

# THINKING STYLES

Advanced Training Course Class #2 @indiyoung

# thinking styles

session 1: why thinking styles

session 2: finding affinities

the problem with personas awareness of unconscious bias necessary data characteristics participant sketches & nicknames

establish the focus the thinking styles working session

session 3: making thinking styles

session 4: using thinking styles

describing & labeling segments time & place for demographics

check your work; compare & matrix using segments & measuring value making segments from existing data

## warmup exercise

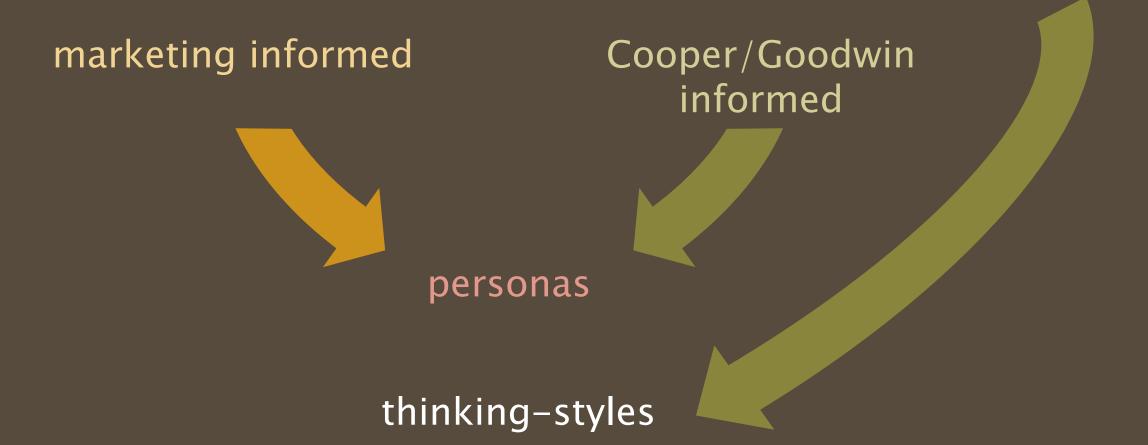
# what is the heritage of personas vs. thinking-styles?



## thinking-styles

# what is the heritage of personas vs. thinking-styles?

problem-space research informed



## what is the problem with these personas?



#### "Living life is a creative process too"

- Has enough money but not much more
- Works hard during the day but on her own hours
- Walking is her main way to travel, day or night

#### Personal Information

#### Age: 25

Location: Pittsburgh, PA

Education: BA Graphic Design NC State Unviersity, Profession: Freelance Graphic Designer, Part-Time Student

Home life: Lives with a roommate (Eva 25), Hobbies: Playing guitar and xylophone, reading, drawing, sewing, watching movies, sleeping Favorite TV shows: Doesn't watch much TV Personality: Easygoing, outgoing, try new things

#### **User Goals**

Christina uses this information system to ...

- Give her reasons to go out walking at night
- To be active and aware of her surroundings at night
- To find the safest places to go at night
- Make walking and being out at night more social with her friends

#### **Maria** Nantes



#### Newspaper Editor

- "I want to stay healthy both mentally and physically always"
- Health Conscious
- Use basic technology for day to day activities
- Enjoy Social groups

#### Personal Information

Age: 31 Location: Ann Arbor, MI

Education: Master's in English from U of Michigan Profession: Newspaper Editor Home life: Married, no children Hobbies: Walking, making friends, Yoga Favorite TV shows: Desperate Housewives Personality: Outgoing, Passionate, Social, Cheerful, Sophisticated

#### **User Goals**

Maria uses this information system to ...

- Connect and coordinate with friends
- Find safe walking routes at night
- Get a sense of safety by getting more info
- Find out about social events taking place at night, which might be of potential interest
- Wants to get emotional and mental relaxation by walking



# 6

### "I know what I'm doing, I'm willing to try everything new."

- is willing to spend money on that
- Likes to chat with others online
- Knows that health is very important & work out

#### **Personal Information**

#### Age: 37 Location: San Fransisco, CA Profession: Cellphone Interface Developing Education: Master's Home life: Single Hobbies: Surfing online to look for new electronic products, working out at gym Favorite TV shows: Friends, Heros Personality: knowledgeable in popular stuffs, talkative, keeping things on schedule

#### User Goals

- James uses this information system to ...
- Stay ahead of latest trends on mobile devices
- Take more time to walk as the substitute for exercise
- Meet new friends through this application
- Feel free to walk at night
- Discuss the new interaction
- Try to figure out a method for socializing and also provide a feeling of security

# what types of concepts belong to the surface vs. depth of what a person says?

7

from the course Listening Deeply

cannot develop cognitive empathy up here

# typical conversation

## surface

explanation opinion preference statement of fact scene setting generalization conjecture

## social goals

banter to ease tension make them understand me make them feel better impress them make them laugh, jokes giving direction warning advising persuading moralizing judging agreeing shaming analyzing probing reassuring distracting

responding

## intentions

connect with the other person fix it for the other person disagree/debate plan an exit strategy space out question, probe

## depth

inner thinking emotional reactions guiding principles

cognitive empathy

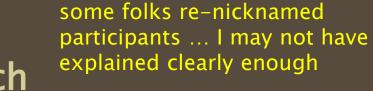
# listening deeply to understand someone

## homework review

|     |  | Group A Reviewer                     | Group B Reviewer                     | Extra Reviewer                       | Extra Reviewer                       |
|-----|--|--------------------------------------|--------------------------------------|--------------------------------------|--------------------------------------|
| ID  | Transcript Name                        | <put here?="" name="" your=""></put> |
| 701 | Give My Family the Good Seats          | Natalia Harzu                        |                                      |                                      |                                      |
| 702 | Make It Stress Free                    | Bertus Kock                          |                                      |                                      |                                      |
| 703 | Independence as a Flyer                | Alex Jacoby                          | Zulaikha                             |                                      |                                      |
| 704 | Nirvana Metal Cocoon                   | Karen Jorge                          | Aria Jones                           |                                      |                                      |
| 705 | Watching Everything Get Smaller        | Augusto Bianchi                      | Taher                                |                                      |                                      |
| 706 | Everything Is a Potential Adventure    |                                      | Rodi Kirk                            |                                      |                                      |
| 707 | Scared of Flying But Love to Travel    | Oliver Shreeve                       | Indira Force                         |                                      |                                      |
| 708 | Reader of Books and Magazines          | Marina Goplacheva                    | Cheri Lockett Zubak                  |                                      |                                      |
| 709 | Flying Was Less Stressful in the 80's  | Letícia Gonçalves                    | Alicia Holdsworth                    |                                      |                                      |
| 710 | <missing></missing>                    |                                      |                                      |                                      |                                      |
| 711 | Pre-Check Loose-Group Organizer        | Tomás Ottolenghi                     |                                      |                                      |                                      |
| 712 | Youth Group Wrangler                   |                                      | Chizo Nwagwu                         |                                      |                                      |
| 713 | Bring The Whole Gang Along             |                                      | Sean Gaji                            |                                      |                                      |
| 714 | Don't Bring Drama Into It              | Yannis Masouras                      | Cynthia                              |                                      |                                      |
| 715 | Nervous Flyer Trying to Cope           | Nicole Rhodes                        | Pavel Budnik                         |                                      |                                      |
| 716 | Always Running Late to the Airport     | Svetlana Ratner                      |                                      |                                      |                                      |
| 717 | I'm With The Band                      | Ras Sesay                            | Aria Jones                           |                                      |                                      |
| 718 | <missing></missing>                    |                                      |                                      |                                      |                                      |
| 719 | Get Home Quickly Using My Status       | Juliette Seive                       |                                      |                                      |                                      |
| 720 | I'll Tell You When Something Is Wrong  | Ana González                         |                                      |                                      |                                      |
| 721 | My Daughter Is a 6-Yr-Old Silver Elite | Marina Goplacheva                    | Steve Grieshaber                     | Natalia Harzu                        |                                      |
| 722 | Indi Goes to Beijing                   |                                      | Cecilia G                            |                                      |                                      |

where is my focus of attention as I put myself out there in the airport and on the plane on the day of travel?

# homework write the participant sketch





- 1. There is a folder of transcripts shared on Google drive.
- 2. On the Sign-Up Sheet, put your name next one or two transcripts. (Let's try to cover all the transcripts between us.)
- 3. Read a transcript, which will take around 30 minutes.
- On the 202105 Homework 1 Sheet, scribble down only ~10 strong guiding principles & inner thinking for this person. You can recast as emotional reaction if helpful. Spend 15-20 minutes writing these concepts. (during or after reading)
- 5. (Write the concepts as either lists or paragraphs. You do not need to do both. You can play with the two formats to see what's comfortable.)
- 6. The idea is to represent the whole of this person with regard to the purpose of "day of air travel," with special focus on which concepts represent them strongly.

# finding affinities

### steps for creating thinking styles

|        | steps for creating thinking styles   |   |   |                                |  |  |  |  |  |  |  |  |
|--------|--|---|---|--------------------------------|--|--|--|--|--|--|--|--|
| 1. ren | nember each person   | 3. th   | e TS working session  | 4. describe & label each group |  |  |  |  |  |  |  |  |
|        | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | as a te<br><sup>®</sup> 8 8<br>8 8  | am, between 4–10 hours<br>move participants with<br>guiding principles in<br>common into groups |                                | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |  |  |  |  |  |  |
| 2. est | ablish the focus   | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>guiding principles</li> </ul> |   | 5. consider demographics       |  |  |  |  |  |  |  |  |
|        | list what is "in" or<br>"off–limits" based on<br>your org's focus or                     | @ <sup>®</sup><br>  | guiding principles<br>highlight people by<br>strength of match to                               | <u> </u>                       | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |  |  |  |  |  |  |
|        | priority ( or not!)  |   | the annotation  | 6. 0                           | check your work  |  |  |  |  |  |  |  |
| ~      | pare back sketches<br>to what is pertinent<br>for each person                            |   | clear your mind   | •                              | check your descriptions with real people; maybe start over   |  |  |  |  |  |  |  |
| •••    | separate out distinct  |   | ate to see if you can<br>ke each participant  | $\rightarrow$                  | compare to past segmentation   |  |  |  |  |  |  |  |

• • Ğð separate out distinct **CONTEXTS** (if needed)

Make each participant belong to a unique group

work

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### steps for creating thinking styles

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| 20     | pare back sketches<br>to what is pertinent<br>for each person                            | ito              | clear your mind<br>rate to see if you can   | Ģ                              | check your descriptions with real people; maybe start over   |  |  |  |  |
| Ġð     | separate out distinct<br>contexts (if needed)  | ma               | lke each participant<br>long to a unique group  | Х                              | compare to past segmentation<br>work   |  |  |  |  |

(1–2 hours of work)before the working session:

ask the team to review their study participants to thoroughly understand & differentiate each individual

... to be able to bring each individual to mind during the working session

without relying on the sketches!

