of have decided never to go see another concert in that venue because the sound mix was just horrible and the bass was so loud it made me cough. The vibration was so much that I couldn't bear it. It wasn't really a good experience.	reasoning
Feel amazed to be connected with everybody dancing shoulder to shoulder at the concert, sweating and primal, even though it makes me think of that hated dancing scene in The Matrix Revolution	115	Everybody was shoulder to shoulder and sweating My favorite concert of all time It was utterly amazing engaging all of your senses I don't think that concert would have been quite as primal if there had been air conditioning I know the movie was awful, but I think it was the third Matrix, when everybody is dancing and everybody hated that scene. I saw that and like that was the concert. It was like living life at the moment. It was like nothing else. That is my favorite show of all time	reaction

### concepts get repeated

#### collecting

a concept may get repeated on different pages of the transcript

find all of the quotes (or enough of them) to put in the concept



one quote can only support one concept

make sure each quote from the transcript only appears once in the list

(more on this in the class #3 about untangling concepts)

#### as you comb concepts:

try to stay aware of what you've already combed into the list, and add to existing quotes

#### as you comb concepts:

try to comb one transcript within one working period

try to stay aware of what you've already combed into the list, and add to existing quotes

#### as you comb concepts:

try to comb one transcript within one working period

try to stay aware of what you've already combed into the list, and add to existing quotes

you won't remember all of them, so if a concept appears twice in the list, that's okay; it will get combined in synthesis (cultivating patterns)

Summary	Quote	Туре	Brainstorming
Struggle to decide whether I should remain my non-confrontational self or go up there and tell him that he almost ran me over	Should I run up there and tell him what just happened? Or should I just keep walking and try to ignore it? And this is so not like my normal, non-confrontational self I remember this one quite clearly because there was real internal tension deciding whether I should go up there and tell him, or just keep going and ignore it.	inner thinking	wonder, contemplate, consider, deliberate, try, struggle
Struggle to decide whether I	Should I run up there and tell him what just	inner	wonder,
should remain my non- confrontational self or go up there and tell him that he almost ran me over	happened? Or should I just keep walking and try to ignore it? And this is so not like my normal, non-confrontational self.	thinking	contemplate, consider, deliberate, try, struggle
Feel tension deciding whether I should go up there and confront him or keep going and ignore that he almost ran me over	I remember this one quite clearly because there was real internal tension deciding whether I should go up there and tell him, or just keep going and ignore it.	emotion al reaction	feel tension

Summary	Quote	Туре	Brainstorming
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Struggle to decide whether I should remain my non-confrontational self or go up there and tell him that he almost ran me over  Feel tension deciding	happene to ignore normal, will get grouped together; faces of the same concept	; they'r t, so w	re two e will
whether I should go up there and confront him or keep going and ignore that he almost ran me over	was real merge them (either now o should go up there and ten him, or just keep going and ignore it.	r later)	

Summary	Quote	Туре	Brainstorming
Realize how close he came to hitting me in the crosswalk if I had been 5 steps ahead of myself	What if he didn't see me?! He could have run over me, or run over my dog! If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me!	inner thinking	realize, reel, exclaim, panic
Realize how close he came to hitting me or my dog in the crosswalk	What if he didn't see me?! He could have run over me, or run over my dog!	inner thinking	realize, reel, exclaim, panic
Realize if I had been 5 steps ahead of myself he would have hit me	If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me!	inner thinking	realize, panic, muse, postulate

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Realize how close he came to hitting me or my dog in the crosswalk  Realize if I had been 5 steps ahead of myself he would have hit me	What if hover me, in Part 2, cultivating patterns, these two will get grouped together; they're two faces of the same concept, so we will steps ah merge them (either now or later)		

### example

study: what went through your mind during a near-miss accident?