### steps for creating thinking styles

|        |  |   | <i>y</i>  |                          |  |  |  |  |  |
|--------|--|---|---|--------------------------|--|--|--|--|--|
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|        | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | as a te<br><sup>8</sup> 88<br>8   | move participants with guiding principles in common into groups   |                          | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |  |  |  |
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## if there are more than 8 participants:

it's hard to keep each participant in your mind, so assign a subset of participants to each team member where you aim for overlap (each participant represented by at least two team members)

otherwise if less than 8 participants:

each team member reviews each participant

## establish the focus

### steps for creating thinking styles

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|--|--|---|--|--|--|--|--|--|--|--|--|--|
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| separate out distinct  | iterate to see if you can<br>make each participant   | $\rightarrow$ compare to past segmentation  |  |  |  |  |  |  |  |  |  |  |

belong to a unique group

 $\rightarrow$  work

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separate out distinct **CONTEXTS** (if needed)

there may be too many ways people can be grouped!

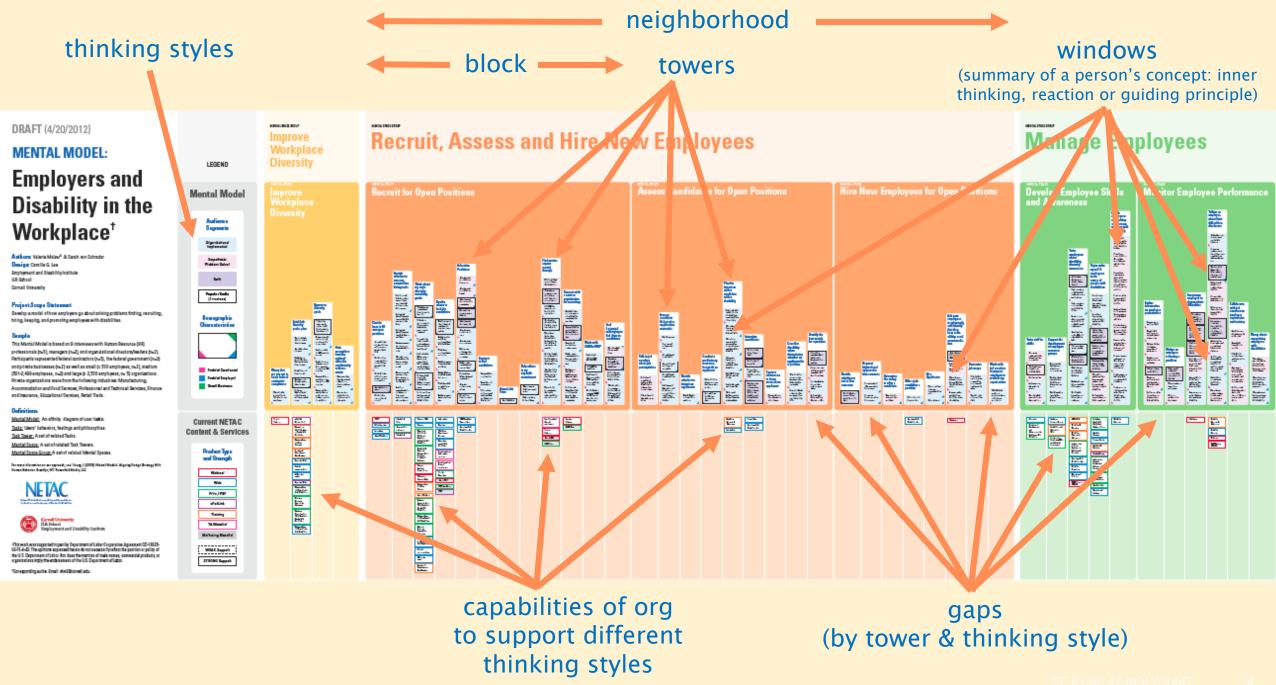
is there something you can use to limit your thinking ... to keep from wasting time in the working session?

set your "off-limits"

for example ...

| Ε ΙΝ Τ                      | IN THE PACK   |  |  |  |  | ACT IN ACCORD WITH THE ALPHA  |  |   |   |   |   |  |  |   |
|-----------------------------|---|--|--|--|--|---|--|---|---|---|---|--|--|---|
| with<br>                    | Share greetings with others   |  |  |  | Please my perso  | on  |  | Follow my perso   | n's directions / ir   | nstructions   |   | Do<br>something<br>wonderful<br>even though<br>I know I'm<br>not<br>supposed to  | Maintain my pla  | ce in the hier  |
| rfa<br>ellyrub<br>Max<br>se | Say hi to<br>dog and<br>cat friends<br>Say hi to the kity<br>because I see her<br>Say hi to my friend<br>Pixie her scent<br>her bark across<br>the street woof<br>woof<br>Say hello to my<br>friends at the park<br>Say hi to friends I<br>LOVE this place!<br>Greet all animals<br>with a friendly<br>attitude<br>Wonder what's his<br>problem about the<br>unfriendly dog I<br>meet | Greet my people,<br>strangers         Wag my good<br>moming to Sir<br>when he walks<br>past my bed         Feel pleased to<br>say hi to Mom!<br>Elder Sister<br>Younger Sister         Say hi to people<br>as they get up         Put my stick down<br>for a bit to say hi<br>to little people at<br>the bus stop         Express my<br>friendliness with a<br>quick kiss to any<br>face close enough         Check if anyone<br>makes eye<br>contact and smiles<br>so that I can run<br>up and say hi         Express my<br>enthusiasm at<br>greeting by<br>wagging my<br>stumpy tail         Feel confused<br>why little person is<br>not happy when I | Feel pleased<br>when strangers<br>Ive greeted<br>admire me back<br>Jump up so you<br>can hug me<br>Say hi to Sister<br>now that she's<br>back from yellow<br>machine i totally<br>missed her now<br>that I see her | Say<br>goodbye         Go outside with<br>her to say<br>goodbye to the<br>visitors who are<br>leaving         Hurry to send off<br>Sir side to leather<br>dress-shoed feet<br>have a great day!         Feel excited for<br>the Sisters as they<br>touch to doorknob<br>to go to school,<br>bye!         Say bye to<br>everyone as they<br>leave on the big<br>squeaky yellow<br>machine         Feel reassured by<br>a cuddle from<br>Sister before she<br>leaves         Feel reassured by<br>a cuddle from<br>sister before she<br>leaves         Feel disappointed<br>little brother never<br>remembers to give<br>me a cuddle | Make the<br>person<br>happy<br>again<br>Lay down so that<br>the little person<br>who doesn't want<br>me to say hi will<br>look happy again | Entertain<br>the<br>humans<br>with smiles<br>Entertain the<br>humans with<br>smiles as I play<br>with the elder dog<br>of our house | Feel bad<br>about<br>upsetting<br>people<br>Avoid upsetting<br>people<br>Feel bad that I<br>upset my person<br>she was calling<br>me, crying | Sense<br>what I<br>should do<br>from my<br>person's<br>behavior<br>Scamper back<br>inside because I<br>notice her in the<br>doorway<br>Decide I have to<br>settle down so<br>that Mom can take<br>off my leash to<br>play | Feel<br>disappointed<br>when I<br>can't<br>understand<br>what my<br>person<br>wants<br>Wonder why the<br>people are<br>bugging me to go<br>out alks loudly at me<br>maybe if I tilt my<br>head or move<br>over here there<br>she stopped<br>Wonder why Mom<br>is talking loudly<br>again doesn't she<br>like the game<br>what happens if I<br>stop laying | Follow<br>food bowl<br>procedure<br>Wait to be called<br>to my bowl to eat<br>because last time<br>I got a tickle<br>behind the ear<br>and an extra<br>biscuit!<br>Show my thanks<br>with helio to him<br>who put down<br>bowls | Feel<br>disgruntled<br>about<br>being<br>made to<br>do<br>something<br>Feel disgruntled at<br>being made to go<br>outside<br>Feel obliged to sit<br>in bike trailer okay<br>fillime | Do<br>something<br>wonderful<br>even<br>though I<br>know I'm<br>not<br>supposed<br>to<br>Alleviate my<br>boredom by eating<br>from trash cans in<br>the apartment<br>because I don't<br>get long walks<br>when it's hot out<br>Try to get the food<br>bowl off the<br>counter I can<br>almost make it<br>Turm my head so I<br>can't see Mom,<br>and she won't see<br>me, which means<br>in this case I can<br>eat the small furny<br>one's food without<br>Mom pointing a<br>finger<br>Prolong the walk<br>by forcing Mom to<br>play tug the leash<br>she eventually<br>gives in | Show my<br>submissiveness<br>Show my respect<br>for the eldest dog<br>in the pack,<br>Moomin, by<br>waiting for her to<br>jump up on the<br>bed first<br>Choreograph my<br>submissiveness<br>as I play with the<br>elder dog of our<br>house | Act on my<br>social<br>status<br>Maneuver to be<br>first in line for<br>affection<br>Run to be first<br>line at the doo<br>when Jane get<br>the leashes ou<br>Gain social sta<br>in the pack of<br>dogs and hum<br>by being friend<br>Feel annoyed<br>the other dog i<br>hey watch out<br>other dog<br>Worry that the<br>dog who has<br>moved in next<br>dogr will be a<br>biscuit theif or<br>steal affection<br>from my huma<br>Pixie's human |

| : IN <sup>-</sup>                   | THE PACK   |  |  | ACT IN ACCORD WITH THE ALPHA                          |  |   |  |   |   |   |  |  |                     |
|-------------------------------------|--|--|--|---|--|---|--|---|---|---|--|--|---------------------|
| with<br>                            | Share greetings w  | vith others  |  | Please my p   |  | c o u u u   |  | on's directions / ir  |   | ~ b   | Do<br>something<br>wonderful<br>even though<br>I know I'm<br>not<br>supposed to  | Maintain my plac   | ce in the hier      |
|                                     |  | Greet my people,<br>strangers<br>Wag my good<br>moming to Sir<br>when he walks<br>past my bed<br>Feel pleased to<br>say hit to Mom!<br>Elder Sister<br>Middle Sister<br>Younger Sister   | Say<br>goodbye<br>Go outside with<br>her to say<br>goodbye to the<br>visitors who are<br>leaving<br>Hurry to send off<br>Sis rights to leather | Ŋ   | ourpo<br>/our n<br>/ery m  | nind y  | vester   | day,  |   |   | Do<br>something<br>wonderful<br>even<br>though I<br>know I'm<br>not<br>supposed<br>to  |  | Act on my<br>social |
| r a<br>elly rub<br>Max<br>p's<br>ve | Say hi to<br>dog and<br>cat friends<br>Say hi to the kitty<br>because I see her<br>Say hi to my friend<br>her bark across<br>ther bark across<br>the street woof<br>woof<br>Say hello to my<br>friends at the park<br>Say hi to friends I<br>LOVE this place!<br>Greet all animals<br>with a friendly<br>attilude<br>Wonder what's his<br>problem about the<br>unfiendly dog I<br>meet | Say hi to people<br>as they get up<br>Put my stick down<br>for a bit to say hi<br>to little people at<br>the bus stop<br>Feel peased<br>f<br>Say hi to go to school,<br>byel<br>Say hi to go to school,<br>byel<br>Say bye to<br>everyone as they<br>leave on the big<br>squeaky yellow<br>machine<br>Check if anyone<br>makes eye<br>contact and smiles<br>so that I can run<br>up and say hi<br>ts l<br>sel<br>Bais<br>Seel<br>Say by to Check if anyone<br>makes eye<br>contact and smiles<br>so that I can run<br>up and say hi<br>ts l<br>sel<br>Say hi to Sister<br>now that she's<br>back from yelow<br>machine to<br>the Sister before she<br>leaves<br>Say hi to Sister<br>now that she's<br>back from yelow<br>machine to<br>the Sister before she<br>leaves<br>Say hi to Sister<br>now that she's<br>back from yelow<br>machine to<br>the Sister people<br>a cuddle from<br>Sister before she<br>leaves<br>Feel confused<br>why little person is<br>now that she's<br>back from yelow<br>machine to<br>the Sister<br>now that she's<br>the Sister<br>for she<br>ferel s | Make the<br>person<br>happy<br>again<br>Lay down so th<br>the little person<br>who doesn't wa<br>me to say hi wil<br>look happy agai           | humans with<br>smiles as I play<br>with the elder dog | Feel bad<br>about<br>upsetting<br>people<br>Avoid upsetting<br>people<br>Feel bad that I<br>upset my person<br>she was calling<br>me, crying | Sense<br>what I<br>should do<br>from my<br>person's<br>behavior<br>Scamper back<br>inside because I<br>notice her in the<br>doorway<br>Decide I have to<br>settle down so<br>that Mom can take<br>off my leash to<br>play | Feel<br>disappointed<br>when 1<br>can't<br>understand<br>what my<br>person<br>wants<br>Wonder why the<br>people are<br>bugging me to go<br>outside<br>Wonder why Mom<br>taiks loudly at me<br>maybe if 1 tilt my<br>head or move<br>over here there<br>she stopped<br>Wonder why Mom<br>is talking loudly<br>again doesn't she<br>like the game<br>what happens if 1<br>stop playing | Follow<br>food bowl<br>procedure<br>Wait to be called<br>to my bowl to eat<br>because last time<br>I got a tickle<br>behind the ear<br>and an extra<br>biscuit!<br>Show my thanks<br>with helio to him<br>who put down<br>bowls | Feel<br>disgruntied<br>about<br>being<br>made to<br>do<br>something<br>Feel disgruntied at<br>being made to go<br>outside<br>Feel obliged to sit<br>in bike trailer okay<br>fiiiiiine | Alleviate my<br>boredom by eating<br>from trash cans in<br>the apartment<br>get long walks<br>when it's hot out<br>Try to get the food<br>bowl off the<br>counter I can<br>almost make it<br>Turn my head so I<br>Turn my head so I<br>Turn my head so I<br>Turn my head so I<br>Turn my head so I<br>almost make it<br>Turn see Mom,<br>and she won't see<br>me, which means<br>in this case I can<br>eat the small furry<br>one's food without<br>Mom pointing a<br>finger<br>Prolong the walk<br>by forcing Mom to<br>play tug the leash<br>she eventually<br>gives in | Show my<br>submissiveness<br>Show my respect<br>for the eldest dog<br>in the pack,<br>Moomin, by<br>waiting for her to<br>jump up on the<br>bed first<br>Choreograph my<br>submissiveness<br>as I play with the<br>elder dog of our<br>house | status       Maneuver to b<br>first in line for<br>affection       Run to be first<br>line at the doo<br>when Jane get<br>the leashes ou       Gain social sta<br>in the pack of<br>dogs and hum<br>by being friend       Feel annoyed i<br>hey watch out<br>other dog!       Worry that the<br>dog who has<br>moved in next<br>door will be a<br>biscuit their or<br>steal affection<br>from my huma<br>Pixie's human |                     |



Ref: Mental Modelling: Qualitative Mapping Audience Behaviors, by V Malzer & S von Schrader, Cornell Employment & Disability, digitalcommons.ilr.cornell.edu/edicollect/1354/

|   |   | 1   | Neighborhood     | Block        | Tower        | Summary                                   | ID    | Quote               |
|---|---|-----|------------------|--------------|--------------|---|-------|---------------------|
| - | ] | 2   | Relieve myself   |              |              |   |       |                     |
|   | + | 3   |                  | Heed my b    | ody          |   |       |                     |
|   | + | 30  |                  | Access reli  | ef by askin  | ng my person                              |       |                     |
|   | + | 46  |                  | Cool dowr    | or warm      | up  |       |                     |
| - | ] | 52  | Eat              |              |              |   |       |                     |
|   | + | 53  |                  | Hope for f   | ood          |   |       |                     |
|   | + | 66  |                  | Scheme fo    | r food o     | ptimize opportunities for food            |       |                     |
|   | + | 93  | -                | Eat, Taste   |              |   |       |                     |
| - |   | 118 | Belong with eve  | eryone in tl | ne pack      |   |       |                     |
|   | + | 119 |                  | Stay close   | to my pers   | son                                       |       |                     |
|   | + | 131 |                  | Make sure    | we're all t  | ogether here                              |       |                     |
|   | + | 148 |                  | Connect w    | ith cuddlin  | ng Show affection                         |       |                     |
|   | + | 151 | -                | Share gree   | etings with  | others                                    |       |                     |
| - |   | 179 | Act in accord w  | ith the alpl | าล           |   |       |                     |
|   | + | 180 |                  | Please my    | person       |   |       |                     |
|   | + | 188 | -                | Follow my    | person's d   | lirections / instructions                 |       |                     |
|   | + | 202 | -                | Do someth    | ning wonde   | erful even though I know I'm not suppose  | ed to |                     |
|   | + | 208 | -                | Maintain r   | ny place in  | the hierarchy                             |       |                     |
| - |   | 220 | Control, protec  | t            |              |   |       |                     |
|   | + | 221 |                  | Discipline   | the annoyi   | ng things                                 |       |                     |
|   | + | 228 |                  | Make ther    | n go where   | lwant                                     |       |                     |
|   | + | 243 | -                | Protect my   | / people     |   |       |                     |
| - |   | 250 | Enjoy the outsi  | de           |              |   |       |                     |
|   | + | 251 |                  | Hope to go   | o on walk s  | oon                                       |       |                     |
|   | + | 274 |                  | Go on wal    | k            |   |       |                     |
|   | + | 290 |                  | Go fast      |              |   |       |                     |
|   | + | 305 |                  | Smell & m    | ake smell    |   |       |                     |
|   | + | 325 |                  | Show the     | person wh    | at I found put this smell on myself to sl | now o | others what I found |
| - |   | 328 | Play, hunt, prey | /            |              |   |       |                     |
|   | + | 329 |                  | Play         |              |   |       |                     |
|   | + | 373 |                  | Hunt & pre   | еу           |   |       |                     |
| - |   | 389 | Rest             |              |              |   |       |                     |
|   | + | 390 |                  | Choose pla   | ace to lie d | own                                       |       |                     |
|   | + | 401 |                  | Nap / Slee   | р            |   |       |                     |

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#### IN THE PACK

| with<br>                          | Share greetings v  | vith others  |   |   |
|-----------------------------------|--|--|---|---|
|                                   |  | Greet my people,<br>strangers<br>Wag my good   |   |   |
|                                   |  | morning to Sir<br>when he walks<br>past my bed   |   | Say<br>goodbye  |
|                                   |  | Feel pleased to<br>say hi to Mom!<br>Elder Sister<br>Middle Sister<br>Younger Sister     |   | Go outside with<br>her to say<br>goodbye to the<br>visitors who are<br>leaving      |
|                                   |  | Say hi to people<br>as they get up   |   | Hurry to send off<br>Sir slide to leather<br>dress- shoed feet<br>have a great day! |
|                                   | Say hi to<br>dog and<br>cat friends<br>Say hi to the kitty<br>because I see her      | Put my stick down<br>for a bit to say hi<br>to little people at<br>the bus stop          |   | Feel excited for<br>the Sisters as they<br>touch to doorknob<br>to go to school,    |
|                                   | Say hi to my friend<br>Pixie her scent<br>her bark across<br>the street woof<br>woof | Express my<br>friendliness with a<br>quick kiss to any<br>face close enough              |   | bye!<br>Say bye to<br>everyone as they<br>leave on the big<br>squeaky yellow        |
|                                   | Say hello to my<br>friends at the park<br>Say hi to friends I                        | Check if anyone<br>makes eye<br>contact and smiles<br>so that I can run<br>up and say hi | Feel pleased<br>when strangers<br>I've greeted<br>admire me back                            | Feel reassured by<br>a cuddle from<br>Sister before she                             |
|                                   | LOVE this place!<br>Greet all animals<br>with a friendly<br>attitude                 | Express my<br>enthusiasm at<br>greeting by<br>wagging my<br>stumpy tail                  | Jump up so you<br>can hug me<br>Say hi to Sister  | Feel disappointed<br>little brother never<br>remembers to give                      |
| ra<br>ellyrub<br>Max<br>e's<br>ie | Wonder what's his<br>problem about the<br>unfriendly dog I<br>meet                   | Feel confused<br>why little person is<br>not happy when I<br>say hi                      | now that she's<br>back from yellow<br>machine I totally<br>missed her now<br>that I see her | me a cuddle<br>Enjoy a tummy<br>rub it's time to<br>cuddle                          |