*Speaker*: So near our house, the main street takes a left turn, but there's a little street that continues straight, which goes up this hill where there are more houses. There's crosswalk there. I was walking the dog. I was just about to use the crosswalk, and this pickup whizzed by and blasted up the hill, going about 30-35 miles per hour. Suddenly there was a lot of adrenaline in my system. It's a guy working on a house up there. What if he didn't see me?! He could have run over me, or run over my dog! Should I run up there and tell him what just happened? Or should I just keep walking and try to ignore it? I walked two or three more steps, turned, and went up there to tell him what he did. And this is so not like my normal, non-confrontational self. "Is this your truck?" I asked. "Yeah," he said. "You should be more careful. You almost just ran me over!" He did say he was sorry. My mind kept thinking of things I should tell him. Like, "How would you like to take a dead dog to your kids and tell them what happened?" You think of all sorts of things you could say, because of the adrenaline. He just wasn't paying attention. I remember this one quite clearly because there was real internal tension deciding whether I should go up there and tell him, or just keep going and ignore it. If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me! He's going to be working up there another 5 months. I should go up there and say something. He's a young guy, 25. They don't know better. He was probably listening to music or something. It was my public service.

*Speaker*: Yeah. I did hesitate just a second, wondering what kind of a guy was I going to run into. You never know. There are people dying from altercations on the sidewalk. Someone hits their head on the concrete, and they're done for. It doesn't take much.

*Listener*: Totally! It's scary how some people react.

*Speaker*: He came that close! He should know what kind of horrible thing could have happened. We're teaching my daughter to drive now, and it's so important to pay attention, not get distracted, when you're driving. They're doing a good job with the PSA's -the Public Service Announcements—about not texting or reading texts when you're driving. They're showing clips of the family of the victim. It's called "It Can Wait." I saw these clips on the website for a phone app, but also on AT&T and other websites. They're shot like PSA's, little 30 second clips. You hear their stories and you're pretty much in tears by the end of the first one. They have managed to get some drivers who have killed someone on camera. They say, "The guilt lasts forever."

Listener: Seriously. I'll have to check out those clips, although it will be hard to watch them.

Speaker: Yeah. I did hesitate just a second, wondering what kind of a guy was I going to run into.

You never know. There are people dying from altercations on the sidewalk. Someone hits their head on the concrete, and they're done for. It doesn't take much.

here in yellow the speaker explains their *inner* thinking about whether the truck driver will start an altercation, and how dangerous that could be (a roundabout way of saying it)

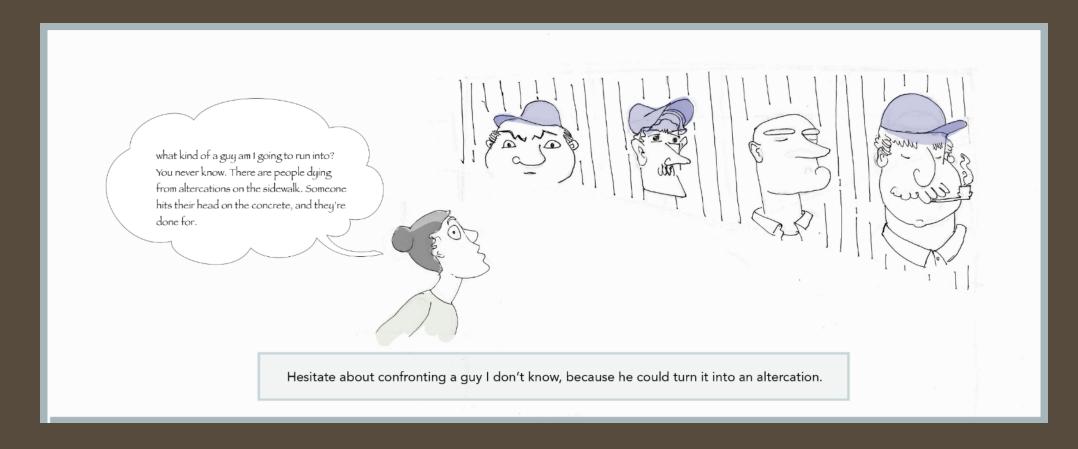
ned. ot ublic

e

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Listener: Seriously. I'll have to check out those clips, although it will be hard to watch them.

Summary	Quote	Type	Brainstorming
	I did hesitate just a second, wondering what kind of a guy was I going to run into. You never know. There are people dying from altercations on the sidewalk. Someone hits their head on the concrete, and they're done for.		hesitate, reconsider, consider, wonder



Speaker: Yeah. I did hesitate just a second, wondering what kind of a guy was I going to run into. You never know. There are people dying from altercations on the sidewalk. Someone hits their head on the concrete, and they're done for. It doesn't take much.