#### ACT IN ACCORD WITH THE ALPHA

| Please my person  | Follow my perso   | n's directions / in  | structions  |   | Do<br>something<br>wonderful  | Maintain my plac   | e in the hier   |
|---|---|--|---|---|---|--|---|
| very broad s<br>participants  |   |  |   |   |   |  |   |
| how do we l<br>focus in ord<br>thinking sty   | Do<br>something<br>wonderful<br>even<br>though I<br>know I'm<br>not<br>supposed<br>to<br>Alleviate my<br>boredom by eating<br>from trash cans in<br>the apartment<br>because I don't<br>get long walks<br>when it's hot out |  | Act on my<br>social<br>status<br>Maneuver to b<br>first in line for<br>affection<br>Run to be first<br>line at the door<br>when lace cel  |   |   |  |   |
| Make the<br>person<br>happy<br>againEntertain<br>the<br>humans<br>with smilesFeel bad<br>about<br>upsetting<br>peopleLay down so that<br>the filtile person<br>who doesn't want<br>me to say hi willEntertain the<br>humans with<br>smiles as I play<br>with the eider dog<br>of our houseFeel bad<br>about<br>upsetting<br>peopleFeel bad<br>bad<br>yeopleAvoid upsetting<br>peopleFeel bad<br>bad<br>yeopleFeel bad<br>that I<br>upset my person<br>she was calling<br>me, crying | Sense<br>what I<br>should do<br>from my<br>person's<br>behavior<br>Scamper back<br>inside because I<br>notice her in the<br>doorway<br>Decide I have to<br>settle down so<br>that Mom can take<br>off my leash to<br>play   | wants<br>Wonder why the<br>people are<br>bugging me to go<br>outside<br>Wonder why Mom<br>talks loudly at me<br>maybe if I tilt my<br>head or move<br>over here there<br>she stopped<br>Wonder why Mom<br>is talking loudly<br>again doesn't she<br>like the game<br>what happens if I<br>stop playing | Follow<br>food bowl<br>procedure<br>Wait to be called<br>to my bowl to eat<br>because last time<br>I got a tickle<br>behind the ear<br>and an extra<br>biscuit!<br>Show my thanks<br>with hello to him<br>who put down<br>bowls | Feel<br>disgruntled<br>about<br>being<br>made to<br>do<br>something<br>Feel disgruntled at<br>being made to go<br>outside<br>Feel obliged to sit<br>in bike trailer okay<br>fiiiiiine | Try to get the food<br>bowl off the<br>counter I can<br>almost make it<br>Turn my head so I<br>can't see Mom,<br>and she won't see<br>me, which means<br>in this case I can<br>eat the small furry<br>one's food without<br>Mom pointing a<br>finger<br>Prolong the walk<br>by forcing Mom to<br>play tug the leash<br>she eventually<br>gives in | Show my<br>submissiveness<br>Show my respect<br>for the eldest dog<br>in the pack,<br>Moomin, by<br>waiting for her to<br>jump up on the<br>bed first<br>Choreograph my<br>submissiveness<br>as I play with the<br>elder dog of our<br>house | when Jane get<br>the leashes ou<br>Gain social sta<br>in the pack of<br>dogs and hum<br>by being friend<br>Feel annoyed of<br>the other dog is<br>hey watch out<br>other dog!<br>Worry that the<br>dog who has<br>moved in next<br>door will be a<br>biscuit theif or<br>steal affection<br>from my huma<br>Pixie's human |



## there are dog cognition experts & research centers

Yale Canine Cognition Center Duke Canine Cognition Center Arizona Canine Cognition Center Nebraska Canine Cognition & Human Interaction Lab

## let's say this is our org

### Welcome to the Canine Cognition Center at Yale!



The Canine Cognition Center at Yale is a new research facility in the Psychology Department at Yale University. Our team of Yale scientists studies how dogs think about the world. Our center is devoted to learning more about canine psychology—how dogs perceive their environment, solve problems, and make decisions. Our findings teach us how the dog mind works, which can help us to better develop programs to improve how we train and work with our canine friends.

# Welcome to the Canine Cognition Center at Yale!



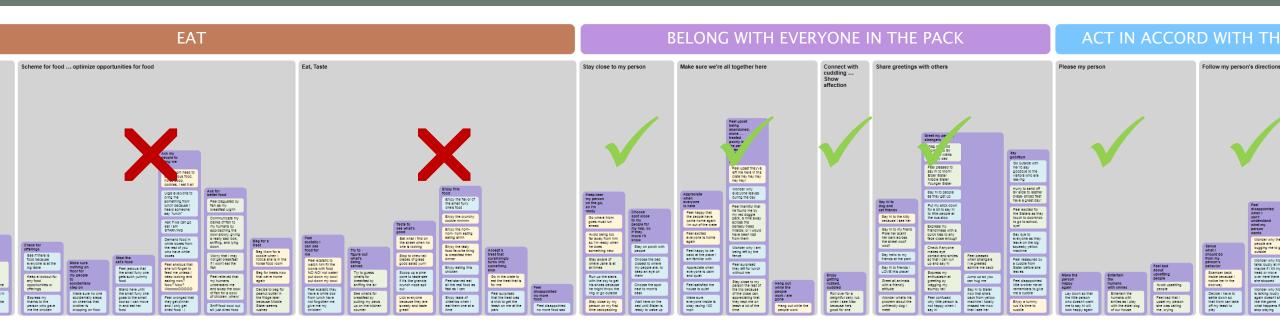
The Canine Cognition Center at Yale is a new research facility in the Psychology Department at Yale University. Our team of Yale scientists studies how dogs think about the world. Our center is devoted to learning more about canine psychology—how dogs perceive their environment, solve problems, and make decisions. Our findings teach us how the dog mind works, which can help us to better develop programs to improve how we train and work with our canine friends. "our hope is to create better canine training programs" by aiming the programs at different canine thinking-styles in training, the type of connection between the dog and the human is important

... this is a focus we can use in the thinking styles working session; everything else is off-limits

# you can look at your mental model diagram to select things to use as "off-limits"

|            |              | 1    | Neighborhood     | Block       | Tower       | Summary                                | ID       | Quote               |
|------------|--------------|------|------------------|-------------|-------------|--|----------|---------------------|
|            | -            | 2    | Relieve myself   |             |             |  |          |                     |
|            |              | + 3  |                  | Heed my l   | body        |  |          |                     |
|            |              | + 30 |                  | Access rel  | ief by aski | ing my person                          |          |                     |
|            |              | + 46 |                  | Cool down   | n or warm   | ו up                                   |          |                     |
|            |              | 52   | Eat              |             |             |  |          |                     |
|            |              | + 53 |                  | Hope for f  | food        |  |          |                     |
|            |              | + 66 |                  | Scheme fo   | or food     | optimize opportunities for food        |          |                     |
|            |              | + 93 |                  | Eat, Taste  |             |  |          |                     |
|            | -            | 11   | Belong with ev   | eryone in t | he pack     |  |          |                     |
|            |              | + 11 | )                | Stay close  | to my pe    | rson                                   |          |                     |
| focus here |              | + 13 | L                | Make sure   | e we're all | l together here                        |          |                     |
| iocus nere |              | + 14 | 3                | Connect w   | vith cuddl  | ing Show affection                     |          |                     |
|            |              | + 15 | L                | Share gree  | etings wit  | h others                               |          |                     |
|            | -            | 17   | Act in accord w  | ith the alp | ha          |  |          |                     |
|            | $\mathbf{H}$ | - 18 | )                | Please my   | person      |  |          |                     |
|            |              | + 18 | 3                | Follow my   | / person's  | directions / instructions              |          |                     |
|            |              | + 20 | 2                | Do somet    | hing wond   | derful even though I know I'm not supp | oosed to |                     |
|            |              | + 20 | 3                | Maintain I  | my place i  | in the hierarchy                       |          |                     |
|            | -            | 22   | Control, protec  | t           |             |  |          |                     |
|            |              | + 22 | L                | Discipline  | the anno    | ying things                            |          |                     |
| and maybe  |              | + 22 | 3                | Make the    | m go whe    | re I want                              |          |                     |
| here?      |              | + 24 | 3                | Protect m   | y people    |  |          |                     |
|            | -            | 25   | Enjoy the outsi  | de          |             |  |          |                     |
|            |              | + 25 | L                | Hope to g   | o on walk   | soon                                   |          |                     |
|            |              | + 27 | 1                | Go on wa    | lk          |  |          |                     |
|            |              | + 29 | )                | Go fast     |             |  |          |                     |
|            |              | + 30 | 5                | Smell & m   | iake smell  |  |          |                     |
|            |              | + 32 |                  |             | person w    | hat I found put this smell on myself   | to show  | others what I found |
|            | -            | 32   | Play, hunt, prey | /           |             |  |          |                     |
|            |              | + 32 | 9                | Play        |             |  |          |                     |
|            |              | + 37 | 3                | Hunt & pr   | еу          |  |          |                     |
|            | -            | 38   | Rest             |             |             |  |          |                     |
|            |              | + 39 | )                | Choose pl   | ace to lie  | down                                   |          |                     |
|            |              | + 40 | L                | Nap / Slee  | ep          |  |          |                     |

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## include ALL participants

# we will just ignore parts of the participants' stories that are off-limits

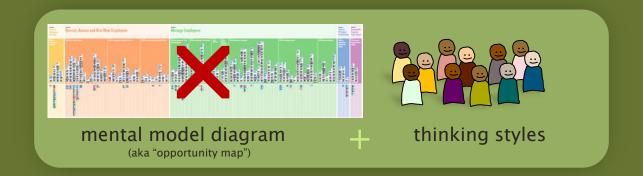
## another example

## purpose: protect my small business

Neighborhood 1: Approach to risk & protecting myself What owners perceive as threats, their feelings about risk as it manifests within their particular business, and what responses they've taken.

Neighborhood 2: What this business means to me What role the small business plays in the owner's life.

Neighborhood 3: How I ended up in this business The subconscious reasoning behind the decision to do it.



if you skipped making a mental model diagram, then you can ask yourself, "Did participants in listening sessions bring up stuff that is outside of the stuff that our org is interested in supporting?" ... if so, that's outside your focus

# purpose: decide to attend a performance

- Neighborhood 1: Choose/Find what to attend I seek out performances that will fit my hopes/goals.
- Neighborhood 2: Decide whether I will attend There's an opportunity, but do I want to go? Can I go?
- Neighborhood 3: Organize a group to attend, logistics The reason is to be with others, so I will make this happen.
- Neighborhood 4: Enjoy the performance What makes a performance fulfill my hopes/goals.
- limit: do not consider (ignore) any thinking, reaction, or GP for these

| steps for creating thinking styles |  |   |   |                                |  |  |
|------------------------------------|--|---|---|--------------------------------|--|--|
| 1. remember each person            |  | 3. the TS working session   |   | 4. describe & label each group |  |  |
|                                    | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | as a te<br><sup>8</sup> 88<br>8<br>8  | am, between 4–10 hours<br>move participants with<br>guiding principles in<br>common into groups |                                | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |
| 2. establish the focus             |  | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>quiding principles</li> </ul> |   | 5. c                           | 5. consider demographics   |  |
|                                    | list what is "in" or<br>"off–limits" based on<br>your org's focus or                     | @ <sup>®</sup>  | guiding principles<br>highlight people by<br>strength of match to                               |                                | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |
|                                    | priority ( or not!)  |   | the annotation  | 6. 0                           | check your work  |  |
| X                                  | pare back sketches<br>to what is pertinent<br>for each person                            | itor  | clear your mind   | , ()<br>, - , ,                | check your descriptions with real people; maybe start over   |  |
|                                    | separate out distinct  |   | ate to see if you can<br>ke each participant  | $\rightarrow$                  | compare to past segmentation   |  |

belong to a unique group

 $\rightarrow$  work

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contexts (if needed)

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#### ... or NOT!

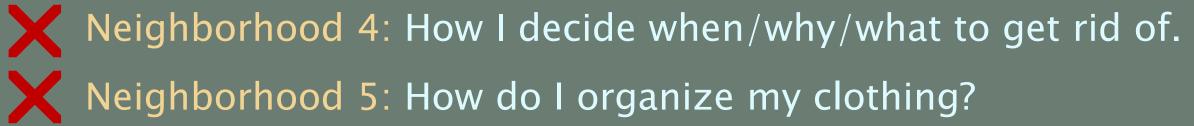
#### purposely reach beyond your org's focus or priorities

### purpose: decide to attend college

- Neighborhood 1: Decide to attend college Form goals for my future, family's future. Avoid the fate of my mother, grandmother. Earn more money via a career requiring a college degree. Find out about financial assistance. Find out about childcare. Get counseling about a major.
- Neighborhood 2: Follow good learning habits

# purpose: take care of clothing

- Neighborhood 1: How do I like to appear/dress?
- **?** Neighborhood 2: How I decide when/what to buy.
- Neighborhood 3: Clean the clothes How do I clean special things or deal with stains, germs, sweat, and odors? How do I make sure things are clean but also conserve water and electricity? How do I preserve special items? How do I process everything smoothly?



# exercise list what is in or off-limits

1. As a group we will go to the Mural canvas and write down what we want to ignore that is outside of the airline's focus or priority.

| steps for creating timking styles   |  |   |  |  |  |  |
|---|--|---|--|--|--|--|
| 1. remember each person   | 3. the TS working session  | 4. describe & label each group  |  |  |  |  |
| review participant<br>sketches<br>each team member<br>represents a number<br>of sketches    | as a team, between 4–10 hours<br><sup>(8)</sup> <sup>(8)</sup> | <ul> <li>briefly describe each group<br/>in first person, using inner<br/>thinking &amp; guiding principles</li> <li>then label the group with an<br/>adjective or noun phrase</li> </ul> |  |  |  |  |
| 2. establish the focus  | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>quiding principles</li> </ul>  | 5. consider demographics  |  |  |  |  |
| list what is "in" or<br>"off-limits" based on<br>your org's focus or<br>priority ( or not!) | <ul> <li>guiding principles</li> <li>highlight people by<br/>strength of match to<br/>the annotation</li> </ul>  | does discrimination,<br>physiology, culture, or<br>environment affect thinking?   |  |  |  |  |
| pronty ( or not!)   |  | 6. check your work  |  |  |  |  |
| to what is pertinent<br>for each person   | clear your mind  | check your descriptions with real people; maybe start over  |  |  |  |  |
| separate out distinct   | iterate to see if you can<br>make each participant   | $\rightarrow$ compare to past segmentation  |  |  |  |  |

contexts (if needed) Make

Ġð

iterate to see if you can make each participant belong to a unique group

compare to past segmentation
work

| С  | D  | E   |
|--|--|---|
| Realize the flight time change would be a problem because it left<br>eight minutes between connecting flights.   | Feel irate that I need to go to a far away customer service and stand in<br>that line for 45 minutes because they were training new workers and<br>taking no notice of how the long line was getting longer,                             | Believe I shouldn't be sitting the whole flight, if it is more than<br>three hours I really need to get up because  |
| Choose to have a window seat when we fly to California in the daytime because we have driven that journey so much I can kind of recognize where we are when I look out the window.   | Feel surprised that nobody at United had realized that eight minutes is<br>not enough to change planes, this was not going to be a connecting flight<br>anymore,   | Believe it is better to fly in off times, like redeyes, or Tuesdays and Thursdays because   |
| Decide that I will not ask to turn up the temperature, because it was pointless, the man next door kept asking and he didn't seem to get any result.   | Feel annoyed because originally we booked a different flight and the airlines kept changing the number of the flight and the time of it.   | Follow the rule that you are only supposed to have a carry-on suitcase of a certain size and one other item, and only put one thing in the overhead bin because |
| Travel with binoculars always in the hand luggage because I don't trust that the baggage is never going to get lost.   | Feel bad for the young girl with a little baby when there was no place to sit.   | Avoid flying on Fridays because they are usually busier.  |
| Make sure my carry-on of a a transatlantic flight is prepared for an overnight stop in case it happens we get stuck somewhere  | Feel lucky that the only empty seat on the whole plane was between me<br>and my husband, so we slept quite well  | Believe Tuesday is the best day to fly because it's the least busy day, and the price it's usually a little cheaper.  |
| Realize I am in the wrong gate, because the flight on the gate I am is going to Miami and I'm supposed to go to Houston.   | Feel worried that earlier I had flown on a plane that needed something fixed.  | Get up only if the person on the aisle gets up. (Avoid asking to get up if sitting by the window)   |
| Wonder what was wrong with the plane, if it was something really<br>serious or something that should have been taken care of before<br>the plane was ever flying that day  | Feel anxious about the possibility of the flight not arriving in Atlanta<br>before the flight to Manchester leaves, because the first would always<br>seem to be delayed by weather and there is only one flight a day to<br>Manchester. |   |
| Wonder if the crews are not good or if they are just having a bad day.   | Feel uncomfortable to put the seat really far back. If I'm trying to sleep I will put it, but otherwise I'd rather sit upright.  |   |
| Believe in the old days the cabin crew used to help you put your things up in the overhead bin and now they don't.   | Feel comfortable back in the 80's and 90's when you had a lot more room in your seat.  |   |
| Decide to pay for economy plus seats because we hoped we could sleep better.   | Feel glad I'm not traveling with babies anymore, because traveling just has got harder.  |   |
| Believe traveling is more stressful now, because you have to go<br>through all of that security that you didn't have to go through, and<br>when you get to the gate you've got to work your way, find out<br>where you're going to sit, and it's hard to hear the announcements. | Feel more in control over my children when we'd get two sits on two rows<br>on the sides, because I was able to know who was getting up and where<br>they were going.  |   |
|  | Feel helpless because, being a small person, I cannot put my carry-on  |   |
|  |  | 4   |

# **exercise** pare back to the essentials

- 1. Open your tab on the Google sheet from last week's homework.
- 2. Based on what we wrote on the Mural canvas, plus the purpose of taking this flight:
  - a) Cross out some of your summaries in your participant sketch(es).
  - b) Leave summaries that are pertinent, core, and memorable to this person as they pursued this purpose.

| steps for creating thinking styles |  |   |  |                  |  |  |
|------------------------------------|--|---|--|------------------|--|--|
| 1. remember each person            |  | 3. th   | 3. the TS working session  |                  | 4. describe & label each group   |  |
|                                    | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | 8<br>8<br>8<br>8<br>8   | eam, between 4–10 hours<br>move participants with<br>guiding principles in<br>common into groups |                  | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |
| 2. establish the focus             |  | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>quiding principles</li> </ul> |  | 5. c             | onsider demographics   |  |
|                                    | list what is "in" or<br>"off–limits" based on<br>your org's focus or                     | <br>   <br>    <br>   | guiding principles<br>highlight people by<br>strength of match to                                | <u>ì i i i i</u> | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |
|                                    | priority ( or not!) pare back sketches   |   | the annotation   | 6. c             | heck your work   |  |
| 20                                 | to what is pertinent<br>for each person  | iter  | clear your mind<br>rate to see if you can  | , <del>.</del>   | check your descriptions with real people; maybe start over   |  |
| Ġ.                                 | separate out distinct<br>contexts (if needed)  | ma  | ke each participant<br>ong to a unique group   | $\searrow$       | compare to past segmentation<br>work   |  |

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# pay attention to context

thinking-styles are contextual: any one person can "wear" a different thinking-style in a different context

tip: if one participant tells two stories (seemingly thinking-style-A for the first story and thinking-style-B for the second story) split that participant sketch into two IDs, like 221a and 221b, to represent the two stories transcripts broken into parts by context, where that context seems to show different thinking & guiding principles