*Listener*: Totally! It's scary how some people react.

Speaker: He came that close! He should know what kind of horrible thing could have happened. We're teaching my daughter to drive now, and it's so important to pay attention, not get distracted, when you're driving. They're doing a good job with the PSA's —the Public Service Announcements—about not texting or reading texts when you're driving. They're showing clips of the family of the victim. It's called "It Can Wait." I saw these

here, rapid-fire, are three different concepts that betray the hectic thinking that went on directly after this near-miss accident ... the pink & purple are repeated from earlier; the 3<sup>rd</sup> green concept is a new *guiding principle* (this is a tangled concept; more on tangled in class #3)

Summary	Quote		Туре	Brainstorming
Feel alarmed by the pickup that whizzed by me at 35 mph when I was at the crosswalk	I was just about to use the crosswalk, and this pickup whizzed by and blasted up the hill, going about 30-35 miles per hour. Suddenly there was lot of adrenaline in my system.		emotion al reaction	feel alarmed, scared, surprised, taken aback
Realize how close he came to hitting me in the crosswalk if I had been 5 steps ahead of myself	What if he didn't see me?! He could have run over me, or run over my dog! If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me! He came that close!	he	inner thinking	realize, reel, exclaim, panic
Struggle to decide whether I should remain my non-confrontational self or go up there and tell him that he almost ran me over	What if he didn't see me?! If I had turned into the crosswalk immediately instead of going to the actual corner, or been 5 steps ahead of myself, he would have hit me! He came that close!	, l, e nd	inner thinking	wonder, contemplate, consider, deliberate, try, struggle
Decide to give him an in- person public service announcement about paying more attention while driving	Realize how close he came to hitting me in the crosswalk, if I had been 5 steps ahead of myself	ed e	inner thinking	decide, figure, choose, spread

Summary	Quote	Туре	Brainstorming
Figure out how to make him be more careful like telling him about having to show my kids the dead dog he ran over  -or- Scold the driver so he will be more careful by telling him the horrible things that could have happened	"You should be more careful. You almost just ran me over!" My mind kept thinking of things I should tell him. Like, "How would you like to take a dead dog to your kids and tell them what happened?" You think of all sorts of things you could say He should know what kind of horrible thing could have happened.	inner thinking	make, inform, clarify, draw, emphasize, figure out, deliberate, teach, list, scold, explain, inform, agonize
Hesitate about confronting a guy I don't know becaus he could turn it into an altercation  Believe it's important for drivers to pay attention, not get distracted by texting while driving	My mind kept thinking of things I should tell him.  Like, "How would you like to take a dead dog to your kids and tell them what happened?" He should know what kind of horrible thing could have happened.  Figure out how to make sure he knows the horrible things that could have happened, like having to show my kids the dead dog he ran over.	linner king ling ciple	hesitate, reconsider, consider, wonder  believe, rely, teach, follow
			CREATED BY: INDI YOUNG 80

Summary	Quote	Туре	Brainstorming
Figure out how to make him be more careful like telling him about having to show my kids the dead dog he ran over  -or- Scold the driver so he will be more careful by telling him the horrible things that could have happened	"You should be more careful. You almost just ran me over!" My mind kept thinking of things I should tell him. Like, "How would you like to take a dead dog to your kids and tell them what  Ou  We're teaching my daughter to drive now, and it's so important to pay attention, not get distracted, when you're driving not texting or reading texts when you're driving.	inner thinking	make, inform, clarify, draw, emphasize, figure out, deliberate, teach, list, scold, explain, inform, agonize
Hesitate about confronting a guy I don't know because he could turn it into an altercation	Believe it's important for drivers to pay attention, not get distracted by texting while driving.  kind now. the	inner thinking	hesitate, reconsider, consider, wonder
Believe it's important for drivers to pay attention, not get distracted, like texting while driving	He just wasn't paying attention He's a young guy, 25 He was probably listening to music or something We're teaching my daughter to drive now, and it's so important to pay attention, not get distracted, when you're driving not texting or reading texts when you're driving.	guiding principle	believe, rely, teach, follow
			CREATED BY: INDI YOUNG 81

Speaker: Yeah. I did hesitate just a second, wondering what kind of a guy was I going to run into.

You never know. There are people dying from altercations on the sidewalk. Someone hits their head on the concrete, and they're done for. It doesn't take much.