# the thinking styles working session

| steps for creating trinking styles |  |   |   |                                |  |  |
|------------------------------------|--|---|---|--------------------------------|--|--|
| 1. remember each person            |  | 3. the TS working session   |   | 4. describe & label each group |  |  |
|                                    | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | 888<br>88   | am, between 4–10 hours<br>move participants with<br>guiding principles in<br>common into groups |                                | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |
| 2. establish the focus             |  | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>guiding principles</li> </ul> |   | 5. c                           | consider demographics  |  |
|                                    | list what is "in" or<br>"off-limits" based on<br>your org's focus or                     | @ <sup>©</sup>  | guiding principles<br>highlight people by<br>strength of match to                               |                                | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |
|                                    | priority ( or not!) pare back sketches   |   | the annotation  | 6. c                           | heck your work   |  |
| ~                                  | to what is pertinent<br>for each person  | itor  | clear your mind   | •                              | check your descriptions with real people; maybe start over   |  |
| ē.                                 | separate out distinct<br>contexts (if needed)  | ma  | ate to see if you can<br>ke each participant<br>ong to a unique group                           | $\searrow$                     | compare to past segmentation<br>work   |  |

# thinking styles working session is MEMORY work, NOT working with what's written in the sketch

hold the whole person in your mind

you work with what's in the transcript, in detail, during the Concepts & Summaries phase

# participant sketch

sketch: to help you remember this individual, by providing a shorthand prompt for you to hold the strong guiding principles & inner thinking from the listening session in your mind during the thinking styles working session

### participant sketch & nickname

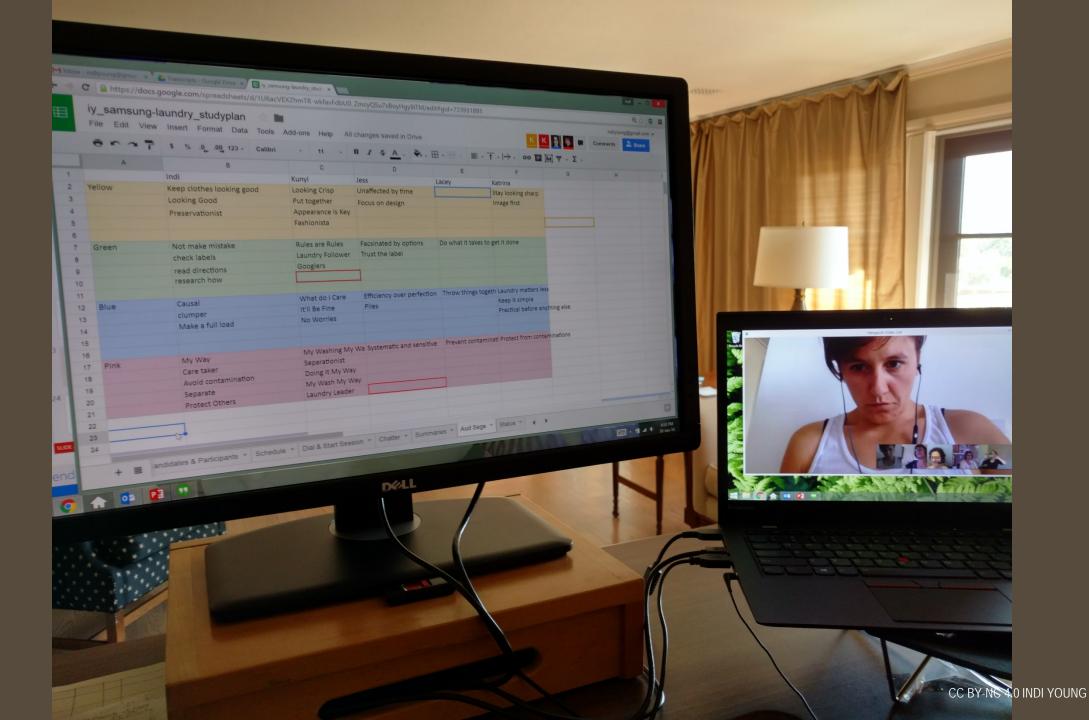
purpose: to help you remember this individual, by providing a shorthand prompt for you to hold all the other details from the listening session in your mind during the thinking styles working session

# thinking-styles working session: plan for 4-14 hours, split up as needed









| steps for creating thinking styles   |   |   |  |  |  |  |
|--|---|---|--|--|--|--|
| 1. remember each person  | 3. the TS working session                                     | 4. describe & label each group  |  |  |  |  |
| review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | as a team, between 4–10 hours                                 | <ul> <li>briefly describe each group<br/>in first person, using inner<br/>thinking &amp; guiding principles</li> <li>then label the group with an<br/>adjective or noun phrase</li> </ul> |  |  |  |  |
| 2. establish the focus   | annotate each group by listing ~2-4 common quiding principles | 5. consider demographics  |  |  |  |  |
| list what is "in" or<br>"off-limits" based on<br>your org's focus or                     | A highlight people by strength of match to                    | does discrimination,<br>physiology, culture, or<br>environment affect thinking?   |  |  |  |  |
| priority ( or not!)  |   | 6. check your work  |  |  |  |  |
| to what is pertinent<br>for each person  | clear your mind   | check your descriptions with real people; maybe start over  |  |  |  |  |
|  | iterate to see if you can                                     |   |  |  |  |  |

Ġð

separate out distinct contexts (if needed) iterate to see if you can make each participant belong to a unique group

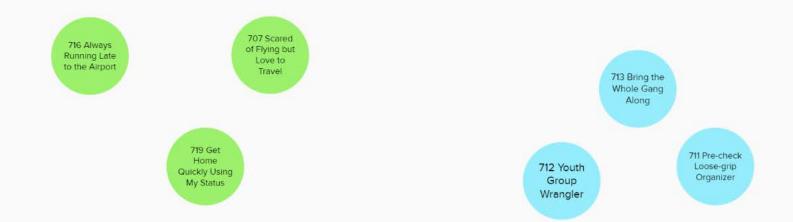
compare to past segmentation
work

→ think of some participants who have something in common as a way to achieve the purpose

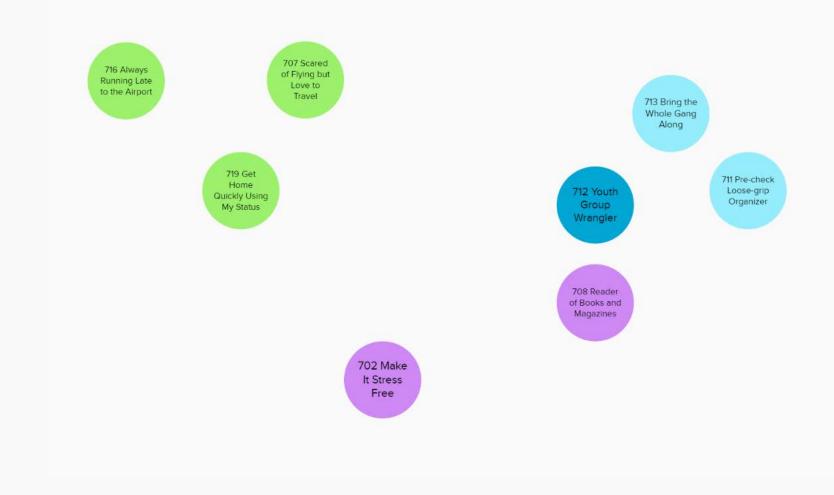
→ at this point it's only out-loud discussion that describes the groups (use colors?)

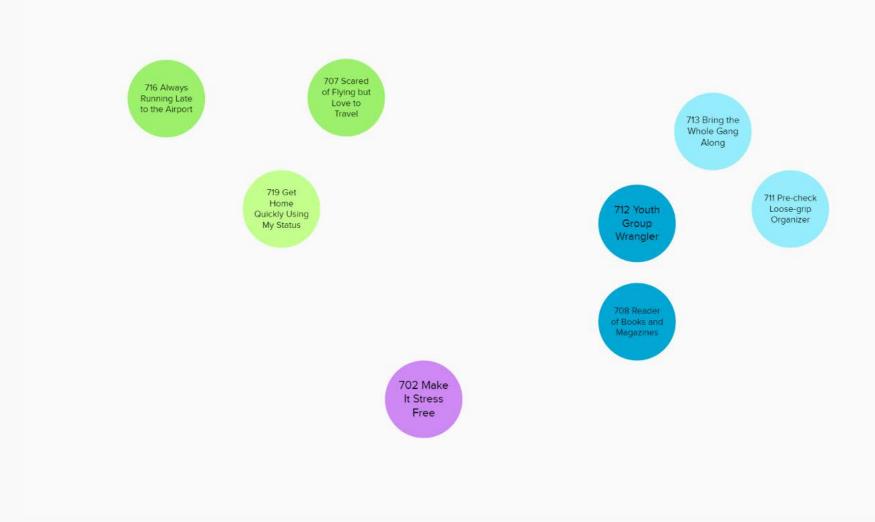
 $\rightarrow$  you will try several different groups like this

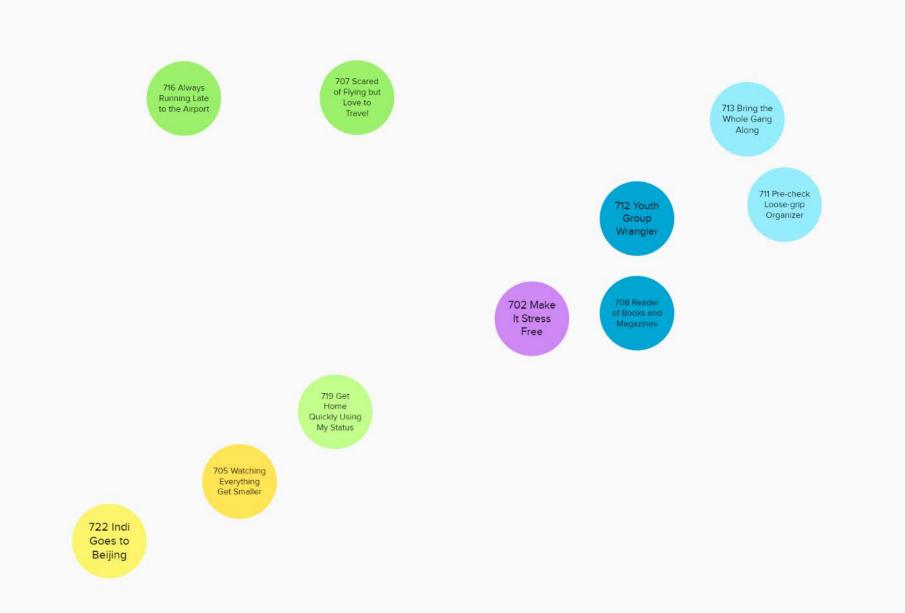












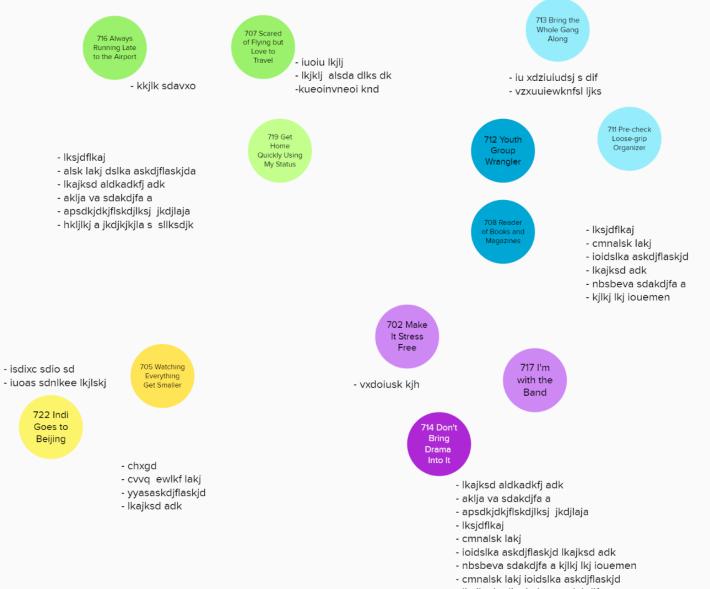
| 1. remember each person |  | 3. the TS working session                                     |  | 4. describe & label each group |  |  |
|-------------------------|--|---|--|--------------------------------|--|--|
|                         | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | as a t<br><sup>®</sup> 8<br>8 8                               | eam, between 4–10 hours<br>move participants with<br>guiding principles in<br>common into groups |                                | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |
| 2. establish the focus  |  | annotate each group by listing ~2-4 common quiding principles |  | 5.0                            | consider demographics  |  |
|                         | list what is "in" or<br>"off–limits" based on<br>your org's focus or                     |   | guiding principles<br>highlight people by<br>strength of match to                                |                                | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |
|                         | priority ( or not!)  |   | the annotation   | 6. (                           | check your work  |  |
| X                       | pare back sketches<br>to what is pertinent<br>for each person                            |   | clear your mind  | • <b>9</b> •                   | check your descriptions with real people; maybe start over   |  |
| Ġð                      | separate out distinct<br>contexts (if needed)  | m   | erate to see if you can<br>ake each participant<br>elong to a unique group                       | X                              | compare to past segmentation<br>work   |  |

- wait for a few iterations, without annotation, to find agreement, or when you need a way to remember the reason for a group
- → list several of these participants' common inner thinking & guiding principles

→ an annotation is written from memory of the whole listening sessions, not strictly formed from the participant sketches

→ do NOT compel yourself to use all the summaries

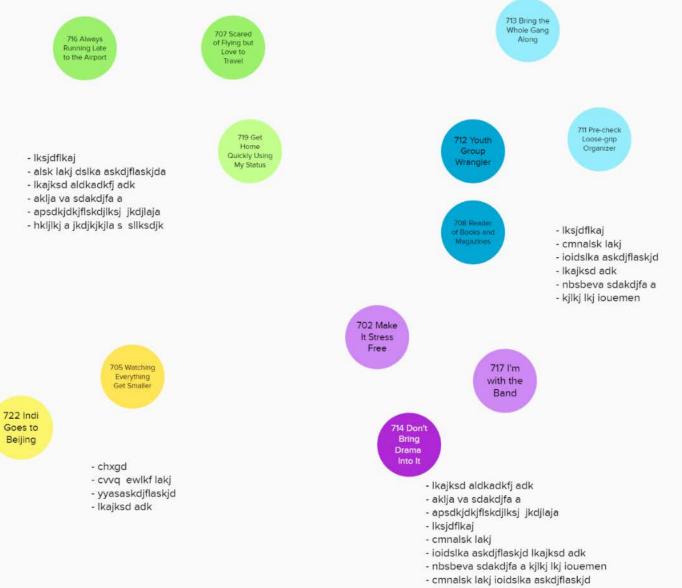
→ select only the pertinent ones across this group of participants, to see if they really work as a group



- Ikajksd adk nbsbeva sdakdjfa a

you are making archetypes, not containers for all the data

discard, discard, discard



- Ikajksd adk nbsbeva sdakdjfa a

## guiding principles

these are how people make a decision for themselves in context toward the purpose

 $\rightarrow$  I'm aiming for these while I'm out there in the airport or in the plane

#### only 2–4 guiding principles will be in common

so these lists are too long but get pared back as we work

#### only 2–4 guiding principles will be in common

so these lists are too long but get pared back as we work

how? ask "why?" about some of your annotations

and keep adding people to the page



kjikj iouemen
717 l'm vith the Band
Ikajksd aldkadkfj adk
aklja va sdakdjfa a
apsdkjdkjflskdjiksj jkdjiaja
iksjdflkaj
cmnalsk lakj
ioidslka askdjflaskjd lkajksd adk
nbsbeva sdakdjfa a kjikj lkj iouemen
cmnalsk lakj ioidslka askdjflaskjd
lkajksd adk nbsbeva sdakdjfa a

711 Pre-check

Loose-grip

Organizer

- Iksjdflkaj

- cmnalsk lakj

ioidslka askdjflaskjd
lkajksd adk
nbsbeva sdakdjfa a

#### steps for creating thinking styles

| 1. remember each person |   | 3. the TS working session 4. describe & labe   | el each group                                 |  |  |  |  |  |
|-------------------------|---|--|---|--|--|--|--|--|
|                         | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches    | as a team, between 4–10 hours<br><sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> <sup>®</sup> | using inner<br>ing principles<br>roup with an |  |  |  |  |  |
| 2. establish the focus  |   | <ul> <li>annotate each group by listing ~2-4 common quiding principles</li> <li>5. consider demon</li> </ul>   | 5. consider demographics                      |  |  |  |  |  |
|                         | list what is "in" or<br>"off-limits" based on<br>your org's focus or<br>priority ( or not!) | <ul> <li>guiding principles</li> <li>highlight people by strength of match to the annotation</li> <li>does discrimination</li> <li>does discrimination</li> </ul>  | tion,<br>ure, or<br>fect thinking?            |  |  |  |  |  |
|                         | pare back sketches  | 6. check your wo   | rk  |  |  |  |  |  |
| 00                      | to what is pertinent<br>for each person   | check your des<br>real people; ma  | riptions with<br>ybe start over               |  |  |  |  |  |
| Ġð                      | separate out distinct<br>contexts (if needed)   | iterate to see if you can<br>make each participant<br>belong to a unique group   | t segmentation<br>CC BY-NC 4.0 INDI YOUNG     |  |  |  |  |  |

this can feel messy and random as we create, consider, and cast aside different group approaches to achieve the purpose

groups merge and dissolve, over and over

get as many of them that are viable on the page, and keep considering participants

# clear your mind, refocus again

# this is about comparing PEOPLE not concepts

# your cognition will fight you

"Seriously, I'm astonished at how **ingrained** the 'nouning' and 'theme generation' practice is, even after having looked at qual data in this different way. I think it's because of the **action** of affinity making. That on its own is apparently enough to jettison me into a sort of muscle memory."

we tend to find qualitative data themes based on surface (explanation, generalization, preference, opinion, statement of fact ... bad habit also, the concepts vs. people rut:

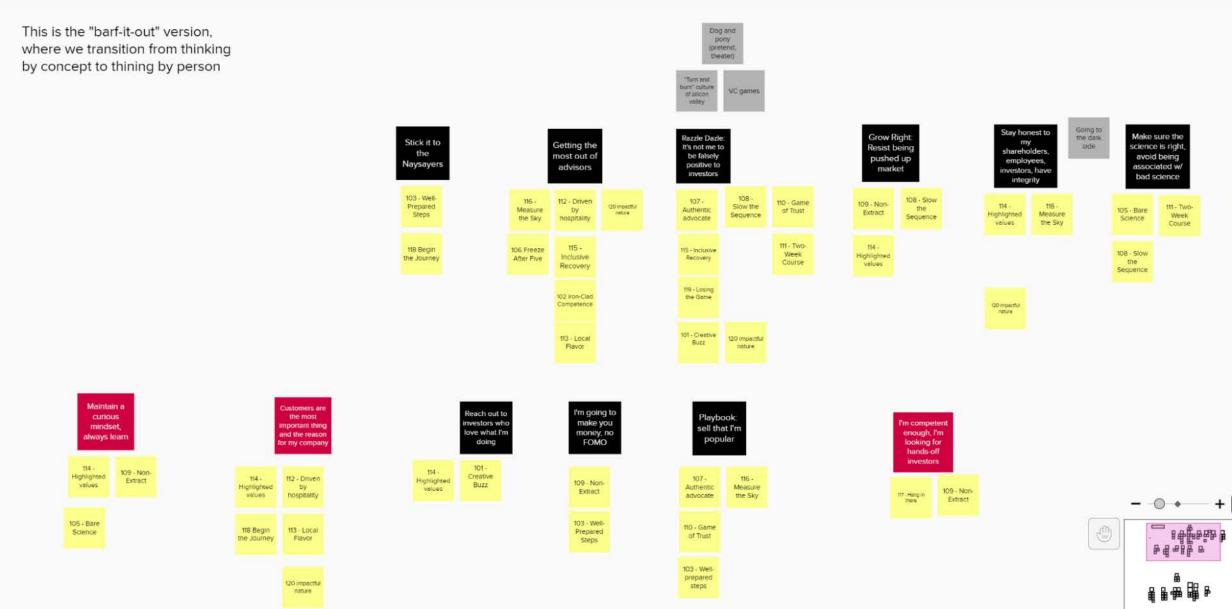
in cultivating patterns across summaries, we looked to the focus of mental attention

here we something else ... across a few participants, do they share core ideas, approaches, philosophies to achieve the purpose?