*Listener*: Totally! It's scary how some people react.

Speaker: He came that close! He should know what kind of horrible thing could have happened. We're teaching my daughter to drive now, and it's so important to pay attention, not get distracted, when you're driving. They're doing a good job with the PSA's —the Public Service Announcements—about not texting or reading texts when you're driving. They're showing clips of the family of the victim. It's called "It Can Wait." I saw these clips on the website for a phone app, but also on AT&T and other websites. They're shot like PSA's, little 30 second clips. You hear their stories and you're pretty much in tears by the end of the first one. They have managed to get some drivers who have killed someone on camera. They say, "The guilt lasts forever."

here in blue is an explain-y way of portraying the speaker's *emotional reaction* to the PSA's they've seen; I prune out the parts that aren't key to the concept (more on pruning in class #4)

#### Type Brainstorming Quote Summary Appreciate the power of They're doing a good job with the PSA's -the feel impressed, reaction Public Service Announcements ... They're the anti-texting PSA (or inner appreciative, showing clips of the family of the victim. It's messages about drivers thinking, appreciate, who have killed someone called "It Can Wait." ... You hear their stories and recognize but you're pretty much in tears by the end of the first that's -orone. They have managed to get some drivers Recognize how compelling weaker) who have killed someone on camera. They say, the anti-texting PSA messages are, about "The guilt lasts forever." drivers who have killed someone Those PSAs ... You hear their stories and you're pretty much in tears by the end. They have managed to get on camera some drivers who have killed someone.

Appreciate the power of the anti-texting PSA messages about drivers who have killed someone

# homework

## homework logistics - Live class participants

Live: We will share a Google combing sheet with you, either Group A or Group B.

- Duplicate the Source data to a new tab in that sheet.
- Put your name on the tab plus one of the following indicators:
- "wip Pat" if you are not finished yet (Work in Progress)
- "r Pat" if you are ready for review
- "\* Pat" appears when the reviewer has commented on it
- "? Pat" if you have questions about the reviewer comments

On the platform: Please either download the transcript or recording. There are also lots of other nifty materials up there, plus an exercise to test your surface-versus-depth skills.

## homework logistics - Live class participants

Group A homework due (for review) 21–Feb pm
Group B homework due (for review) 25–Feb noon
or earlier (yes!)

if you don't finish the homework by the next class, Indi will not review it (if you are aiming for the six-course certification, homework is required)

(too difficult to review homework retroactively)

## homework logistics - Follow-along participants

Follow-along: You will do your homework using an Excel spreadsheet (assuming you can open it). There will be no homework review by Indi, but there is a cheat sheet you can use to check your work.

On the platform: Please download the transcript or recording, the spreadsheet, and the cheat sheet. There are also lots of other nifty materials up there, plus an exercise to test your surface-versus-depth skills.

#### homework

#### Purpose:

What went through your mind when you were deciding whether to go to a restaurant during this pandemic?

Study: Andrew Herndon (participant in these courses)

Listener: Jess Wainer (whose listener got flustered and forgot her restaurant experiences, so Jess helped her back to a familiar subject until she got her feet under her again)

# homework for each quote: decide type & list some verbs (1 hour)



- 1. Read the first 1-4 pages of the DDS15 transcript or listen to around 10 minutes of the recording.
- 2. On the first 5 pages of the transcript, highlight or underline the inner thinking, emotional reactions & guiding principles.
- 3. Decide the type of the quotes, brainstorm verbs, and write a summary. On the sheet there are already 15 quotes.
  - a) Write in "Type" column what the quote represents: inner thinking, reaction, or guiding principle.
  - b) Brainstorm 2–5 verbs representing the concept. (If it is an emotional reaction, the verb is usually "feel," so brainstorm some emotions.)
  - c) Pick a verb and write your key topic. (follow the formula)
  - d) Add some supporting detail. (think about comic panels).

Optional: There is an exercise on the platform plus another example transcript, with highlighted concepts without the comments. Take a look at material from last week you skipped.

Photo: Byronv2 Flickr woolamaloo\_gazette/50164280677

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- Archived courses
- Coaching (individual or team)
- **Empathy Among Team Members** (workshop)
- Persuading Stakeholders (medium.com/inclusive-software)