(it's the strong gravitational pull of the concept-affinities that gets us in trouble)

#### sometimes we purposely make a "first pancake" throw-away version, to get concept affinities out of our system (so we can see people affinities instead)

32%



# clear your mind, refocus again

#### steps for creating thinking styles

| 1. remember each person |  | 3. the TS working session   |   | 4. d                     | 4. describe & label each group   |  |  |  |
|-------------------------|--|---|---|--------------------------|--|--|--|--|
|                         | review participant<br>sketches<br>each team member<br>represents a number<br>of sketches | 888<br>88<br>88   | guiding principles in<br>common into groups                           |                          | briefly describe each group<br>in first person, using inner<br>thinking & guiding principles<br>then label the group with an<br>adjective or noun phrase |  |  |  |
| 2. establish the focus  |  | <ul> <li>annotate each group by</li> <li>listing ~2-4 common</li> <li>quiding principles</li> </ul> |   | 5. consider demographics |  |  |  |  |
|                         | list what is "in" or<br>"off-limits" based on<br>your org's focus or                     |   | guiding principles<br>highlight people by<br>strength of match to     | <u>ŤŤŤ</u>               | does discrimination,<br>physiology, culture, or<br>environment affect thinking?  |  |  |  |
|                         | priority ( or not!) pare back sketches   |   | the annotation  | 6. c                     | check your work  |  |  |  |
| ~                       | to what is pertinent<br>for each person  |   | clear your mind   | ,<br>,<br>,<br>,         | check your descriptions with real people; maybe start over   |  |  |  |
| Ğð                      | separate out distinct<br>contexts (if needed)  | nak   | ate to see if you can<br>ke each participant<br>ong to a unique group | X                        | compare to past segmentation<br>work   |  |  |  |

## you want each participant to end up in only one group



#### The product is solid. This is ours to lose.

I am determined, diligent, and confident to lead this business.

I am qualified to make this product because I know the industry and can find a way.

If you don't see the genius in this product, then don't Invest.

This is (or will be) one product of many in my career.

 Levold alcohol at my own events. - I mention to event creator that the person fired had previously propositioned me at an event. - Feel upset that gender discrimination does exist when I thought that in the professional world it wouldn't happen. A/B test my appearance to see what will make customers, advisors believe that I am competent. - Feel disgusted women are treated as tokens which disempowers me.

I want to start my own business, so I can make decisions, work together, and possibly become a (known) leader.

I'm driven to alleviate something that is a pain point for people.

The empowerment of others depends on everyone I am excited about this opportunity to fix something that's paying it forward, relying on the halo effect.

bad.

- Peel annoyed at the waste of my time when I realize the networking event has the bio culture of getting drunk like in a frat party, and no one talks about business - Ekeep having to prove myself because Em young and Eve got no credibility

- Take some time to recover my equanimity. - Outsider is how I am treated, because I am not typical, but also because I refuse to be like those who are typical (not gorinal wear a million dollar dress/set up lab in million dollar building) -Peel frustrated that I face more judgement and trouble from people because I am a woman, but especially because I am a woman of color, and not a white man talking bulishit while looking confident

I am growing with Intention, in tune with my values/ mission/conviction (possibly as a thought leader), to Influence a culture change, using my business as a role model

Despite what others think, we can run this business as

a sustainable and ethical entity, and also make money,

It's about cultivating an inclusive community of people,

customers, contractors, vendors, and employees.

#### I am unwilling to compromise my integrity.

As a woman of colour I have to prove myself more so and don't have the luxury to fail. Feel shocked that when someone asks me to refil the juice when i'm at the event to give a pitch as a CEO, just because of my race. - feel like an outsider, as there's a lack of role models and feel like I have to conform and put up with - I tend to second guess myself when my investors have an opposing idea - The injustice of all the prejudice really wears me down and affects my mental health

110 118. Come o That

I am driven to tackle big challenges that will propel my industry and society at large forward.

I am determined to see my idea come to life, so I need to have control over the decisions and direction.

- Feel trustrated that my expertise scares investors because they don't feel as smart as me (110) - Second guess myself, like when investors ask if I have the charisma to lead a company (110) - Feel frustrated that as a woman of color in the USA, VC funding is based on psychology and appearance, but in Asia its based on proving expertise. (110) - Outsider is how I am treated, because I'm not typical but also because I refuse to be like those who are typical (110, 119) - Feel pissed that during the pitch the VCs are asking me about my charisms when I know none of my male founder friends have been asked this, and it's just unfair bias because him a woman (110) Stop my co-founder from saying sexist comments to my female employees because he needs to act according to these times. even though he doesn't think he's judging (110) -Peel frustrated that I face more judgement and trouble from people because I am a woman, but especially because I am a woman of color, and not a white man tarking bullshit while looking. confident (110, 1197)

### two ways to get stuck

# you can only derive thinking styles if there are patterns in the data you collected

if your data is too broad  $\rightarrow$  no patterns

### two ways to get stuck

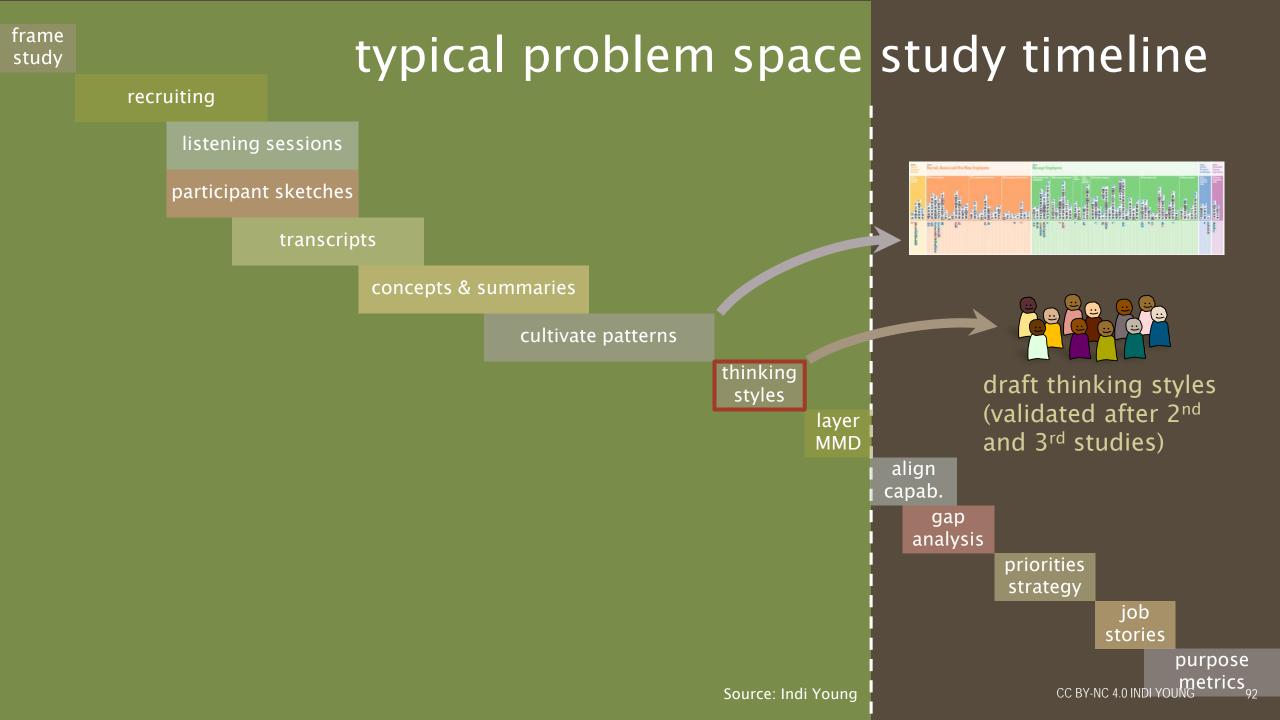
reminder...

there doesn't have to be more than one group
don't decide # of thinking style groups ahead of time

## **exercise** thinking styles working session

- 1. We each represent one or more participants.
- 2. Go back to Mural and find your participant circle. Make a copy to put in our working frame.
- 3. As a team we'll discuss how choose a participant to begin with, describe that person, and see who might have a match.
- 4. Begin work, and iterate:
  - a) Move the circles of participants w/something in common, into a group.
  - b) Annotate this group by listing some common inner thinking & guiding principles.
  - c) Highlight participant circles by strength of their match to the annotation (high, med, low).
  - d) See if you can make each person belong to a unique group.
- 5. We will clear our heads & try again.

# homework



# homework logistics – Live class participants

Live: We will share a Mural canvas with you, either Group A or Group B. (Links are on the Class page on indiyoung.com)

- Form a team of 5 or 6+ people (the bigger, the better)
- Tell us a date & time if you need us to set a zoom meeting
- Create a frame or area in that canvas for your team
- Put your names on the frame plus one of the following indicators:
  - "wip" if you are not finished yet (Work in Progress)
  - "ready" if you are ready for review
  - "\*" appears when the reviewer has commented on it
  - "?" if you have questions about the reviewer comments

homework logistics – Live class participants Group A homework due (for review) 23–May pm Group B homework due (for review) 27–May noon

or earlier (yes!)

if you don't finish the homework by the next class, Indi will not review it (if you are aiming for the six-course certification, homework is required)

(it's too difficult to review homework retroactively)

# homework logistics – Live class participants

**On the platform:** Please find links to the homework materials, marked with HW.

You are also welcome to look at other people's frames. Leave notes for each other

\* means you have Reviewer Comments on your homework. You can check Reviewer Comments on other people's tabs, too.

# homework logistics - Follow-along participants

**Follow-along:** You will do your homework using your own drawing tool. There will be no homework review by Indi, but there will be discussion of the conclusions in the next class that you can use to check your work.

You are encouraged to team up with other Follow-along people in this course (this is a team working session, so practice that way)

# homework background



#### An airline (real client study):

- What are we missing in terms of perspectives from frequent travelers?
- Can we validate the thinking styles?

Purpose: "what went through your mind during your recent day of air travel?" There were 100 participants, of which these are close to the final set of 20.

The study had the recruiting attribute of some people with elite services, some people with fear of travel, people traveling in upper class, frequent travel; half travel w/kids or groups and half solo/couple.

# homework thinking styles working session



- 1. This is a continuation of our work together in Class #2.
- 2. Choose a frame for your team & list your names. All the participants are listed in circles. Copy the ones that the members of your team represent & put those in your frame.
- 3. Continue our work, and iterate:
  - a) Move the circles of participants w/something in common, into a group.
  - b) Annotate this group by listing some common inner thinking & guiding principles.
  - c) Highlight participant circles by strength of their match to the annotation.
  - d) See if you can make each participant belong to a unique group.
- 4. (if needed) Separate out distinct contexts that seem to represent different thinking styles. (e.g. travel with a toddler vs. business trip)

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- research studies
- app: diagram-generator

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